

Place	Bib	Surname	Name	Sex	Cat	Club	Lap 1	Lap 2	Race Time	Chip Time
1	920	English	KEVIN	M	Sen	Donore Harriers	0:16:13	0:16:06	0:32:19	0:32:19
2	201	Denis	Romain	M	Sen		0:16:14	0:16:51	0:33:04	0:33:04
3	540	McDonagh	richard	M	Sen		0:16:26	0:17:20	0:33:46	0:33:46
4	145	Cooney	Shane	M	Sen		0:16:58	0:18:01	0:34:59	0:34:59
5	707	O'Neill	Eamonn	M	Sen		0:17:17	0:17:49	0:35:06	0:35:06
6	699	O'Leary	Philip	M	Sen		0:17:21	0:17:42	0:35:09	0:35:03
7	501	Lyons	David	M	Sen	Ennis Track	0:17:37	0:17:59	0:35:38	0:35:36
8	872	Tyrrell	Gar	M	Sen		0:17:54	0:17:44	0:35:45	0:35:38
9	899	webber	matthew	M	Sen	Hairy Harriers	0:18:53	0:16:44	0:35:55	0:35:36
10	529	Mc Keown	Colum	M	Sen	Irish Runner	0:17:55	0:17:48	0:35:56	0:35:43
11	905	Whyte	Tony	M	O 40		0:17:38	0:18:31	0:36:09	0:36:09
12	290	Fitzgerald	Eoin	M	Sen	Limerick MTBC	0:17:38	0:18:36	0:36:16	0:36:15
13	418	Jordan	Enda	M	Sen		0:18:18	0:18:29	0:36:51	0:36:47
14	666	O'Brien	Rob	M	Sen		0:18:25	0:18:33	0:36:58	0:36:58
15	138	Conroy	Ciaran	M	O 40		0:18:33	0:18:59	0:37:34	0:37:32
16	413	jeric	boris	M	Sen		0:18:19	0:19:23	0:37:43	0:37:42
17	918	Yodaiken	Jonathan	M	O 40	Bootcamp Ireland	0:19:09	0:19:11	0:38:23	0:38:20
18	886	walsh	Brian	M	Sen		0:18:32	0:19:53	0:38:25	0:38:25
19	214	Donnelly	Declan	M	O 40		0:19:02	0:19:12	0:38:26	0:38:14
20	594	Morris	Gerard	M	Sen	Donore Harriers	0:19:08	0:19:25	0:38:33	0:38:33
21	258	Durkan	Danny	M	Sen		0:19:24	0:18:58	0:38:35	0:38:23
22	390	Hickey	David	M	Sen		0:18:59	0:19:34	0:38:37	0:38:33
23	119	Clancy	Barbara	F	Sen		0:19:00	0:19:35	0:38:37	0:38:36
24	533	McCarthy	Kevin	M	Sen		0:19:34	0:19:01	0:38:38	0:38:34
25	95	Carroll	Shane	M	Sen		0:19:18	0:19:21	0:38:39	0:38:39
26	260	Durkan	Peter	M	Sen		0:19:23	0:19:04	0:38:39	0:38:28
27	372	Harkin	Roisin	F	Sen	Crusaders	0:19:01	0:19:38	0:38:41	0:38:39
28	878	Vasconi	Luca	M	O 40		0:19:22	0:19:24	0:38:47	0:38:47
29	381	Healy	Sarah	F	Sen	North Sligo AC	0:19:14	0:19:32	0:38:47	0:38:46
30	16	Beagan	Colin	M	Sen		0:19:46	0:19:02	0:38:50	0:38:48
31	97	Carroll	Tomas	M	Sen		0:19:39	0:18:56	0:38:52	0:38:35
32	796	Ryan	Evan	M	Sen	The Kenmens	0:19:18	0:19:42	0:39:03	0:39:01
33	846	Swan	Des	M	Sen		0:19:11	0:19:50	0:39:05	0:39:01
34	455	kinneen	andrew	M	Sen	The Kenmens	0:19:17	0:19:57	0:39:18	0:39:15
35	681	O'Donnell	Adrian	M	Sen		0:19:21	0:19:52	0:39:28	0:39:13
36	429	Kelly	Alan	M	Sen		0:19:10	0:20:13	0:39:31	0:39:24
37	591	Moran	Michael	M	Sen		0:19:12	0:19:49	0:39:31	0:39:01
38	142	Conway	Brian	M	O 40		0:19:49	0:19:44	0:39:36	0:39:34
39	802	Ryan	Niall	M	Sen		0:20:14	0:18:55	0:39:42	0:39:09
40	22	Bergin	Stephanie	F	Sen		0:19:39	0:20:07	0:39:46	0:39:45
41	161	Cronin	Damian	M	Sen		0:19:31	0:20:25	0:40:00	0:39:56
42	804	Ryan	Rory	M	Sen		0:19:56	0:19:53	0:40:07	0:39:50
43	825	Smith	Shane	M	Sen	St Anne's GAA Club	0:19:50	0:20:04	0:40:20	0:39:55
44	774	Robineau	Anthony	M	Sen		0:19:43	0:20:37	0:40:22	0:40:20
45	116	ciarán o'sullivan	ciarán o'sullivan	M	O 50		0:19:50	0:20:05	0:40:22	0:39:56
46	758	Rafoery	Carl	F	O 40		0:20:02	0:20:18	0:40:24	0:40:20
47	649	O donoghue	Richard	M	Sen		0:20:25	0:20:06	0:40:31	0:40:31
48	379	Hayes	Dave	M	Sen	St Anne's GAA Club	0:19:59	0:20:13	0:40:34	0:40:12
49	291	Fitzgerald	Ruth	F	Sen		0:19:59	0:20:35	0:40:36	0:40:34
50	716	O'Rourke	Maria	F	O 40		0:20:15	0:20:33	0:40:51	0:40:48
51	272	Elliott	Bronagh	F	Sen		0:20:31	0:20:09	0:40:57	0:40:40
52	735	Piperiaux	Francois	M	Sen		0:20:06	0:20:09	0:41:06	0:40:15
53	120	Clancy	Emma	F	O 40		0:20:00	0:21:06	0:41:08	0:41:06
54	129	Collins	John	M	O 40		0:20:29	0:20:26	0:41:11	0:40:55
55	331	Garry	Richard	M	Sen		0:20:36	0:20:31	0:41:13	0:41:07
56	489	Lowry	Gerard	M	Sen		0:20:59	0:19:52	0:41:24	0:40:51
57	196	Deegan	Eamonn	M	Sen		0:21:26	0:19:04	0:41:27	0:40:30
58	751	Quinn	Niall	M	Sen		0:19:58	0:20:51	0:41:33	0:40:49
59	752	quinn	paul	M	O 40		0:20:39	0:20:53	0:41:35	0:41:32
60	782	Rohan	Tadhg	M	Sen		0:21:07	0:20:10	0:41:36	0:41:17
61	94	Carroll	Adam	M	Sen		0:20:12	0:21:24	0:41:36	0:41:36
62	52	Brennan	John	M	O 40		0:21:45	0:19:27	0:41:40	0:41:12
63	738	Power	Mark	M	Sen		0:20:39	0:20:57	0:41:45	0:41:36
64	597	Morrissey	Colin	M	Sen	TED	0:20:35	0:21:14	0:41:49	0:41:49
