

Place	Number	Wave	Name	Surname	Sex	Age Cat		Swim	T1	Cycle	T2	Run	Finish
1	18	W1	Alex	Gray	Male	20-34		0:11:26	0:00:24	0:34:32	0:00:30	0:17:04	1:03:58
2	1	W1	John paul	Vereker	Male	35-49		0:13:22	0:00:29	0:34:07	0:00:37	0:17:41	1:06:18
3	230	W3	Roisin	Connick	Relay	Relay	Click the bean	0:15:05	0:00:30	0:33:33	0:00:33	0:17:45	1:07:28
4	4	W1	Justin	Ryan	Male	20-34		0:13:25	0:00:45	0:35:09	0:00:58	0:17:29	1:07:48
5	9	W1	Patrick	Cavanagh	Male	20-34		0:12:24	0:00:35	0:38:08	0:00:44	0:18:46	1:10:39
6	24	W1	Dirk	Adrichem	Male	35-49		0:14:55	0:01:23	0:38:17	0:01:33	0:19:41	1:15:50
7	72	W2	Jonathan	Healy Hayes	Male	20-34		0:16:02	0:01:57	0:38:17	0:01:03	0:19:13	1:16:35
8	19	W1	Peter	Bolger	Male	20-34		0:13:40	0:01:16	0:40:46	0:00:51	0:20:01	1:16:36
9	2	W1	Michael	Mccarthy	Male	35-49		0:12:36	0:01:04	0:40:04	0:00:58	0:22:29	1:17:13
10	23	W1	Gary	Waters	Male	20-34		0:15:55	0:01:10	0:39:31	0:00:47	0:20:26	1:17:51
11	78	W2	Daniel	Keating	Male	20-34		0:17:40	0:00:45	0:38:07	0:01:02	0:20:41	1:18:17
12	31	W1	Simon	Reddy	Male	35-49		0:14:22	0:01:01	0:41:24	0:00:55	0:20:58	1:18:42
13	25	W1	Noel	O'Regan	Male	50+		0:16:08	0:01:01	0:39:56	0:01:09	0:20:35	1:18:52
14	13	W1	Robert	Swan	Male	50+		0:14:15	0:01:22	0:40:11	0:01:09	0:22:01	1:19:01
15	80	W2	Eanna	Grennan	Male	16-19		0:14:15	0:01:07	0:42:56	0:00:37	0:20:11	1:19:07
16	69	W2	Vincent	Darcy	Male	35-49		0:15:17	0:01:18	0:39:59	0:01:06	0:21:28	1:19:10
17	28	W1	Liam	Kenny	Male	35-49		0:16:37	0:03:12	0:37:36	0:01:31	0:21:36	1:20:34
18	14	W1	Patrick	Holden	Male	16-19		0:13:26	0:02:17	0:40:24	0:01:07	0:23:38	1:20:54
19	96	W2	Vinny	Power	Male	50+		0:17:13	0:00:58	0:40:29	0:01:06	0:21:12	1:21:00
20	238	W3	Callum	Carton	Relay	Relay	Gooserockers	0:17:53	0:00:28	0:40:27	0:00:44	0:21:26	1:21:01
21	67	W2	Will	O'Reilly	Male	35-49		0:17:21	0:01:02	0:39:40	0:01:00	0:22:59	1:22:04
22	239	W3	Samuel	Duggan	Relay	Relay	Dynamic Duo	0:17:13	0:00:18	0:44:00	0:00:46	0:19:56	1:22:14
23	29	W1	William	Dawson	Male	35-49		0:15:44	0:01:26	0:42:39	0:01:27	0:21:10	1:22:28
24	118	W2	Wesley	Waters	Male	35-49		0:17:24	0:01:36	0:40:29	0:01:04	0:21:58	1:22:33
25	7	W1	John	Golden	Male	20-34		0:13:44	0:02:01	0:41:41	0:00:51	0:25:12	1:23:31
26	53	W2	James	Keogh	Male	35-49		0:15:55	0:02:24	0:42:18	0:01:13	0:22:18	1:24:10
