

Place	Number	Wave	Name	Surname	Sex	Cat	Club	Run 1	T1	Cycle	T2	Run2	Finish
1	25	1	Alex	Gray	M	30 to 34		0:09:21	0:00:27	0:35:16	0:00:22	0:17:17	1:02:44
2	65	1	Michael	Scully	M	35 to 39	Clonmel TC	0:09:46	0:00:38	0:34:41	0:00:33	0:19:10	1:04:50
3	74	1	John paul	Vereker	M	40 to 44	Waterford Triathlon Club	0:10:27	0:00:29	0:37:15	0:00:29	0:18:37	1:07:19
4	51	1	Shane	O Neill	M	35 to 39	Belpark Triathlon Club	0:10:17	0:00:37	0:36:36	0:00:31	0:19:33	1:07:35
5	82	3	Marcin	Mizgajski	M	Relay		0:11:49	0:00:23	0:32:51		0:22:47	1:07:50
6	49	1	John	O connell	M	40 to 44	Cork Triathlon Club	0:10:24	0:00:37	0:37:13	0:00:37	0:20:24	1:09:16
7	34	1	Ian	Kavanagh	M	35 to 39		0:10:15	0:00:53	0:38:58	0:00:56	0:19:00	1:10:04
8	6	1	Jack	Butler	M	20 to 24	Wexford TC	0:10:09	0:00:55	0:38:55	0:00:53	0:19:31	1:10:25
9	298	1	Matt	Coughlan	M	40 to 44		0:10:46	0:00:36	0:38:12	0:00:34	0:20:35	1:10:44
10	29	1	Anthony	Harpur	M	45 to 49	Wexford TC	0:10:58	0:00:53	0:38:15	0:00:47	0:20:10	1:11:04
11	58	1	Declan	Power	M	45 to 49	Waterford Triathlon Club	0:10:48	0:00:27	0:39:12	0:00:29	0:20:40	1:11:38
12	125	2	Justin	Hintze	M	30 to 34	Piranha Triathlon Club	0:10:41	0:00:40	0:39:41	0:00:49	0:20:55	1:12:48
13	10	1	Eric	Clonan	M	25 to 29	Piranha Triathlon Club	0:10:53	0:00:37	0:38:59	0:00:21	0:22:10	1:13:02
14	64	1	David	Ryan	M	50 to 54	Kilkenny Triathlon Club	0:10:53	0:00:56	0:40:31	0:00:43	0:21:34	1:14:40
15	204	3	Tom	Downes	M	30 to 34	Wicklow TC	0:10:45	0:00:34	0:42:13	0:00:33	0:21:42	1:15:48
16	169	2	Conal	Sherry	M	40 to 44	Belpark Triathlon Club	0:10:50	0:00:45	0:42:47	0:00:34	0:21:04	1:16:03
17	71	1	Adam	Swan	M	25 to 29		0:10:55	0:00:35	0:43:36	0:00:26	0:20:48	1:16:22
18	73	1	Tadhg	Tunstead	M	40 to 44		0:11:22	0:00:33	0:41:02	0:00:30	0:23:17	1:16:46
19	61	1	Sean	Redmond	M	30 to 34	T3 Triathlon Club	0:11:50	0:01:33	0:39:33	0:01:08	0:22:49	1:16:55
20	14	1	Jamie	Cullen	M	40 to 44	New Ross Triathlon Club	0:11:09	0:00:34	0:42:59	0:00:36	0:21:54	1:17:14
21	293	3	Clara	Hogan	F	30 to 34		0:11:15	0:00:56	0:42:51	0:00:39	0:21:37	1:17:19
22	117	2	Rory	Gallen	M	30 to 34		0:10:33	0:01:24	0:43:38	0:01:17	0:20:46	1:17:40
23	191	3	leon	callaghan	M	20 to 24		0:10:54	0:01:02	0:44:06	0:00:30	0:21:08	1:17:43
24	98	2	Rian	Carton	M	18 to 19		0:11:54	0:01:01	0:43:08	0:00:49	0:20:57	1:17:52
25	99	2	John	Casey	M	55 to 59		0:11:52	0:00:51	0:42:11	0:00:45	0:22:19	1:17:59