65	324	Gallagher	Cathal	M	Sen		0:20:30	0:21:17	0:41:49	0:41:47
66	583	Mircovich	Mathias	M	Sen		0:21:35	0:20:02	0:41:50	0:41:37
67	514	Maher	Miriam	F	Sen		0:20:40	0:21:11	0:41:51	0:41:50
68	106	Cassidy	Margaret	F	O 40		0:21:32	0:20:03	0:41:51	0:41:35
69	76	Byrne	Gemma	F	Sen		0:22:04	0:19:14	0:42:02	0:41:18
70	312	fox	gene	M	Sen		0:21:21	0:20:32	0:42:04	0:41:53
71	809	scully	fintan	M	O 40		0:21:20	0:20:41	0:42:11	0:42:00
72	319	Friel	Garret	M	Sen		0:20:41	0:21:18	0:42:12	0:41:59
73	851	Swords	Tiarnan	M	Sen		0:20:11	0:22:00	0:42:15	0:42:11

74	549	McGee	Ian	M	Sen	meet up	0:21:11	0:20:41	0:42:18	0:41:52
75	453	Kilroy	Tim	M	Sen		0:20:41	0:21:16	0:42:19	0:41:56
76	17	beaufort	gavin	M	Sen		0:20:38	0:21:39	0:42:21	0:42:18
77	570	McMenamin	Stuart	M	Sen		0:20:34	0:21:44	0:42:23	0:42:18
78	574	Meany	Alan	M	Sen		0:21:34	0:20:12	0:42:24	0:41:46
79	278	Eustace	Andrew	M	O 40		0:20:55	0:21:01	0:42:25	0:41:56
80	741	preston	david	M	Sen		0:20:23	0:22:00	0:42:27	0:42:23
81	604	mulligan	colm	M	Sen		0:20:59	0:21:22	0:42:27	0:42:21
82	447	Kieran	Holohan	M	O 40	Deloitte Running Club	0:21:00	0:21:17	0:42:33	0:42:17
83	725	Patrick	O Donnell	M	Sen	Deloitte Running Club	0:21:01	0:21:03	0:42:34	0:42:04
84	65	burke	anthony	M	Sen		0:21:57	0:19:55	0:42:35	0:41:53
85	458	Lally	Cahal	M	Sen		0:20:50	0:21:49	0:42:39	0:42:39
86	830	Smyth	Karl	M	Sen		0:21:15	0:21:29	0:42:47	0:42:45
87	334	Gentles	Graham	M	Sen		0:20:47	0:22:06	0:42:58	0:42:54
88	71	Bushell	Caolan	M	Sen		0:21:28	0:21:31	0:42:59	0:42:59
89	889	Walsh	Irene	F	O 40		0:21:02	0:21:54	0:43:07	0:42:56
90	569	McManus	Fiona	F	Sen		0:21:42	0:21:12	0:43:08	0:42:55
91	685	O'Driscoll	Colin	M	Sen		0:20:36	0:22:31	0:43:10	0:43:07
92	837	Stanley	Laurence	M	O 40		0:21:33	0:21:26	0:43:14	0:42:59
93	323	Galek	Bartosz	M	Sen		0:22:07	0:21:08	0:43:31	0:43:15
94	559	McHugh	Stephen	M	Sen		0:22:01	0:21:06	0:43:35	0:43:07
95	883	Wall	Gary	M	Sen		0:22:35	0:20:53	0:43:37	0:43:28
96	490	Lowry	jillian	F	Sen	templeogue	0:21:04	0:22:37	0:43:41	0:43:41
97	723	O'Sullivan	Sorcha	F	Sen	Rathfarnham WSAF	0:21:43	0:21:21	0:43:46	0:43:04
98	577	Menary	Alistair	M	Sen		0:22:42	0:20:21	0:43:47	0:43:03
99	576	Meehan	Luke	M	Sen		0:21:43	0:21:22	0:43:47	0:43:05
100	803	Ryan	Patricia	F	Sen		0:21:26	0:22:06	0:43:48	0:43:32
101	221	Donohue	Paul	M	Sen		0:21:17	0:22:35	0:43:52	0:43:52
102	488	Lowery	Aideen	F	Sen		0:22:04	0:21:05	0:43:52	0:43:08
103	307	Forde	John	M	Sen		0:21:21	0:22:36	0:43:59	0:43:56
104	348	Gorman	Seamus	M	Sen		0:21:26	0:22:27	0:44:02	0:43:53
105	785	Rowland	Eileen	F	O 50		0:22:07	0:21:45	0:44:04	0:43:52
106	361	Groarke	Michele	F	O 40		0:21:54	0:21:50	0:44:05	0:43:44
107	137	Conor	Murphy	M	Sen	Deloitte Running Club	0:21:55	0:21:56	0:44:06	0:43:51
108	884	Wall	Vickie	F	Sen		0:22:18	0:21:46	0:44:08	0:44:04
109	46	Brady	Shay	M	Sen	St Anne's GAA Club	0:22:20	0:21:27	0:44:15	0:43:47
110	53	brennan	peter	M	Sen		0:22:24	0:21:23	0:44:16	0:43:47
111	472	ledwith	conor	M	Sen		0:21:49	0:21:39	0:44:22	0:43:28
112	757	Rafferty	Ian	M	Sen		0:21:59	0:21:55	0:44:25	0:43:54
113	794	ryan	declan	M	O 40		0:22:12	0:22:24	0:44:39	0:44:36
114	618	Murphy-White	Bronwyn	F	Sen	Sportsworld Terenure	0:22:26	0:22:03	0:44:40	0:44:28
115	358	grehan	mark	M	Sen		0:22:19	0:21:55	0:44:41	0:44:14
116	155	costello	carol	F	O 40	Greystones AC	0:22:54	0:21:19	0:44:44	0:44:13
117	647	O Connor	Michelle	F	Sen		0:22:19	0:22:26	0:44:54	0:44:46
118	466	Lawson	David	M	Sen	Crusaders	0:22:01	0:22:39	0:44:56	0:44:40
119	48	Breen	Eamon	M	Sen		0:23:09	0:21:35	0:44:59	0:44:43
120	812	Shannon	Keith	M	Sen		0:22:57	0:21:19	0:45:00	0:44:16
121	849	Sweeney	Paul	M	Sen		0:22:17	0:22:19	0:45:01	0:44:37
122	760	Reale	Patrick	M	Sen		0:21:09	0:23:33	0:45:01	0:44:42
123	718	O'Rourke	Peter	M	Sen		0:22:19	0:22:18	0:45:01	0:44:37
124	572	MCnulty	Brian	M	Sen		0:22:51	0:21:24	0:45:03	0:44:15
125	69	Burke	Stephen	M	Sen		0:22:52	0:21:32	0:45:09	0:44:24
126	761	reape	sandra	M	Sen		0:22:15	0:22:51	0:45:09	0:45:07
127	578	messitt	maria	F	Sen		0:22:48	0:22:15	0:45:10	0:45:03
128	656	O Neill	Sean	M	Sen		0:22:58	0:21:54	0:45:11	0:44:52
129	30	Blake	Gavin	M	Sen		0:23:01	0:22:01	0:45:11	0:45:02