27	71	W2	Fabian	Flood	Male	50+		0:17:48	0:00:55	0:40:47	0:01:56	0:23:07	1:24:35
28	63	W2	Barry	O'Hea	Male	20-34		0:16:52	0:03:00	0:42:08	0:01:19	0:21:17	1:24:38
29	106	W2	Ian	Stenson	Male	50+		0:16:30	0:02:35	0:42:11	0:01:19	0:22:06	1:24:43
30	84	W2	Mark	Gunning	Male	20-34		0:19:15	0:01:58	0:40:57	0:00:55	0:21:47	1:24:55
31	68	W2	Sean	Cairns	Male	35-49		0:15:51	0:02:03	0:43:21	0:01:23	0:22:31	1:25:12
32	187	W3	Ryan	Ellard	Male	20-34		0:16:28	0:01:53	0:44:26	0:00:43	0:22:01	1:25:32
33	76	W2	craig	summers	Male	35-49		0:14:54	0:01:04	0:43:29	0:01:25	0:25:15	1:26:09
34	74	W2	Ian	Keohan	Male	20-34		0:18:39	0:01:01	0:40:06	0:01:15	0:25:32	1:26:34
35	108	W2	Krzysztof	Matecki	Male	35-49		0:18:47	0:02:49	0:37:37	0:01:12	0:26:21	1:26:49
36	27	W1	Neil	Phelan	Male	20-34		0:14:55	0:01:47	0:45:57	0:00:47	0:23:29	1:26:57
37	89	W2	Clare	Barrett	Female	20-34		0:17:17	0:01:44	0:44:01	0:01:29	0:22:26	1:26:58
38	156	W3	Darragh	Buckley	Male	20-34		0:15:53	0:02:18	0:45:19	0:01:59	0:21:33	1:27:03
39	6	W1	Sam	Prendergast	Male	20-34		0:15:53	0:02:05	0:43:21	0:01:00	0:24:46	1:27:07
40	73	W2	Dara	Fahy	Male	35-49		0:15:42	0:01:38	0:44:41	0:00:47	0:24:45	1:27:34
41	32	W1	Des	Carbery	Male	50+		0:17:01	0:02:42	0:43:51	0:01:27	0:22:30	1:27:34
42	82	W2	Radomir	Ivanov	Male	35-49		0:18:33	0:02:06	0:43:22	0:01:34	0:22:11	1:27:47
43	5	W1	James	Ryan	Male	20-34		0:14:40	0:01:45	0:42:07	0:00:47	0:29:24	1:28:44
44	15	W1	Joe	Gubbins	Male	35-49		0:17:38	0:04:48	0:41:59	0:01:17	0:23:03	1:28:47
45	85	W2	David	Walsh	Male	20-34		0:18:25	0:01:29	0:44:37	0:01:27	0:22:47	1:28:48
46	58	W2	Jakob	Nilsson	Male	50+		0:15:07	0:04:28	0:43:01	0:01:52	0:24:21	1:28:52
47	64	W2	Derek	O'donnell	Male	50+		0:17:15	0:03:56	0:44:41	0:01:07	0:21:57	1:28:59
48	33	W1	Paddy	Morris	Male	20-34		0:16:32	0:02:02	0:46:19	0:01:02	0:23:03	1:29:00
49	114	W2	Althea	Loneragan	Female	20-34		0:18:54	0:01:53	0:45:05	0:00:39	0:22:35	1:29:08
50	115	W2	Daniel	Connolly	Male	35-49		0:17:47	0:02:46	0:43:32	0:01:22	0:23:43	1:29:12
51	10	W1	Clodagh	Stapleton	Female	16-19		0:18:55	0:01:04	0:45:07	0:00:45	0:23:24	1:29:18
52	117	W2	Marcus	Linehan	Male	35-49		0:19:07	0:01:35	0:44:49	0:00:42	0:23:08	1:29:23
53	203	W3	Anthony	Dowd	Male	50+		0:22:42	0:04:50	0:41:15	0:00:47	0:20:01	1:29:38