26	7	1	Isabelle	Cairns	F	30 to 34	Belpark Triathlon Club	0:11:22	0:00:33	0:43:26	0:00:37	0:22:09	1:18:10
27	48	1	John	Murphy	M	35 to 39	Kilkenny Triathlon Club	0:11:21	0:00:57	0:44:39	0:00:44	0:20:45	1:18:28
28	22	1	David	Furlong	M	45 to 49	Piranha Triathlon Club	0:11:52	0:00:48	0:43:54	0:00:52	0:21:17	1:18:45
29	1	1	Martin	Bohane	M	50 to 54	Cork Triathlon Club	0:12:02	0:00:18	0:43:46	0:00:23	0:22:47	1:19:18
30	181	3	Luke	Austin	M	30 to 34	Wexford TC	0:10:53	0:01:08	0:43:42	0:00:47	0:22:54	1:19:26
31	127	2	benjamin	horan	M	35 to 39		0:12:15	0:00:37	0:42:53	0:00:27	0:23:20	1:19:34
32	174	2	Wesley	Waters	M	45 to 49	New Ross Triathlon Club	0:12:07	0:01:03	0:42:41	0:01:08	0:22:48	1:19:49
33	69	1	Robert	Swan	M	50 to 54		0:12:05	0:01:03	0:42:11	0:01:09	0:23:23	1:19:53
34	163	2	Simon	Reddy	M	45 to 49		0:11:27	0:00:56	0:43:37	0:00:42	0:23:35	1:20:18
35	167	2	Joe	Sheehan	M	35 to 39	Wexford TC	0:12:32	0:00:50	0:42:09	0:00:39	0:24:35	1:20:48
36	234	3	Gene	Kearney	M	35 to 39	Wexford TC	0:10:57	0:01:13	0:46:33	0:01:03	0:21:07	1:20:55
37	118	2	Donal	Grant	M	40 to 44		0:11:55	0:01:12	0:44:47	0:00:49	0:22:16	1:21:01
38	145	2	Eamon	McConville	M	35 to 39		0:11:51	0:00:17	0:43:30	0:01:17	0:24:07	1:21:03
39	9	1	Des	Carbery	M	45 to 49		0:12:17	0:00:54	0:44:32	0:00:44	0:22:45	1:21:13
40	93	2	Darragh	Buckley	M	30 to 34	New Ross Triathlon Club	0:11:11	0:02:16	0:45:38	0:01:03	0:21:05	1:21:15
41	39	1	James	Keogh	M	35 to 39		0:11:40	0:00:56	0:44:45	0:00:50	0:23:04	1:21:16
42	140	2	Mark	Mansfield	M	40 to 44		0:12:51	0:00:53	0:42:50	0:00:39	0:24:18	1:21:32
43	86	3	Patrick	Carton	M	Relay		0:14:16	0:00:36	0:38:13	0:00:15	0:28:13	1:21:36
44	120	2	Mark	Gunning	M	30 to 34		0:12:43	0:01:02	0:43:44	0:00:43	0:23:45	1:21:59
45	121	2	Noel	Hannan	M	50 to 54		0:12:13	0:01:15	0:44:12	0:00:55	0:23:23	1:22:01
46	59	1	Sam	Prendergast	M	25 to 29		0:11:23	0:00:52	0:45:33	0:00:43	0:23:40	1:22:13
47	45	1	Neil	Mc Garry	M	20 to 24		0:12:05	0:00:39	0:45:03	0:00:27	0:23:57	1:22:13
48	112	2	David	Dunne	M	40 to 44		0:12:50	0:01:10	0:42:33	0:00:37	0:25:11	1:22:22
49	235	3	Daniel	Keating	M	25 to 29	New Ross Triathlon Club	0:11:07	0:01:32	0:43:31	0:01:00	0:25:36	1:22:49
50	154	2	Gareth	O'Brien	M	40 to 44	Setanta Triathlon Club	0:13:01	0:00:50	0:43:09	0:00:43	0:25:09	1:22:53
51	41	1	Brian	Kirwan	M	40 to 44	Wexford TC	0:12:20	0:01:35	0:44:41	0:01:02	0:23:23	1:23:02