130	218	Donoghue	Jason	M	Sen		0:23:11	0:21:06	0:45:19	0:44:17
131	152	corrigan	colm	M	Sen		0:22:11	0:22:42	0:45:21	0:44:54
132	114	ciara	Moore	F	Sen	Deloitte Running Club	0:22:31	0:22:44	0:45:22	0:45:15
133	360	Grimes	Derek	M	Sen		0:22:29	0:22:50	0:45:35	0:45:19
134	417	Jones	Una	F	Sen		0:22:41	0:22:44	0:45:37	0:45:25
135	13	Bannan	Billy	M	Sen		0:23:03	0:22:15	0:45:37	0:45:18
136	424	Kavanagh	Katriona	F	Sen		0:22:49	0:22:44	0:45:39	0:45:33
137	164	Culbert	Margaret	F	Sen		0:22:50	0:22:44	0:45:39	0:45:33
138	534	McCluskey	Darren	M	Sen		0:23:02	0:22:31	0:45:42	0:45:33
139	101	Casey	Linda	F	O 50		0:23:18	0:22:13	0:45:44	0:45:31
140	566	McLoughlin	Peter	M	Sen		0:22:07	0:23:34	0:45:46	0:45:41
141	18	Bell	Colin	M	O 40		0:23:06	0:22:17	0:45:53	0:45:23
142	778	Rodriguez Ortega	Gerardo	M	Sen		0:22:21	0:23:18	0:45:54	0:45:39
143	867	Trayers	Brian	M	Sen		0:23:13	0:22:35	0:45:58	0:45:48
144	383	Henderson	Patrick	M	Sen		0:25:43	0:19:54	0:45:59	0:45:38
145	117	Ciocanaru	Cristinel	M	Sen		0:26:09	0:19:42	0:45:59	0:45:51
146	573	McShane	Thomas	M	O 40		0:23:11	0:22:37	0:45:59	0:45:48
147	523	Matthew	Foley	M	Sen	Deloitte Running Club	0:22:59	0:22:36	0:46:03	0:45:35

148	879	Vesey	Mark	M	Sen		0:22:34	0:23:21	0:46:07	0:45:55
149	313	Fox	Shane	M	Sen		0:22:19	0:23:41	0:46:11	0:46:00
150	925	McQueirns	Tom	M	O 40		0:22:30	0:23:37	0:46:14	0:46:08
151	339	Gilvarry	John	M	Sen		0:22:21	0:23:40	0:46:15	0:46:01
152	806	Ryan	Stephen	M	Sen		0:23:08	0:22:35	0:46:16	0:45:43
153	99	Carty	Hazel	F	Sen		0:22:31	0:23:41	0:46:20	0:46:12
154	480	Lennon	Michael	M	Sen		0:21:48	0:24:26	0:46:23	0:46:15
155	797	Ryan	Jennifer	F	Sen	DSD AC	0:22:48	0:23:31	0:46:27	0:46:20
156	12	Ballantyne	Fionnuala	F	O 40		0:23:13	0:23:13	0:46:28	0:46:26
157	82	Caffrey	Fergal John	M	O 40		0:23:44	0:22:08	0:46:35	0:45:51
158	888	Walsh	Fergus	M	O 40	St Anne's GAA Club	0:22:54	0:23:24	0:46:41	0:46:18
159	373	Harte	Conal	M	Sen		0:22:31	0:23:19	0:46:46	0:45:50
160	215	Donnelly	Jayne	M	Sen	Gi jaynes bootcamp	0:23:23	0:23:04	0:46:49	0:46:27
161	333	Gaynor	Elizabeth	F	Sen		0:23:22	0:22:45	0:46:50	0:46:07
162	653	O hUallachain	Ronan	M	Sen		0:25:10	0:21:44	0:46:54	0:46:54
163	750	Quinn	Graham	M	Sen		0:24:55	0:21:28	0:46:59	0:46:23
164	317	freeman	earl	M	Sen		0:23:43	0:22:36	0:47:00	0:46:19
165	897	Ward	Colm	M	Sen		0:25:09	0:21:17	0:47:02	0:46:25
166	712	oreilly	maria	F	O 40		0:21:33	0:25:30	0:47:06	0:47:03
167	612	Murphy	Michelle	F	Sen		0:23:46	0:23:05	0:47:08	0:46:51
168	9	Atkins	Lee	M	Sen		0:24:40	0:21:50	0:47:13	0:46:30
169	588	Montgomery	Keith	M	Sen		0:23:07	0:23:37	0:47:13	0:46:43
170	70	Burke	Thomas	M	Sen		0:24:21	0:22:42	0:47:14	0:47:03
171	135	Connolly	Neve	F	Sen		0:24:20	0:22:12	0:47:19	0:46:32
172	621	murray	mairead	F	Sen		0:24:09	0:23:11	0:47:20	0:47:20
173	220	Donohue	Martina	F	Sen		0:23:59	0:23:00	0:47:20	0:46:59
174	309	Forde	Suzanne	F	Sen		0:22:48	0:24:33	0:47:24	0:47:21
175	660	o shea	garech	M	O 40		0:23:37	0:23:22	0:47:24	0:46:59
176	113	Christie	Martin	M	Sen		0:24:18	0:22:33	0:47:26	0:46:51
177	755	Rafferty	Colm	M	Sen		0:23:04	0:23:59	0:47:35	0:47:04
178	157	Coughlan	Noel	M	Sen		0:23:45	0:23:52	0:47:51	0:47:37
179	857	Taylor	Jason	M	O 40		0:23:29	0:24:14	0:47:53	0:47:43
180	486	Loughman	Breiffni	M	Sen		0:23:05	0:24:28	0:47:53	0:47:34
181	834	Stafford	Colm	M	O 40		0:24:27	0:22:46	0:47:55	0:47:13
182	124	Cogan	Nick	M	Sen		0:24:13	0:23:09	0:47:55	0:47:22
183	143	Conway	Karen	F	Sen		0:23:37	0:23:55	0:47:56	0:47:32
184	415	Johnson	Ciaran	M	O 40		0:23:10	0:24:43	0:47:58	0:47:52
185	586	Molan	Eimear	F	Sen		0:23:43	0:24:02	0:47:59	0:47:45
186	100	casey	ciara	F	Sen		0:23:06	0:24:47	0:48:01	0:47:53
187	149	Corcoran	Jacinta	F	O 40		0:23:27	0:24:24	0:48:01	0:47:50
188	435	Kelly	Matthew	M	Sen		0:24:51	0:22:28	0:48:03	0:47:19
189	902	Whelan	Proinsios	M	Sen		0:27:17	0:20:22	0:48:04	0:47:39
190	728	Pearson	Ritchie	M	Sen		0:23:50	0:23:17	0:48:10	0:47:07
191	115	Ciaran	Doyle	M	Sen	Deloitte Running Club	0:24:07	0:23:30	0:48:11	0:47:37
192	93	Carraher	Fiona	F	Sen		0:23:10	0:24:58	0:48:13	0:48:08
193	236	Dreaper	Lynsey	F	Sen	Bounce Fitness	0:25:02	0:22:25	0:48:15	0:47:26