54	112	W2	Cormac	O'connor	Male	35-49		0:18:55	0:01:44	0:43:22	0:01:12	0:24:39	1:29:54
55	155	W3	Martin	Wickham	Male	50+		0:14:47	0:04:26	0:44:37	0:02:03	0:24:22	1:30:17
56	65	W2	Maggie	Murphy	Female	35-49		0:17:42	0:01:33	0:43:59	0:01:07	0:26:15	1:30:38
57	30	W1	Brendan	Mannix	Male	50+		0:21:22	0:01:40	0:41:40	0:01:46	0:24:43	1:31:13
58	165	W3	Alan	McIntyre	Male	35-49		0:22:02	0:02:05	0:43:49	0:00:57	0:22:25	1:31:20
59	146	W3	Jamie	Sage	Male	20-34		0:19:10	0:02:20	0:44:35	0:01:50	0:23:39	1:31:35
60	109	W2	Shane	Lawless	Male	35-49		0:18:51	0:02:07	0:44:14	0:01:44	0:24:41	1:31:40
61	102	W2	Niall	Comerford	Male	50+		0:21:28	0:02:20	0:42:37	0:01:30	0:24:10	1:32:08
62	170	W3	Joseph	Hart	Male	35-49		0:23:41	0:02:28	0:40:17	0:01:18	0:24:46	1:32:32
63	111	W2	Noel	Hannan	Male	50+		0:22:22	0:01:37	0:43:29	0:01:19	0:23:47	1:32:35
64	148	W3	Sean	Murphy	Male	50+		0:20:34	0:02:38	0:43:07	0:01:04	0:25:13	1:32:38
65	93	W2	Bernard	Macken	Male	35-49		0:21:17	0:01:20	0:44:55	0:00:50	0:24:16	1:32:41
66	94	W2	Jim	Hughes	Male	35-49		0:17:40	0:02:05	0:47:30	0:01:27	0:24:09	1:32:51
67	164	W3	Daniel	Browne	Male	20-34		0:20:11	0:03:11	0:43:11	0:01:47	0:24:31	1:32:53
68	199	W3	John	Cleary	Male	35-49		0:18:58	0:02:04	0:45:48	0:01:23	0:24:49	1:33:04
69	12	W1	Sean	Dunne	Male	20-34		0:13:15	0:02:11	0:47:40	0:00:41	0:29:16	1:33:05
70	8	W1	Kevin	Golden	Male	20-34		0:19:28	0:02:41	0:46:42	0:01:01	0:23:18	1:33:13
71	188	W3	andrew	paul	Male	20-34		0:20:45	0:02:50	0:45:44	0:00:48	0:24:05	1:34:13
72	77	W2	Stephen	Howard	Male	35-49		0:15:50	0:02:38	0:48:57	0:01:35	0:25:12	1:34:15
73	92	W2	Keith	Cremen	Male	35-49		0:20:47	0:02:30	0:45:30	0:00:39	0:25:52	1:35:19
74	162	W3	Wayne	Clifford	Male	35-49		0:19:21	0:05:35	0:44:55	0:01:50	0:23:46	1:35:28
75	173	W3	Ian	Nolan	Male	20-34		0:20:57	0:04:56	0:44:35	0:01:53	0:23:08	1:35:31
76	21	W1	Clare	Nolan	Female	20-34		0:17:47	0:02:36	0:48:38	0:01:18	0:25:25	1:35:46
77	150	W3	David	Mullins	Male	35-49		0:16:39	0:03:06	0:48:14	0:02:14	0:25:36	1:35:52
78	185	W3	Brian	Bergin	Male	35-49		0:18:34	0:04:12	0:46:17	0:01:10	0:25:43	1:35:57
79	147	W3	Paul	Dempsey	Male	35-49		0:18:59	0:02:24	0:45:30	0:01:06	0:28:17	1:36:18
80	168	W3	Jennifer	Mcgrattan	Female	35-49		0:16:52	0:01:44	0:49:42	0:01:13	0:27:00	1:36:33
81	62	W2	Mark	Howard	Male	35-49		0:17:16	0:03:07	0:48:43	0:01:13	0:26:13	1:36:34