52	164	2	Sean	Roche	M	30 to 34		0:12:13	0:00:26	0:46:48	0:00:24	0:23:09	1:23:02
53	28	1	Joe	Gubbins	M	40 to 44		0:12:33	0:01:11	0:44:31	0:01:32	0:23:20	1:23:08
54	105	2	Bob	Crosbie	M	55 to 59	New Ross Triathlon Club	0:12:31	0:01:33	0:44:02	0:01:16	0:23:45	1:23:08
55	13	1	Eamon	Cullen	M	35 to 39		0:12:57	0:01:05	0:44:41	0:00:54	0:23:41	1:23:20
56	150	2	Philip	Moloney	M	35 to 39		0:12:27	0:00:59	0:45:58	0:00:53	0:23:04	1:23:24
57	101	2	Niall	Comerford	M	55 to 59	Eden Tri Club	0:12:38	0:01:23	0:43:28	0:01:24	0:24:45	1:23:41
58	57	1	Niall	Power	M	45 to 49		0:13:22	0:00:54	0:43:28	0:00:47	0:25:16	1:23:49
59	12	1	Stephen	Costigan	M	30 to 34		0:12:23	0:01:44	0:44:57	0:01:04	0:23:42	1:23:52
60	20	1	James	Fitzgerald	M	30 to 34		0:12:00	0:01:29	0:45:30	0:01:45	0:23:11	1:23:57
61	195	3	James	Colgan	M	35 to 39		0:11:59	0:01:07	0:46:18	0:00:57	0:23:35	1:23:59
62	55	1	Sorcha	OConnor	F	25 to 29	Kilkenny Triathlon Club	0:12:25	0:00:42	0:45:48	0:00:32	0:24:30	1:24:00
63	24	1	John	Golden	M	25 to 29		0:11:30	0:00:37	0:46:51	0:00:37	0:24:29	1:24:06
64	46	1	Andrew	Montgomery	M	60 to 64		0:12:51	0:01:02	0:46:11	0:00:41	0:23:33	1:24:20
65	271	3	Dan	Nolan	M	16 to 17		0:11:13	0:01:03	0:49:20	0:00:37	0:22:11	1:24:25
66	16	1	Michael	Doyle	M	45 to 49		0:12:51	0:00:41	0:44:17	0:00:49	0:25:46	1:24:25
67	129	2	Jim	Hughes	M	40 to 44		0:12:44	0:00:53	0:45:39	0:00:46	0:24:31	1:24:36
68	8	1	Paul	Carberry	M	35 to 39		0:12:39	0:00:43	0:45:07	0:00:27	0:25:40	1:24:39
69	128	2	Michael	Howlin	M	35 to 39	New Ross Triathlon Club	0:11:58	0:00:59	0:47:00	0:00:45	0:24:09	1:24:52
70	70	1	Colum	Swan	M	45 to 49		0:11:49	0:00:53	0:46:59	0:00:59	0:24:14	1:24:56
71	212	3	Luke	Fitzgerald	M	20 to 24		0:11:17	0:00:58	0:49:12	0:00:38	0:22:52	1:24:59
72	239	3	Brian	Kingston	M	30 to 34		0:08:58	0:01:07	0:47:02	0:00:50	0:27:20	1:25:19
73	54	1	Joe	O'Keefe	M	55 to 59		0:12:52	0:00:20	0:47:39	0:00:25	0:24:06	1:25:25
74	280	3	Nathan	Prendergast	M	25 to 29		0:12:03	0:00:34	0:48:25	0:00:41	0:24:18	1:26:02
75	78	1	Gavin	Young	M	50 to 54		0:13:49	0:01:06	0:43:43	0:01:32	0:25:53	1:26:05
76	62	1	Neal	Rossiter	M	25 to 29	Belpark Triathlon Club	0:12:19	0:00:38	0:46:52	0:00:33	0:25:47	1:26:10
77	81	3	Georgina	Molloy	F	Relay	New Ross Triathlon Club	0:12:08	0:01:18	0:49:56	0:01:13	0:21:44	1:26:21
78	63	1	James	Ryan	M	30 to 34		0:14:42	0:00:37	0:42:46	0:00:37	0:27:50	1:26:35
79	209	3	Ciaran	Dwyer	M	25 to 29		0:12:19	0:00:47	0:48:01	0:01:22	0:24:35	1:27:05