194	140	Convey	Aoife	F	Sen		0:23:56	0:23:51	0:48:15	0:47:47
195	865	Tolan	Darragh	M	Sen		0:24:08	0:23:20	0:48:16	0:47:28
196	710	O'Neill	Seamus	M	Sen		0:25:38	0:22:06	0:48:17	0:47:44
197	593	Moran	Sarah Rose	F	Sen		0:25:20	0:22:29	0:48:19	0:47:50
198	337	gillan	shane	M	Sen	greystones	0:24:28	0:23:45	0:48:20	0:48:12
199	877	Varley	Maria	F	Sen		0:23:42	0:24:30	0:48:22	0:48:12
200	822	Smith	Clare	F	Sen	Bros pearse	0:23:21	0:25:02	0:48:26	0:48:23
201	545	McDonnell	Dermot	M	Sen	Three Steps	0:24:18	0:23:14	0:48:27	0:47:32
202	456	Kristensen	Jakob	M	Sen		0:25:13	0:22:53	0:48:29	0:48:05
203	287	finn	catherine	F	Sen		0:23:49	0:24:35	0:48:30	0:48:24
204	694	Ohle	Michael	M	Sen		0:26:17	0:22:01	0:48:32	0:48:19
205	789	Ryan	Aine	F	Sen		0:24:58	0:23:19	0:48:32	0:48:17
206	461	Lanigan	Brigid	F	Sen	Hairy Harriers	0:29:48	0:18:24	0:48:34	0:48:12
207	182	Daly	Fergus	M	O 40	Cross Fit St. Annes Bohernabreena	0:24:03	0:24:07	0:48:35	0:48:10
208	226	Dooley	Kieran	M	Sen		0:23:54	0:24:22	0:48:36	0:48:16
209	829	Smyth	John	M	Sen		0:26:25	0:21:35	0:48:36	0:48:00
210	84	cahill	katrina	F	Sen		0:24:57	0:23:12	0:48:37	0:48:08
211	506	MacDonnell	Piaras	M	O 40		0:24:30	0:23:47	0:48:40	0:48:17
212	890	Walsh	Kate	F	Sen		0:24:36	0:23:39	0:48:41	0:48:15
213	858	teague	robert	M	Sen		0:23:10	0:25:05	0:48:49	0:48:15
214	49	Brennan	Aisling	F	O 40		0:24:26	0:23:58	0:48:50	0:48:24
215	601	Mujanovic	Alen	M	Sen		0:20:50	0:28:05	0:48:57	0:48:55
216	420	Joyce	Sarah	F	Sen		0:25:26	0:23:17	0:49:01	0:48:43
217	781	Rohan	Mary	F	Sen	Crusaders	0:25:05	0:23:39	0:49:02	0:48:44
218	733	Pierce	Ray	M	Sen		0:25:06	0:23:39	0:49:02	0:48:44
219	682	O'Donoghue	Brian	M	Sen		0:25:05	0:23:38	0:49:03	0:48:43
220	927	O'Regan	Michael	M	O 40		0:24:35	0:23:36	0:49:04	0:48:11

221	86	Callan	Gavin	M	Sen			0:24:43	0:23:34	0:49:07	0:48:17
222	706	O'Neill	Conor	M	O 40			0:24:29	0:23:43	0:49:09	0:48:12
223	176	Curran	Donnch	M	Sen			0:24:48	0:23:48	0:49:09	0:48:36
224	805	Ryan	Stephen	M	O 40			0:25:00	0:23:26	0:49:13	0:48:26
225	246	Duggan	Finbarr	M	O 40			0:25:25	0:22:57	0:49:20	0:48:22
226	646	O Connor	Darren	M	Sen			0:25:16	0:23:02	0:49:24	0:48:18
227	674	O'Connor	Aisling	F	Sen			0:24:19	0:25:01	0:49:26	0:49:20
228	139	Conroy	Fiona	F	Sen	Crusaders AC		0:24:58	0:23:42	0:49:30	0:48:40
229	896	Wang Jensen	Claus	M	O 40			0:25:36	0:23:31	0:49:31	0:49:07
230	36	Bohan	Niamh	F	O 40			0:24:42	0:24:42	0:49:32	0:49:25
231	344	Goff	Laura	F	Sen			0:25:05	0:24:10	0:49:33	0:49:15
232	511	Madden	Lindsey	F	Sen			0:25:57	0:23:10	0:49:33	0:49:06
233	617	Murphy	Sheila	F	Sen			0:25:05	0:24:06	0:49:37	0:49:11
234	89	Carey	Bridin	F	Sen			0:29:07	0:19:49	0:49:41	0:48:56
235	841	Stewart	Adrienne	F	Sen			0:29:08	0:19:50	0:49:43	0:48:59
236	589	Moore	Emer	F	Sen	Hairy Harriers		0:25:26	0:24:02	0:49:44	0:49:28
237	327	Gallagher	Peter	M	Sen			0:24:26	0:22:44	0:49:45	0:47:09
238	801	Ryan	Mary	F	Sen			0:25:27	0:24:01	0:49:47	0:49:28
239	603	Mullen	Steven	M	Sen			0:24:00	0:25:37	0:49:49	0:49:36
240	869	Tynan	Fiona	F	Sen			0:25:43	0:22:50	0:49:51	0:48:33
241	19	Bennett	Gayle	F	Sen			0:25:14	0:24:29	0:49:52	0:49:43
242	29	Blake	Ciaran	M	Sen			0:26:22	0:22:57	0:49:55	0:49:20
243	556	McGrogan	Fintan	M	Sen			0:25:56	0:23:29	0:49:57	0:49:25
244	773	Ring	David	M	Sen			0:26:01	0:23:16	0:49:59	0:49:17
245	555	McGrath	Noel	M	Sen			0:25:31	0:24:10	0:49:59	0:49:40
246	105	Cassells	Paula	F	Sen			0:24:30	0:25:28	0:50:00	0:49:58
247	836	Stafford	Katherine	F	Sen			0:24:42	0:24:50	0:50:01	0:49:32
248	814	Shauna	Bonner	F	Sen	Deloitte Running Club		0:24:25	0:25:09	0:50:02	0:49:35
249	696	O'Keeffe	Laura	F	Sen			0:24:56	0:24:56	0:50:03	0:49:52
250	481	Ienoach	sean	M	Sen	Mercury Eng		0:26:15	0:23:12	0:50:04	0:49:27
251	875	Valette	Andrew	M	Sen			0:26:24	0:23:09	0:50:07	0:49:33
252	701	O'Madagain	Caoimhin	M	Sen			0:24:13	0:25:40	0:50:09	0:49:54
253	85	Cahill	Stephen	M	Sen			0:25:02	0:24:40	0:50:10	0:49:42
254	678	O'Donnell	Kevin	M	O 40			0:26:09	0:23:56	0:50:14	0:50:05
255	818	sinclair	graham	M	Sen			0:24:55	0:24:29	0:50:14	0:49:24
256	887	Walsh	Darren	M	Sen			0:25:26	0:24:05	0:50:16	0:49:31
257	81	Byrne	Orla	F	Sen			0:25:03	0:24:49	0:50:18	0:49:52