82	233	W3	Lesley	Coleman	Relay	Relay	Kilmore Trio	0:17:52	0:00:36	0:48:45	0:00:57	0:28:29	1:36:41
83	61	W2	Sandra	Bates	Female	50+		0:15:09	0:04:47	0:47:09	0:01:11	0:28:27	1:36:44
84	107	W2	Carol	Hodgins	Female	35-49		0:19:28	0:02:49	0:48:54	0:00:37	0:25:01	1:36:50
85	79	W2	Bob	Crosbie	Male	50+		0:18:49	0:02:39	0:49:11	0:02:34	0:23:46	1:37:02

86	83	W2	Barry	O'Connor	Male	35-49		0:17:28	0:02:22	0:52:44	0:01:10	0:23:27	1:37:13
87	237	W3	Ultan	McIntyre	Relay	Relay	The Tri Hards	0:20:51	0:00:39	0:49:12	0:00:41	0:25:49	1:37:14
88	101	W2	Stephen	McCourt	Male	35-49		0:21:56	0:01:56	0:43:07	0:02:21	0:28:00	1:37:23
89	163	W3	Robert	Mulligan	Male	35-49		0:21:01	0:02:29	0:44:43	0:03:07	0:26:08	1:37:30
90	131	W3	Yvonne	Jordan	Female	50+		0:20:18	0:02:37	0:45:17	0:01:12	0:28:08	1:37:34
91	95	W2	Pat	O'Sullivan	Male	50+		0:20:28	0:02:22	0:45:17	0:02:24	0:27:01	1:37:34
92	154	W3	Michael	Foley	Male	50+		0:21:12	0:01:18	0:47:08	0:01:23	0:26:45	1:37:48
93	136	W3	Mark	White	Male	35-49		0:19:16	0:02:04	0:45:24	0:01:27	0:29:38	1:37:50
94	235	W3	Niamh	O'Brien	Relay	Relay	Oweniamh	0:16:52	0:00:23	0:50:46	0:01:22	0:28:30	1:37:54
95	56	W2	Deirdre	O'Reilly	Female	50+		0:18:33	0:02:11	0:46:40	0:01:18	0:29:19	1:38:03
96	160	W3	Artur	Irluk	Male	35-49		0:19:18	0:08:21	0:43:08	0:02:05	0:25:27	1:38:20
97	57	W2	Philip	Doyle	Male	20-34		0:18:34	0:03:54	0:46:54	0:02:08	0:27:17	1:38:48
98	166	W3	Brian	Roche	Male	20-34		0:22:01	0:05:04	0:49:29	0:01:29	0:20:52	1:38:56
99	232	W3	Karen	Whelan	Relay	Relay	Team Queen	0:19:22	0:00:42	0:49:49	0:00:49	0:28:15	1:38:59
100	103	W2	Thomas	Halligan	Male	20-34		0:19:05	0:03:31	0:52:21	0:02:24	0:21:55	1:39:18
101	98	W2	Aileen	Garvey	Female	35-49		0:24:54	0:01:59	0:45:31	0:00:51	0:26:14	1:39:30
102	171	W3	Eoin	Clancy	Male	20-34		0:18:02	0:07:12	0:44:15	0:04:30	0:25:33	1:39:35
103	145	W3	Declan	Doyle	Male	50+		0:19:59	0:03:09	0:45:52	0:02:08	0:28:33	1:39:42
104	172	W3	Mark	Henry	Male	35-49		0:21:25	0:05:25	0:45:05	0:02:03	0:25:42	1:39:42
105	140	W3	Polly	Paul	Female	20-34		0:18:52	0:03:17	0:50:09	0:00:58	0:26:37	1:39:54
106	16	W1	Cathy	McCabe	Female	16-19		0:13:04	0:03:36	0:54:07	0:01:17	0:28:03	1:40:08
107	175	W3	Aisling	Walsh	Female	35-49		0:18:17	0:02:49	0:46:02	0:02:00	0:31:03	1:40:12