80	254	3	Barry	McDonald	M	25 to 29		0:12:01	0:00:56	0:46:14	0:00:33	0:27:22	1:27:06
81	56	1	Neil	Phelan	M	25 to 29		0:12:06	0:01:05	0:48:04	0:00:45	0:25:20	1:27:22
82	276	3	Sheila	Ocallaghan	F	45 to 49	Kilkenny Triathlon Club	0:13:53	0:00:41	0:46:38	0:00:40	0:25:49	1:27:44
83	138	2	Marcus	Linehan	M	40 to 44	Wexford TC	0:12:57	0:01:20	0:49:20	0:00:35	0:23:59	1:28:13
84	47	1	Maggie	Murphy	F	40 to 44	New Ross Triathlon Club	0:14:13	0:01:07	0:46:08	0:00:43	0:26:13	1:28:25
85	288	3	Keith	Thornberry	M	40 to 44	Pulse TC	0:12:54	0:01:34	0:48:45	0:02:00	0:23:45	1:29:00
86	79	3	Callum	Carton	M	Relay		0:13:33	0:00:38	0:53:30	0:00:18	0:21:00	1:29:00
87	123	2	Tadhg	Henderson	M	45 to 49	Wexford TC	0:13:19	0:01:59	0:45:54	0:01:46	0:26:00	1:29:01
88	108	2	James	Dillon	M	25 to 29		0:12:28	0:00:45	0:48:47	0:00:40	0:26:29	1:29:12
89	100	2	Daire	Coleman	M	25 to 29		0:12:37	0:00:40	0:49:24	0:00:51	0:25:47	1:29:21
90	267	3	Donal	Murphy	M	55 to 59		0:14:11	0:01:07	0:44:44	0:01:19	0:28:06	1:29:28
91	186	3	Daniel	Browne	M	30 to 34		0:13:06	0:01:21	0:47:13	0:01:31	0:26:48	1:30:01
92	259	3	Claustre	Montaner Mangas	F	20 to 24		0:12:59	0:01:24	0:48:58	0:00:38	0:26:09	1:30:10
93	95	2	Greg	Campion	M	25 to							

101	143	2	Jason	Mc Menamin	M	30 to 34		0:13:02	0:00:53	0:52:55	0:00:34	0:23:33	1:30:59
102	200	3	Kevin	Cullen	M	50 to 54	3D Tri Club	0:14:06	0:00:46	0:48:51	0:00:45	0:26:35	1:31:05
103	223	3	Paul	Harpur	M	45 to 49	Wexford TC	0:13:02	0:01:15	0:50:20	0:01:07	0:25:29	1:31:15
104	275	3	Jason	O'Reilly	M	25 to 29		0:14:43	0:01:13	0:47:56	0:01:15	0:26:08	1:31:17
105	68	1	Victoria	Swan	F	30 to 34		0:12:04	0:01:15	0:53:08	0:00:50	0:24:07	1:31:27
106	149	2	Kate	Millea	F	45 to 49	Kilkenny Triathlon Club	0:12:44	0:00:46	0:53:02	0:00:46	0:24:19	1:31:39
107	192	3	Simon	Campion	M	30 to 34		0:11:07	0:10:09	0:41:20	0:01:03	0:28:02	1:31:43
108	283	3	Ciara	Rhagitan	F	45 to 49	Tinahely Tri Club	0:14:30	0:01:06	0:48:28	0:01:00	0:26:40	1:31:46
109	263	3	Robert	Mulligan	M	45 to 49	Waterford Triathlon Club	0:14:08	0:01:41	0:48:41	0:01:29	0:25:51	1:31:52
110	50	1	Eoin	O Malley	M	30 to 34		0:13:11	0:01:06	0:49:15	0:01:33	0:26:56	1:32:03
111	106	2	Paul	Cullen	M	50 to 54	New Ross Triathlon Club	0:14:34	0:00:42	0:48:04	0:01:01	0:27:51	1:32:15
112	232	3	Thomas	Ireland	M	30 to 34	Down Triathlon Club	0:13:41	0:01:19	0:46:10	0:01:59	0:29:05	1:32:16