258	616	Murphy	Sarah	F	Sen	St Annes GAA		0:25:21	0:24:56	0:50:19	0:50:17
259	405	Hughes	Tony	M	Sen			0:25:48	0:24:13	0:50:21	0:50:01
260	200	Delaney	Ali	F	Sen			0:26:22	0:23:24	0:50:25	0:49:45
261	638	Nicola	Byrne	F	Sen			0:25:34	0:24:38	0:50:27	0:50:12
262	298	Flannery	Kara	F	O 40			0:25:58	0:24:15	0:50:32	0:50:14
263	205	DILLON	AEDIN	F	O 40			0:26:16	0:23:53	0:50:33	0:50:09
264	831	Snell	Emma	F	Sen			0:25:34	0:24:46	0:50:34	0:50:19
265	150	Corcoran	Keith	M	O 40			0:25:37	0:24:00	0:50:34	0:49:37
266	901	Wharton	Philip	M	Sen			0:25:11	0:24:54	0:50:35	0:50:05
267	237	Drennan	Trevor	M	Sen			0:25:52	0:24:06	0:50:45	0:49:59
268	280	Fairbanks	Joyce	F	Sen			0:25:15	0:25:10	0:50:49	0:50:26
269	168	Cummins	Senan	M	Sen			0:24:23	0:23:47	0:50:49	0:48:11
270	860	Tighe	Paul	M	Sen			0:25:00	0:25:40	0:50:51	0:50:40
271	695	Ohle	Michelle	F	Sen			0:26:18	0:24:21	0:50:52	0:50:40
272	703	O'Malley	Declan	M	O 40			0:25:23	0:25:21	0:50:54	0:50:44
273	266	Edge	Olivia	F	Sen			0:26:42	0:23:48	0:50:55	0:50:31
274	683	O'Dowd	Siobhan	F	Sen			0:26:20	0:24:14	0:51:00	0:50:33
275	756	Rafferty	Gavin	M	Sen			0:24:31	0:26:01	0:51:03	0:50:33
276	126	Coleman	Alison	F	Sen			0:26:05	0:24:32	0:51:03	0:50:37
277	387	Herbst-Bergin	Natasha	F	Sen			0:25:59	0:24:51	0:51:04	0:50:50
278	721	osullivan	angela	F	O 40			0:25:22	0:25:17	0:51:05	0:50:39
279	21	Bergin	David	M	Sen			0:25:59	0:24:53	0:51:06	0:50:51
280	808	Scanlon	Mairead	F	Sen			0:26:49	0:23:56	0:51:08	0:50:45
281	844	Stryckova	Slava Alexandra	F	Sen			0:26:13	0:24:04	0:51:09	0:50:17
282	10	Ayarza	Javier	M	Sen	Caoimhe's Champions		0:26:05	0:24:04	0:51:09	0:50:09
283	336	Gibbons	Peter	M	Sen			0:26:27	0:24:05	0:51:11	0:50:32
284	613	Murphy	Niall	M	Sen			0:24:17	0:26:57	0:51:19	0:51:14
285	448	Kiernan	Caoimhe	F	Sen			0:26:15	0:24:59	0:51:24	0:51:14
286	561	McKenna	Ursula	F	Sen			0:26:26	0:24:44	0:51:30	0:51:10
287	793	Ryan	Clare	F	Sen	Sli Cualann		0:26:10	0:24:49	0:51:31	0:50:59
288	98	Carter	Daniel	M	Sen			0:26:01	0:25:14	0:51:33	0:51:15
289	684	O'driscoll	Audrai	F	O 40			0:25:47	0:25:34	0:51:34	0:51:22
290	599	Morrissey	Paul	M	Sen			0:26:19	0:25:07	0:51:35	0:51:26
291	282	Farinella	Aisling	M	Sen			0:26:02	0:25:28	0:51:37	0:51:31
292	651	O Donovan	Ciara	F	Sen				0:51:30	0:51:37	0:51:30
293	885	walsh	alaine	F	Sen			0:26:05	0:25:22	0:51:40	0:51:27
294	560	McKenna	Eilish	F	Sen			0:26:29	0:24:57	0:51:43	0:51:26

295	193	de paor	moya	F	Sen		0:26:22	0:24:44	0:51:44	0:51:06
296	923	Cummins	Shaun	M	Sen		0:25:40	0:25:32	0:51:45	0:51:12
297	263	Earls	Alan	M	Sen		0:26:31	0:24:50	0:51:46	0:51:21
298	195	Dearle	Aisling	F	O 40		0:26:08	0:24:40	0:51:46	0:50:48
299	399	Howard	Richard	M	Sen		0:26:14	0:25:04	0:51:49	0:51:17
300	598	Morrissey	Declan	M	Sen		0:26:38	0:24:50	0:51:50	0:51:28
301	658	o reilly	sinead	F	Sen		0:26:09	0:25:34	0:51:50	0:51:42
302	843	Strannard	Sofia	F	Sen		0:26:35	0:24:55	0:51:50	0:51:31
303	691	O'Gorman	Mark	M	Sen		0:25:33	0:26:03	0:51:51	0:51:36
304	645	O Connor	Aishling	F	Sen	Hairy Harriers	0:25:31	0:25:59	0:51:51	0:51:30
305	563	McKeon	Catherine	F	Sen		0:25:48	0:25:43	0:51:52	0:51:31
306	483	leonard	paul	M	O 40		0:26:48	0:24:10	0:51:52	0:50:58
307	892	Walsh	Laura	F	Sen		0:27:12	0:23:54	0:51:58	0:51:06
308	500	Lyons	Darren	M	O 40		0:26:36	0:24:50	0:51:59	0:51:26
309	457	Kyle	Brenda	F	Sen		0:26:18	0:25:32	0:52:00	0:51:50
310	689	O'Gorman	Louise	F	Sen		0:27:04	0:24:21	0:52:01	0:51:25
311	47	Breathnach	Niamh	F	O 40		0:26:17	0:25:29	0:52:03	0:51:46
312	633	nevins	damien	M	O 40		0:26:57	0:24:24	0:52:08	0:51:21
313	498	Lynch	Trevor	M	Sen		0:25:53	0:25:52	0:52:11	0:51:45
314	795	Ryan	Donnacha	M	Sen		0:27:25	0:24:10	0:52:15	0:51:35
315	281	fairley	niamh	F	Sen		0:27:31	0:24:38	0:52:16	0:52:09
316	596	Morrison	Cathleen	F	O 40		0:26:25	0:25:01	0:52:17	0:51:26
317	799	Ryan	Kathleen	F	Sen		0:26:43	0:25:19	0:52:21	0:52:02
318	416	Johnston	Simon Peter	M	Sen		0:26:38	0:25:22	0:52:22	0:52:01
319	356	Greene	Sean	M	O 40		0:26:27	0:25:16	0:52:23	0:51:43
320	289	FitzGerald	Eoin	M	O 40		0:26:17	0:25:53	0:52:23	0:52:10
321	7	Allman	Amber	F	Sen		0:26:24	0:25:49	0:52:24	0:52:13