108	183	W3	Leslie	Bates	Male	50+		0:20:40	0:03:40	0:41:38	0:02:48	0:31:24	1:40:12
109	22	W1	John	Crehan	Male	35-49		0:16:24	0:01:43	0:48:20	0:01:22	0:32:28	1:40:19
110	88	W2	Aideen	Byrne	Female	35-49		0:19:28	0:01:18	0:50:47	0:01:18	0:27:47	1:40:40
111	75	W2	John	Phillips	Male	35-49		0:18:19	0:01:52	0:45:54	0:02:07	0:32:44	1:40:58
112	241	W3	Shay	Howlin	Relay	Relay	Howlin Wolf	0:21:07	0:05:11	0:47:37	0:00:45	0:27:14	1:41:56
113	192	W3	Gerry	Moran	Male	50+		0:21:04	0:04:11	0:46:34	0:02:10	0:28:05	1:42:06
114	55	W2	Marion	Galvin	Female	35-49		0:18:03	0:02:26	0:49:37	0:01:14	0:30:59	1:42:20
115	231	W3	Carol	Stacey	Relay	Relay	3 Hookers Trying a Tri	0:20:28	0:00:32	0:51:09	0:00:57	0:29:21	1:42:28
116	51	W2	Michael	Starkey	Male	50+		0:17:13	0:02:51	0:50:23	0:01:19	0:31:03	1:42:51
117	195	W3	Max	Kavanagh	Male	20-34		0:17:45	0:02:18	0:51:09	0:00:43	0:31:02	1:42:59
118	135	W3	Ava	Paul	Female	20-34		0:18:56	0:03:14	0:50:09	0:00:58	0:30:03	1:43:22
119	200	W3	Sean	Murphy	Male	35-49		0:25:48	0:00:26	0:48:06	0:01:08	0:29:46	1:45:15
120	182	W3	Craig	Doyle	Male	20-34		0:25:46	0:07:35	0:45:46	0:04:01	0:22:25	1:45:36
121	178	W3	Brian	Wilkinson	Male	35-49		0:23:39	0:05:02	0:50:36	0:01:38	0:25:50	1:46:48
122	191	W3	Kieran	Lordan	Male	50+		0:32:36	0:02:26	0:47:47	0:00:47	0:23:55	1:47:33
123	116	W2	KEVIN	GAHAN	Male	50+		0:20:15	0:03:35	0:47:37	0:01:48	0:34:49	1:48:06
124	149	W3	Ben	McPhillips	Male	50+		0:28:46	0:03:14	0:49:19	0:01:29	0:25:23	1:48:13
125	194	W3	niamh	murphy	Female	35-49		0:21:14	0:02:52	0:52:42	0:01:22	0:31:10	1:49:22
126	161	W3	Daniel	Arciniega	Male	35-49		0:26:21	0:02:49	0:45:45	0:02:01	0:32:33	1:49:32
127	132	W3	Thomas	Ahern	Male	35-49		0:23:23	0:03:36	0:53:04	0:02:38	0:27:08	1:49:52
128	193	W3	David	Murphy	Male	35-49		0:23:39	0:04:06	0:51:29	0:01:40	0:29:00	1:49:57
129	81	W2	David	O'Grady	Male	20-34		0:18:23	0:02:52	0:52:26	0:01:21	0:34:58	1:50:01
130	87	W2	Fiona	O'Reilly	Female	50+		0:21:17	0:01:47	0:51:00	0:02:33	0:33:27	1:50:07
131	100	W2	ciaran	mooney	Male	50+		0:25:10	0:05:54	0:49:46	0:01:01	0:28:58	1:50:52
132	234	W3	Christine	Moir	Relay	Relay	Choc Divas	0:20:38	0:01:03	0:53:30	0:01:04	0:34:35	1:50:52
133	134	W3	Siobhan	Ni Reamoinn	Female	50+		0:21:10	0:03:04	0:51:35	0:01:32	0:33:38	1:51:01