113	227	3	Mark	Henry	M	45 to 49		0:13:03	0:01:11	0:50:32	0:01:07	0:26:27	1:32:22
114	282	3	Raymond	Reilly	M	55 to 59		0:12:39		10:39:49	0:00:38	0:26:08	1:32:23
115	43	1	Samantha	Large	F	45 to 49		0:13:51	0:00:24	0:51:10	0:00:43	0:26:20	1:32:31
116	252	3	Gillian	McConnell	F	40 to 44	Wicklow TC	0:14:29	0:01:19	0:48:54	0:00:45	0:27:19	1:32:47
117	157	2	Cormac	O'connor	M	40 to 44		0:15:08	0:01:05	0:46:35	0:02:10	0:27:47	1:32:47
118	139	2	Michelle	Madden	F	30 to 34		0:13:11	0:01:19	0:49:56	0:01:15	0:27:20	1:33:04
119	245	3	Chris	Lee	M	30 to 34		0:12:54	0:00:57	0:50:36	0:00:57	0:27:49	1:33:15
120	15	1	Sophie	Cunningham	F	30 to 34	Wexford TC	0:13:44	0:00:42	0:52:02	0:00:49	0:26:09	1:33:28
121	242	3	Elaine	Langley	F	35 to 39	Tried and Tested Dungarvan	0:12:38	0:01:03	0:55:33	0:00:51	0:23:24	1:33:31
122	173	2	David	Walsh	M	30 to 34	Wexford TC	0:13:06	0:01:20	0:50:10	0:01:03	0:28:00	1:33:41
123	202	3	Emmet	Donnelly	M	45 to 49		0:12:53	0:01:22	0:51:36	0:01:17	0:26:32	1:33:41
124	246	3	Kieran	Lowe	M	40 to 44	New Ross Triathlon Club	0:14:19	0:01:10	0:46:59	0:00:46	0:30:38	1:33:54
125	156	2	Peter	O'Connor	M	55 to 59	Carlow TC	0:14:50	0:01:18	0:48:43	0:00:52	0:28:21	1:34:06
126	161	2	Grace	O'Reilly	F	35 to 39	Carlow TC	0:14:31	0:01:16	0:50:21	0:01:34	0:26:44	1:34:27
127	83	3	Ann	Comerford	F	Relay	Eden Tri Club	0:18:19	0:00:35	0:46:09	0:00:21	0:29:12	1:34:37
128	206	3	Aidan	Doyle	M	35 to 39		0:14:03	0:00:37	0:52:04	0:01:00	0:27:12	1:34:58
129	231	3	Maighread	Ireland	F	30 to 34	Down Triathlon Club	0:13:38	0:01:48	0:50:50	0:01:34	0:27:10	1:35:02
130	176	2	Chris	Ryan	M	30 to 34		0:13:59	0:00:59	0:53:50	0:00:52	0:25:28	1:35:11
131	262	3	Pat	Morrissey	M	60 to 64	Wexford TC	0:14:10	0:01:13	0:52:58	0:01:03	0:25:59	1:35:25
132	258	3	Eric	Moloney	M	35 to 39		0:14:34	0:01:02	0:49:50	0:01:05	0:28:57	1:35:30
133	131	2	Yvonne	Jordan	F	55 to 59	Wexford TC	0:14:48	0:01:24	0:49:08	0:00:57	0:29:19	1:35:38
134	229	3	Stephen	Howard	M	40 to 44		0:13:43	0:01:06	0:52:10	0:01:00	0:27:42	1:35:44
135	126	2	Carol	Hodgins	F	40 to 44		0:14:27	0:00:50	0:52:23	0:00:34	0:27:36	1:35:51
136	290	3	Heather	Watson	F	20 to 24		0:14:05	0:00:52	0:52:37	0:00:56	0:27:20	1:35:51
137	278	3	Ashley	Peters	M	25 to 29		0:13:35	0:01:30	0:57:30	0:00:43	0:22:38	1:35:57
138	218	3	Brian	Gallagher	M	30 to 34	Waterford Triathlon Club	0:13:01	0:00:45	0:53:12	0:00:49	0:28:12	1:36:02