322	297	Flanagan	Stephen	M	Sen	Stephen Flanagan	0:27:18	0:24:44	0:52:27	0:52:02
323	816	Sheehan	Patricia	F	O 40		0:26:18	0:25:43	0:52:30	0:52:00
324	427	Kearney	Peter	M	O 40		0:26:17	0:26:02	0:52:32	0:52:18
325	255	Dunne	Karen	F	O 40		0:26:46	0:25:04	0:52:32	0:51:50
326	180	Curtin	John	M	Sen		0:25:40	0:26:03	0:52:32	0:51:43
327	784	Rowan	Terry	M	Sen		0:25:40	0:26:04	0:52:33	0:51:44
328	228	Doolin	Louise	F	Sen		0:26:11	0:26:04	0:52:35	0:52:15
329	702	O'Madagain	Donnchadh	M	O 50		0:26:29	0:25:57	0:52:41	0:52:26
330	104	Casey	Tony	M	O 40		0:26:14	0:26:18	0:52:46	0:52:32
331	740	Prendergast	Pauline	F	Sen		0:26:39	0:26:11	0:52:55	0:52:50
332	748	Quinn	Clare	F	Sen		0:27:24	0:24:52	0:52:56	0:52:16
333	244	Duffy	Marie	F	Sen		0:26:22	0:26:24	0:52:58	0:52:46
334	259	Durkan	Marianne	F	Sen		0:27:04	0:25:39	0:52:58	0:52:43
335	715	o'reilly	vanessa	F	O 40		0:27:12	0:25:19	0:52:59	0:52:31
336	546	McElroy	Gail	F	O 40		0:26:25	0:26:32	0:53:03	0:52:57
337	351	grandison	Siobhan	M	Sen		0:27:00	0:25:20	0:53:04	0:52:20
338	655	O Mir	Oisin	M	Sen		0:27:03	0:25:32	0:53:09	0:52:35
339	642	O Carroll	Ellen	F	O 40		0:27:13	0:25:28	0:53:09	0:52:41
340	328	Gallwey	Martin	M	Sen		0:27:02	0:25:33	0:53:10	0:52:35
341	35	Blunden	Alice	F	Sen	Hairy Harriers	0:26:46	0:26:04	0:53:12	0:52:50
342	247	Duggan	Zoe	F	Sen		0:28:04	0:24:17	0:53:15	0:52:21
343	499	Lynn	Mullin	F	Sen	Deloitte Running Club	0:26:34	0:26:11	0:53:15	0:52:44
344	663	O'Brien	Avril	F	Sen		0:26:42	0:26:11	0:53:17	0:52:53
345	166	Cummins	Catrin	F	Sen		0:27:45	0:25:32	0:53:17	0:53:17
346	225	Doolan	Orla	F	O 40		0:28:07	0:24:26	0:53:24	0:52:33
347	27	Bishop	Jennifer	F	Sen		0:26:22	0:26:48	0:53:28	0:53:10
348	652	O Hargain	Colm	M	Sen		0:26:52	0:25:55	0:53:29	0:52:48
349	659	o riordan	aileesh	F	Sen	newbridge athletics club	0:27:27	0:25:26	0:53:31	0:52:53
350	484	Lopez	Jorge	M	Sen		0:26:06	0:27:17	0:53:33	0:53:23
351	210	Donaghey	Claudia	F	Sen	TJ's Crew	0:26:56	0:26:16	0:53:44	0:53:13
352	679	ODonnell	Neasa	F	O 40		0:26:20	0:27:17	0:53:45	0:53:37
353	680	Odonnell	Nicola	F	Sen		0:26:19	0:27:18	0:53:46	0:53:37
354	406	Hunt	Andrea	F	Sen		0:26:29	0:26:43	0:53:47	0:53:12
355	436	Kelly	Nicola	F	Sen		0:26:32	0:27:04	0:53:48	0:53:36
356	321	Gaffney	Sinead	F	Sen	Trim AC	0:26:30	0:26:44	0:53:48	0:53:14
357	248	dunleavy	sandra	F	O 40	St annes Gaa	0:26:38	0:27:10	0:53:49	0:53:48
358	402	Hughes	Katie	F	Sen		0:26:43	0:26:21	0:53:49	0:53:04
359	817	Shinkins	Sinead	F	Sen		0:26:47	0:26:22	0:53:50	0:53:08
360	847	Sweeney	Anne	F	Sen		0:26:32	0:26:39	0:53:50	0:53:11
361	421	kavanagh	alan	M	O 40		0:25:31	0:27:56	0:53:51	0:53:27
362	411	Jackson	Sinead	F	Sen		0:27:06	0:26:11	0:53:56	0:53:17
363	745	Quain	Siobhan	F	Sen		0:26:26	0:27:05	0:53:57	0:53:31
364	788	Rutkowska	Ania	F	Sen		0:26:38	0:27:32	0:54:19	0:54:10
365	88	Carbery	Tracy	F	O 40		0:27:39	0:25:53	0:54:20	0:53:32
366	111	Charters	Keith	M	Sen		0:27:43	0:26:04	0:54:24	0:53:47
367	542	McDonald	Brian	M	Sen		0:26:15	0:28:17	0:54:32	0:54:32
368	765	Reilly	Colum	M	Sen		0:26:35	0:27:18	0:54:33	0:53:53

369	783	Rooney	Ken	M	Sen		0:26:31	0:27:30	0:54:34	0:54:01
370	419	Joubert	Michelle	F	Sen		0:28:31	0:25:33	0:54:35	0:54:04
371	56	Brickley	Rebecca	F	Sen		0:28:30	0:25:34	0:54:35	0:54:04
372	63	Buckley	PAul	M	O 40		0:27:22	0:26:39	0:54:39	0:54:02
373	112	Choi	Mei-ling	F	Sen		0:27:13	0:27:20	0:54:43	0:54:33
374	20	Benson	Maria	F	Sen		0:29:52	0:24:13	0:54:57	0:54:05
375	828	Smyth	Fleur	F	O 40		0:27:57	0:26:23	0:54:59	0:54:20
376	548	McEvoy	Damian	M	Sen		0:29:47	0:24:24	0:55:02	0:54:10
377	423	Kavanagh	Jamie	M	Sen		0:27:35	0:26:51	0:55:03	0:54:26
378	403	Hughes	Louise	F	Sen		0:27:25	0:27:32	0:55:11	0:54:57
379	92	carolan	sinead	F	Sen	TALLAGHT ATHLETIC CLUB	0:27:35	0:27:17	0:55:12	0:54:52
380	876	Vance	Paula	F	Sen		0:28:01	0:26:43	0:55:14	0:54:44
381	903	Whelan	Stephanie	F	O 40		0:28:04	0:27:13	0:55:17	0:55:17
382	245	Duggan	Breda	F	Sen		0:27:30	0:27:14	0:55:24	0:54:45
383	734	Pierce	Vivien	F	Sen		0:26:57	0:28:13	0:55:27	0:55:10
384	790	ryan	ann	F	Sen	newbridge ac	0:28:39	0:26:11	0:55:28	0:54:50
385	146	Cooper	Aedin	F	O 40		0:27:53	0:26:49	0:55:31	0:54:42
386	535	McCormack	Edel	F	Sen		0:27:29	0:27:49	0:55:31	0:55:18