134	70	W2	Annemarie	Purcell	Female	35-49		0:20:55	0:02:52	0:54:35	0:02:05	0:30:56	1:51:26
135	66	W2	Aisling	O'Brien	Female	20-34		0:14:48	0:03:20	0:54:55	0:01:43	0:36:49	1:51:37
136	151	W3	Siobhan	O dea	Female	50+		0:24:03	0:04:12	0:51:53	0:02:27	0:30:06	1:52:43
137	180	W3	Edel	English	Female	50+		0:27:33	0:03:35	0:51:53	0:01:00	0:29:32	1:53:35
138	197	W3	Dzifa	Hollwey	Female	20-34		0:21:59	0:07:14	0:55:45	0:01:52	0:27:09	1:54:00
139	20	W1	Aoife	Swan	Female	35-49		0:22:20	0:04:28	0:49:29	0:01:42	0:36:02	1:54:04
140	190	W3	Brenton	Ward	Male	35-49		0:22:24	0:04:34	0:57:04	0:01:05	0:29:28	1:54:37
141	153	W3	Shane	Doyle	Male	20-34		0:29:08	0:04:09	0:50:17	0:03:08	0:28:10	1:54:54
142	99	W2	Marie	Mooney	Female	50+		0:30:05	0:03:26	0:53:59	0:01:03	0:27:18	1:55:53
143	201	W3	Polly	Lyons	Female	50+		0:21:25	0:04:46	0:54:37	0:02:12	0:33:19	1:56:21
144	141	W3	Aoife	Grogan	Female	20-34		0:24:39	0:03:59	0:56:36	0:00:48	0:30:33	1:56:37
145	196	W3	Aoife	Kavanagh	Female	20-34		0:22:00	0:06:53	0:56:03	0:01:53	0:29:59	1:56:50
146	169	W3	Mark	McDonnell	Male	20-34		0:29:42	0:04:05	0:52:16	0:00:58	0:30:20	1:57:24
147	91	W2	Gail	Nic Eoghain	Female	35-49		0:18:35	0:03:38	0:58:09	0:02:45	0:35:05	1:58:14
148	184	W3	Aodhagán	Swords	Male	50+		0:31:30	0:03:32	0:53:06	0:01:52	0:29:14	1:59:16
149	176	W3	Lorraine	Whelan	Female	35-49		0:21:06	0:05:03	0:54:10	0:02:43	0:36:38	1:59:42
150	177	W3	Stephen	Whelan	Male	50+		0:32:14	0:01:08	0:57:51	0:01:10	0:27:18	1:59:42
151	50	W2	Sharon	Owen	Female	50+		0:20:22	0:04:52	0:58:51	0:01:26	0:35:19	2:00:51
152	105	W2	Roisin	Murphy	Female	20-34		0:21:52	0:04:48	0:59:48	0:01:22	0:33:58	2:01:51
153	97	W2	Gareth	McCarthy	Male	50+		0:20:12	0:02:21	0:56:58	0:01:53	0:40:41	2:02:08
154	174	W3	PAUL	Nolan	Male	50+		0:37:22	0:04:48	0:49:50	0:01:54	0:28:29	2:02:25
155	86	W2	Muireann	Kennedy	Female	20-34		0:21:39	0:04:44	1:00:00	0:01:28	0:40:18	2:08:11
156	158	W3	Fiona	Keogh	Female	35-49		0:29:36	0:06:17	0:57:31	0:03:51	0:40:39	2:08:56
157	202	W3	Ciara	Morrisey	Female	20-34		0:29:12	0:05:31	1:01:51	0:01:06	0:32:30	2:10:12
158	179	W3	Niamh	Cunningham	Female	20-34		0:23:03	0:11:37	1:01:51	0:01:08	0:32:32	2:10:13
159	240	W3	Sara	Kennedy	Relay	Relay	Speedmachines	0:22:00	0:01:12	1:09:32	0:00:54	0:36:45	2:10:24
160	254	W3						0:25:45	0:07:12	0:53:47			No Time