139	66	1	Geoffrey	Shorliffe	M	25 to 29		0:13:19	0:00:44	0:51:36	0:00:39	0:29:42	1:36:02
140	116	2	Siobhán	Farry	F	40 to 44	Midland Triathlon Club	0:12:50	0:01:06	0:55:33	0:01:23	0:25:24	1:36:18
141	146	2	Stephen	McCourt	M	45 to 49		0:17:25	0:01:46	0:46:29	0:01:43	0:29:03	1:36:26
142	213	3	Gertrude	Fitzpatrick	F	55 to 59	Belpark Triathlon Club	0:15:21	0:00:59	0:49:56	0:01:04	0:29:21	1:36:43
143	185	3	Amy	Browne	F	25 to 29		0:12:57	0:00:46	0:57:19	0:00:36	0:25:06	1:36:47
144	294	3	Brian	Willoughby	M	50 to 54		0:13:33	0:02:01	0:52:52	0:02:00	0:26:21	1:36:48
145	216	3	Tom	Furlong	F	40 to 44		0:13:40	0:01:28	0:52:25	0:01:04	0:28:15	1:36:54
146	244	3	Michael	Leavy	M	50 to 54		0:14:49	0:02:05	0:50:18	0:01:49	0:27:52	1:36:55
147	268	3	Denis	Murphy	M	35 to 39	Kinsale Triathlon Club	0:13:36	0:01:21	0:53:35	0:01:12	0:27:10	1:36:55
148	89	3	Joseph	Mahon	M	Relay		0:17:16	0:00:59	0:50:27	0:00:20	0:28:07	1:37:12
149	208	3	Ellen	Duggan	F	30 to 34		0:15:04	0:00:25	0:52:30	0:00:29	0:28:52	1:37:23
150	250	3	Conor	Mc garry	M	50 to 54	Naas TC	0:14:59	0:01:20	0:50:04	0:01:00	0:30:02	1:37:26
151	155	2	Lee	O'Brien	M	40 to 44		0:14:24	0:01:17	0:51:14	0:01:30	0:29:01	1:37:27
152	5	1	Alan	Buggy	M	40 to 44	Carlow TC	0:16:42	0:01:22	0:49:50	0:01:35	0:28:27	1:37:58
153	36	1	Nicholas	Kelly	M	25 to 29		0:11:52	0:01:05	1:00:52	0:01:16	0:23:11	1:38:18
154	219	3	Alan	Gallagher	M	30 to 34		0:13:01	0:00:41	0:55:21	0:00:37	0:28:38	1:38:21
155	92	2	Mark	Branigan	M	18 to 19		0:13:04	0:01:36	0:53:26	0:01:10	0:29:15	1:38:33
156	113	2	Roisin	Ellis	F	30 to 34		0:14:32	0:00:28	0:55:36	0:01:03	0:26:57	1:38:37
157	281	3	Adam	Raleigh	M	20 to 24	Kildare Town Running & Tri Club	0:15:42	0:01:25	0:51:57	0:01:01	0:28:33	1:38:41
158	87	3	Roisin	McInerney	F	Relay		0:14:28	0:01:26	0:56:04	0:00:21	0:26:21	1:38:41
159	225	3	Máiréad	Hayes	F	50 to 54	Kilkenny Triathlon Club	0:13:56	0:01:49	0:49:14	0:01:56	0:32:11	1:39:09
160	94	2	Al	Butler	M	45 to 49	Wexford TC	0:15:57	0:01:18	0:49:30	0:01:25	0:31:05	1:39:17
161	84	3	Jimmy	Molloy	M	Relay		0:13:07	0:00:37	1:02:33	0:00:16	0:23:09	1:39:44
162	220	3	Phil	Giffney	M	35 to 39		0:15:33	0:01:00	0:47:32	0:00:58	0:34:47	1:39:52
163	215	3	Brian	Foley	M	45 to 49		0:15:07	0:01:10	0:50:29	0:00:40	0:32:29	1:39:57
164	111	2	Ciaran	Dunne	M	18 to 19		0:12:45	0:01:05	0:55:41	0:00:49	0:29:37	1:39:59
165	256	3	Tony	McGrath	M	70 to 74	Wicklow TC	0:14:36	0:01:49	0:53:29	0:01:44	0:28:18	1:40:00