387	270	Egan	Sean	M	Sen		0:28:01	0:26:52	0:55:32	0:54:53
388	530	Mc Laughlin	Danielle	F	Sen		0:27:48	0:27:40	0:55:34	0:55:28
389	557	mcguinness	ian	M	O 40		0:27:41	0:27:18	0:55:36	0:54:59
390	914	Wodyk	Igor	M	Sen		0:27:41	0:27:19	0:55:37	0:54:59
391	190	de BÃ¡fÃ¡rca	Caoimhe	F	Sen		0:28:44	0:26:32	0:55:40	0:55:16
392	497	Lynch	Siobhain	F	Sen		0:28:24	0:26:56	0:55:43	0:55:20
393	197	Deegan	Eimear	F	Sen		0:28:07	0:26:55	0:55:46	0:55:02
394	179	Curtin	Jennifer	M	Sen		0:28:41	0:26:17	0:55:48	0:54:57
395	169	Cummins	Shaun	M	Sen		0:28:39	0:26:18	0:55:48	0:54:58
396	739	Prendergast	Nuala	F	Sen		0:26:39	0:29:05	0:55:49	0:55:44
397	397	Horgan	Joanne	F	Sen		0:28:53	0:26:19	0:55:53	0:55:12
398	870	Tynan	GrÃ¡fÃ¡inne	F	Sen	Fingallians	0:27:57	0:27:15	0:56:01	0:55:12
399	769	Reynolds	Denis	M	Sen	Reynolds	0:27:49	0:27:34	0:56:03	0:55:22
400	770	Reynolds	Marian	M	Sen	Reynolds	0:27:49	0:27:34	0:56:04	0:55:23
401	747	Quinlan	Louise	F	O 40	St Andrews	0:27:43	0:27:43	0:56:10	0:55:26
402	133	Connolly	Kirsten	F	Sen		0:29:29	0:26:09	0:56:10	0:55:38
403	767	Reilly	Roisin	F	Sen		0:29:28	0:26:11	0:56:11	0:55:38
404	759	Rave	Barbara	F	O 40		0:28:52	0:26:40	0:56:14	0:55:31
405	292	Fitzgibbon	Mark	M	O 40	Muddy Badgers	0:27:25	0:27:56	0:56:18	0:55:21
406	882	Walker	Sandra	F	O 40		0:28:23	0:27:48	0:56:19	0:56:11
407	440	Kennedy	Margaret	F	O 50		0:27:33	0:28:13	0:56:20	0:55:45
408	704	O'Meara	Helen	F	Sen		0:29:01	0:27:00	0:56:20	0:56:01
409	475	Lee	Lorna	F	Sen		0:29:28	0:26:12	0:56:23	0:55:40
410	186	Davidson	Clare	F	Sen		0:28:37	0:27:02	0:56:33	0:55:39
411	187	Davidson	Ruth	F	Sen		0:28:36	0:27:03	0:56:34	0:55:39
412	907	Wickham	Maura	F	Sen		0:29:05	0:26:51	0:56:45	0:55:55
413	744	Pyper	Kevin	M	O 40		0:27:20	0:28:45	0:56:46	0:56:05
414	428	Keating	Deirdre	F	Sen		0:29:16	0:26:42	0:56:46	0:55:57
415	177	currid	deirdre	F	O 40		0:27:25	0:28:55	0:56:47	0:56:20
416	910	Williams	Ã¡f?ine	F	Sen		0:28:10	0:27:56	0:56:52	0:56:05
417	911	Williams	Dermot	M	Sen		0:28:09	0:27:58	0:56:53	0:56:07
418	468	Lea	Teresa	F	Sen		0:29:10	0:27:05	0:57:00	0:56:15
419	467	Lea	Bernadette	F	Sen		0:29:10	0:27:06	0:57:01	0:56:16
420	848	Sweeney	Paul	M	Sen		0:28:23	0:27:59	0:57:02	0:56:23
421	600	Mueller	Saara	F	Sen		0:29:10	0:27:03	0:57:03	0:56:14
422	510	MacNamara	Rob	M	Sen		0:28:09	0:28:52	0:57:17	0:57:00
423	72	Butler	Fidelma	F	Sen		0:28:11	0:28:50	0:57:19	0:57:01
424	385	hennessy	carol	F	Sen		0:29:51	0:26:43	0:57:26	0:56:34
425	798	Ryan	Julie	F	Sen		0:28:22	0:28:51	0:57:30	0:57:13
426	662	O'Beirne	Judy	F	O 40		0:28:53	0:28:00	0:57:33	0:56:53
427	185	Dann	Gillian	F	Sen		0:29:24	0:27:33	0:57:34	0:56:57
428	209	Doherty	Louise	F	Sen		0:28:02	0:29:08	0:57:35	0:57:10
429	779	Rogers	Ann-Marie	F	Sen		0:29:03	0:27:48	0:57:37	0:56:52
430	516	Mahon	Patricia	F	Sen		0:28:22	0:28:45	0:57:37	0:57:06
431	162	Cronly	Marion	F	Sen		0:28:22	0:28:45	0:57:37	0:57:07
432	32	Blennerhassett	Lucy	M	O 40		0:29:27	0:27:48	0:57:42	0:57:15
433	520	Mara	Aisling	F	Sen		0:28:24	0:29:00	0:57:43	0:57:24
434	316	Frawley	Sarah	F	Sen		0:29:14	0:27:43	0:57:47	0:56:57
435	296	Flanagan	Gemma	F	Sen		0:29:28	0:27:37	0:57:48	0:57:05
436	460	Lambert	Fiona	F	Sen	Hairy Harriers	0:29:47	0:27:42	0:57:50	0:57:29
437	859	Teeling	John	M	Sen		0:27:49	0:29:18	0:57:55	0:57:07
438	398	Hough	Margaret	F	Sen		0:29:10	0:28:35	0:58:09	0:57:45
439	238	duane	aideen	M	Sen		0:27:58	0:29:58	0:58:18	0:57:56
440	239	duane	aideen	F	Sen		0:30:31	0:27:25	0:58:18	0:57:57
441	31	Blake	Geraldine	F	O 40	Bootcamp Ireland	0:29:25	0:28:24	0:58:21	0:57:49
442	861	Timbs	Karen	F	Sen		0:29:48	0:28:01	0:58:32	0:57:49

443	866	Tracey	Lee	F	Sen		0:29:49	0:28:01	0:58:32	0:57:50
444	512	Magee	Angela	F	O 40		0:29:28	0:28:32	0:58:33	0:58:00
445	791	Ryan	Cathal	M	Sen		0:28:27	0:29:30	0:58:33	0:57:57
446	634	Ni Bhroin	Sarah	F	Sen		0:29:38	0:28:06	0:58:35	0:57:44
447	127	Collins	Cathrine	F	O 40		0:29:50	0:28:14	0:58:41	0:58:04
448	165	Cullen	Mary	F	Sen	Lakeshore Striders	0:29:09	0:29:16	0:58:44	0:58:26
449	528	Mc Grath	Maura	F	O 40		0:29:05	0:29:03	0:58:47	0:58:08
450	775	roche	aisling	M	Sen		0:30:03	0:28:08	0:58:47	0:58:10
451	575	Meany	Laura	F	Sen		0:30:03	0:28:08	0:58:48	0:58:11
452	170	Cunningham	Dermott	M	Sen	TJ's Epilepsy Journey	0:27:46	0:30:40	0:58:58	0:58:26
453	608	Murphy	Breifinni	F	Sen		0:29:58	0:28:35	0:58:59	0:58:34
454	318	Freyne	Eimear	F	Sen		0:29:20	0:29:06	0:59:00	0:58:26
455	192	De Paor	Ailbhe	F	Sen		0:29:57	0:28:37	0:59:00	0:58:34
456	526	mc bride	caitriona	F	Sen		0:29:55	0:28:37	0:59:00	0:58:32
457	64	Bulfin	Marie	F	Sen		0:29:21	0:29:08	0:59:02	0:58:29
458	469	Leach	Barry	M	Sen			0:58:22	0:59:13	0:58:22
459	396	Horgan	Caroline	F	Sen		0:29:59	0:28:35	0:59:17	0:58:34
460	881	Vinci	Bernardina	F	Sen		0:29:20	0:29:23	0:59:19	0:58:43
461	198	Deegan	Orlagh	F	Sen		0:30:19	0:28:38	0:59:42	0:58:57
462	479	Lennon	Julie	F	O 40		0:29:58	0:29:40	0:59:50	0:59:38
463	565	McLoughlin	Crystal	F	Sen		0:29:41	0:29:24	0:59:53	0:59:05
464	408	Hyland	Pearl	F	Sen		0:29:29	0:30:20	1:00:13	0:59:49
465	294	Fitzpatrick	Mary Therese	F	O 40		0:28:31	0:31:00	1:00:18	0:59:31
466	926	Cassdiy	Margaret	F	O 50		0:28:16	0:31:15	1:00:18	0:59:31
467	43	Brady	Ciara	F	Sen		0:29:51	0:29:43	1:00:23	0:59:34
468	900	Wharton	Carol	F	Sen		0:30:58	0:29:02	1:00:28	1:00:00
469	553	McGrath	Mary	F	Sen		0:29:18	0:30:59	1:00:38	1:00:17
470	625	Murtagh	Gemma	F	Sen		0:29:50	0:29:59	1:00:41	0:59:50
471	780	Rogers	Bernie	F	O 40	Maree AC	0:29:53	0:30:18	1:00:52	1:00:11
472	1	McNamara	Jacinta	F	Sen		0:30:29	0:30:26	1:01:12	1:00:54
473	719	O'Shea	Jenny	F	Sen		0:30:28	0:30:28	1:01:14	1:00:57
474	227	Dooley	Virginia	F	O 40		0:28:08	0:28:45	1:01:18	0:56:53
475	676	O'Connor	Michelle	F	O 40		0:28:08	0:28:49	1:01:22	0:56:57
476	587	Molloy	Orla	F	Sen		0:30:00	0:30:58	1:01:47	1:00:58
477	880	Vickers	Laurine	F	O 40		0:30:45	0:30:54	1:02:15	1:01:39
478	277	Etchingham	CaTherine	F	O 40		0:30:50	0:30:46	1:02:28	1:01:36
479	279	Fagan	Sheena	F	Sen		0:29:51	0:31:49	1:02:33	1:01:40
480	211	Donegan	Judith	F	Sen	TW Running	0:31:02	0:30:47	1:02:34	1:01:49
481	667	O'Brien	Stephen	M	O 40	St. Annes	0:30:56	0:31:09	1:02:50	1:02:05
482	665	O'Brien	Patricia	F	O 40	St. Annes	0:30:55	0:31:10	1:02:51	1:02:05
483	697	O'Kennedy	Sarah	F	Sen		0:30:57	0:32:00	1:03:22	1:02:57
484	306	Foran	Kate	F	Sen		0:30:57	0:32:00	1:03:22	1:02:57
485	273	Emmet	Brian	M	Sen		0:26:35	0:36:39	1:03:23	1:03:14
486	41	Brady	Brigid	F	O 40		0:31:57	0:30:57	1:03:40	1:02:54
487	343	Glennon Carr	Valerie	F	O 40		0:31:56	0:30:58	1:03:40	1:02:54
488	254	Dunne	Joanne	F	Sen		0:31:08	0:32:34	1:04:34	1:03:42
489	491	Luebbert	Britta	F	O 40	Belpark	0:31:37	0:32:21	1:04:41	1:03:58
490	160	Cronin	Aisling	F	Sen		0:32:21	0:34:31	1:06:53	1:06:52
491	338	Gilson	Patrick	M	O 50		0:32:17	0:34:20	1:06:57	1:06:37
492	515	Mahon	Maire	F	Sen	Canicross	0:24:17	0:30:08	1:09:13	0:54:25
493	517	Mahony	Sebastien	M	Sen	Canicross Dublin	0:30:14	0:22:32	1:10:31	0:52:46
494	736	Plunkett	Susan	F	Sen		0:32:02	0:38:05	1:10:58	1:10:06
495	551	McGrath	Caroline	F	Sen		0:31:29	0:42:08	1:13:57	1:13:37
496	33	Blennerhassett	Sophie	F	Sen	Cannicross Dublin	0:30:16	0:28:13	1:16:15	0:58:29
	340	Gilvarry	Michael	M	Sen		0:21:51		DNF @ 1 lap	
	622	Murray	Peter	M	Sen		0:23:16		DNF @ 1 lap	
	68	burke	Stephen	M	Sen		0:23:52		DNF @ 1 lap	
	188	davis	luke	M	Sen		0:24:13		DNF @ 1 lap	
	300	Fleming	Julieanne	F	Sen		0:25:13		DNF @ 1 lap	
	671	O'Connell	Damien	M	Sen		0:26:36		DNF @ 1 lap	
	580	Miller	Jenny	F	Sen		0:29:00		DNF @ 1 lap	
	154	Corry	Rachel	F	Sen		0:29:02		DNF @ 1 lap	
	153	Corry	Fiona	F	Sen		0:29:02		DNF @ 1 lap	
	473	Ledwith	Frank	M	O 40		0:29:12		DNF @ 1 lap	
	365	Gunning	Edel	F	Sen		0:30:14		DNF @ 1 lap	
	864	Tobin	Louise	F	Sen		0:30:14		DNF @ 1 lap	
	459	Lalor	Ana	F	Sen		0:30:32		DNF @ 1 lap	
	698	O'Leary	Ciara	F	Sen		0:30:32		DNF @ 1 lap	
	241	duff	marie	F	Sen		0:30:34		DNF @ 1 lap	
	485	Lord	Sarah	F	Sen		0:30:51		DNF @ 1 lap	
	425	Kavanagh	Richard	M	Sen		0:30:52		DNF @ 1 lap	
	607	Murphy	Anne	F	O 50		0:32:22		DNF @ 1 lap	
	347	Gorman	Maeve	F	Sen		0:32:22		DNF @ 1 lap	
	310	foster	kim	F	O 40		0:32:33		DNF @ 1 lap	
	350	Graham	Rebecca	F	Sen		0:35:39		DNF @ 1 lap	

	216	donnely	ken	M	O 50			DNF	
	904	Whitehead	David	M	Sen			DNF	
	191	de Barra	Caoimhe	F	O 40	Caoimhe de Barra		DNF	