166	38	1	Grace	Kelly	F	25 to 29		0:15:13	0:00:56	0:53:32	0:00:57	0:29:41	1:40:21
167	238	3	John	Kieran	M	35 to 39		0:17:05	0:01:40	0:53:43	0:01:34	0:26:41	1:40:45
168	11	1	Mark	Comerford	M	30 to 34		0:13:09	0:01:06	0:58:00	0:01:46	0:26:55	1:40:59
169	165	2	Paula	Ronan	F	50 to 54	New Ross Triathlon Club	0:16:26	0:01:13	0:50:33	0:01:11	0:32:06	1:41:31
170	19	1	Uisne	Feeney	F	30 to 34		0:13:23	0:00:50	0:58:03	0:01:47	0:27:48	1:41:53
171	257	3	Alison	Merrigan	F	50 to 54	Carlow TC	0:12:40	0:02:01	0:58:36	0:01:08	0:27:29	1:41:56
172	148	2	Thiago	Melo Dos Santos	M	25 to 29		0:13:59	0:00:56	0:57:21	0:01:21	0:28:17	1:41:56
173	249	3	Fiachra	Maher	M	30 to 34		0:15:09	0:01:00	0:52:03	0:01:10	0:32:38	1:42:01
174	194	3	Eoin	Clancy	M	30 to 34		0:15:09	0:01:02	0:51:59	0:01:12	0:32:37	1:42:02
175	91	2	Dara	Bonar	M	25 to 29		0:14:30	0:00:57	0:57:00	0:01:03	0:28:48	1:42:20
176	189	3	Stephen	Byrne	M	25 to 29		0:13:41	0:01:23	0:58:28	0:00:54	0:28:13	1:42:41
177	177	2	Tory	Becker	F			0:16:42	0:01:03	0:55:57	0:01:34	0:27:24	1:42:41
178	261	3	Gerry	Moran	M	50 to 54		0:15:43	0:02:45	0:53:00	0:02:15	0:28:58	1:42:43
179	90	2	Ryan	Bissett	M	30 to 34	Naas TC	0:14:20	0:01:43	0:53:44	0:01:12	0:31:43	1:42:44
180	85	3	Cathy	O'Donoghue	F	Relay		0:14:33	0:00:48	1:00:19	0:00:20	0:27:08	1:43:10
181	88	3	Alonna	Byrne	F	Relay		0:16:31	0:00:28	0:55:03	0:00:21	0:30:45	1:43:10
182	180	3	Thomas	Ahern	M	45 to 49		0:13:57	0:02:37	0:58:53	0:02:12	0:25:56	1:43:38
183	217	3	Orla	Gahan	F	45 to 49		0:15:47	0:01:15	0:53:00	0:01:19	0:32:57	1:44:20
184	273	3	Hilary	O'neill	F	45 to 49		0:15:01	0:00:49	0:55:49	0:00:36	0:32:20	1:44:38
185	285	3	William	Shorliffe	M	35 to 39		0:15:05	0:01:19	0:55:37	0:01:06	0:31:49	1:44:59
186	135	2	Ruth	Kiernan	F	45 to 49	Galway Triathlon Club	0:17:04	0:01:30	0:50:56	0:01:18	0:34:11	1:45:00
187	23	1	KEVIN	GAHAN	M	55 to 59	Wexford TC	0:18:30	0:01:38	0:50:03	0:01:36	0:33:37	1:45:25
188	190	3	Gary	Cahill	M	30 to 34		0:14:31	0:01:10	0:59:45	0:01:11	0:28:54	1:45:33
189	4	1	Grace	Brickley	F	25 to 29		0:14:04	0:00:23	1:02:48	0:00:29	0:27:59	1:45:45
190	269	3	Aoife	Ni dhubhghaill	F	35 to 39		0:15:16	0:02:21	0:57:25	0:02:26	0:28:22	1:45:51
191	207	3	Christine	doyle	F	35 to 39		0:15:15	0:02:24	0:57:18	0:01:19	0:29:35	1:45:54
192	243	3	Joseph	Leacy	M	45 to 49		0:14:51	0:01:46	0:56:18	0:01:12	0:31:55	1:46:04
193	279	3	Dan	Power	M	30 to 34	</						

202	228	3	June	Heron	F	70 to 74	Carlow TC	0:15:24	0:01:14	1:01:34	0:01:22	0:30:28	1:50:04
203	211	3	Damien	Farren	M	60 to 64		0:17:18	0:02:17	0:57:11	0:01:50	0:32:07	1:50:45
204	270	3	ELAINE	NOLAN	F	30 to 34	Wicklow TC	0:17:21	0:01:04	0:54:34	0:00:57	0:37:09	1:51:08
205	286	3	Lisa	Stafford	F	50 to 54		0:15:46	0:01:32	0:58:49	0:01:27	0:33:41	1:51:17
206	152	2	Siobhan	Ni Reamoinn	F	55 to 59	Carlow TC	0:16:51	0:01:26	0:57:32	0:01:04	0:34:26	1:51:21
207	201	3	Estelle	Davis	F	40 to 44		0:15:29	0:02:17	1:01:24	0:01:03	0:31:35	1:51:50
208	196	3	Greg	Collison	M	30 to 34		0:15:23	0:01:25	1:01:18	0:01:15	0:32:36	1:51:59
209	226	3	Jane	Heffernan	F	50 to 54		0:15:39	0:02:19	0:58:29	0:02:08	0:33:34	1:52:10
210	162	2	Geraldine	Ramage	F	45 to 49		0:18:21	0:01:56	0:56:35	0:01:51	0:33:31	1:52:16
211	253	3	Una	Mccullagh	F	45 to 49		0:16:47	0:01:55	1:00:43	0:01:22	0:31:36	1:52:25
212	287	3	Aoife	Swan	F	45 to 49		0:16:59	0:01:39	0:54:19	0:01:24	0:38:53	1:53:17
213	141	2	Niamh	Maye	F	45 to 49	Kilkenny Triathlon Club	0:17:32	0:01:38	0:58:55	0:01:09	0:34:59	1:54:15
214	197	3	Eleanor	Connolly	F	30 to 34		0:14:29	0:00:58	1:04:56	0:00:46	0:33:10	1:54:22
215	175	2	Eoin	Wilson	M	45 to 49	Kilkenny Triathlon Club	0:19:32	0:00:51	0:55:06	0:00:48	0:39:45	1:56:04
216	203	3	David	Dowling	M	50 to 54		0:17:46	0:02:05	0:57:10	0:02:20	0:37:57	1:57:20
217	32	1	Jessica	jennings	F	30 to 34		0:16:52	0:01:05	1:01:41	0:01:27	0:36:32	1:57:39
218	183	3	Neil	Bannon		50 to 54		0:17:25	0:02:22	1:00:02	0:03:01	0:38:13	2:01:05
219	272	3	Bridget	Nowlan	F	50 to 54		0:16:57	0:01:36	1:07:09	0:01:09	0:34:28	2:01:21
220	76	1	Amy	Walsh	F	25 to 29		0:16:34	0:00:24	1:09:13	0:00:46	0:36:01	2:03:01
221	214	3	Jean	Fogarty	F	50 to 54	Wicklow TC	0:18:33	0:01:33	1:02:57	0:01:15	0:38:50	2:03:10
222	255	3	Marie	mcginley	F	55 to 59		0:20:59	0:01:08	1:09:08	0:01:04	0:44:29	2:16:50
223	291	3	Stephen	Whelan	M	50 to 54		0:17:17	0:02:03	1:07:25	0:03:42	0:47:14	2:17:44
224	292	3	Lorraine	Whelan	F	45 to 49	New Ross Triathlon Club	0:19:40	0:02:54	1:01:41	0:05:07	0:48:20	2:17:44
	26	1	David	Green	M	60 to 64		0:15:05	0:01:15	0:47:24	0:01:07		DNF
	230	3	Shay	Howlin	M	50 to 54		0:15:42	0:03:01	0:51:54	0:02:09		DNF
	247	3	Don	Lytleton	M	55 to 59	Wexford TC	0:15:17	0:02:55	0:49:42			DNF
	198	3	Titouan	Conseil	M	20 to 24		0:12:00	0:00:35				DNF
	205	3	Declan	Doyle	M	60 to 64		0:16:05	0:01:39				DNF