

Place	Bib	TI Number	Wave	Name	Surname	Sex	Cat	Club	Swim	Rank	T1	Cycle	Rank	T2	Run	Rank	Finish	Penalty	Total
1	2	10020124	1	Eoin	Lyons	M	25-29	Waterford TC	0:08:50	(1)	0:01:10	0:32:08	(7)	0:00:38	0:17:13	(1)	1:00:00		1:00:00
2	291	10031481	4	Michael	Barry	M	30-34	Piranha TC	0:10:08	(14)	0:01:22	0:31:20	(1)	0:00:40	0:18:44	(13)	1:02:15		1:02:15
3	37	10040794	1	Donncha	Kiely	M	30-34	Cork TC	0:10:43	(28)	0:01:23	0:31:58	(6)	0:00:47	0:17:46	(3)	1:02:37		1:02:37
4	3	10016378	1	Brendan	Crawford	M	35-39	Belpark TC	0:10:02	(11)	0:01:20	0:31:57	(5)	0:00:36	0:18:46	(16)	1:02:42		1:02:42
5	18	10011945	1	Paul	Ogle	M	35-39	Waterford TC	0:10:38	(25)	0:01:32	0:31:33	(3)	0:00:41	0:18:33	(12)	1:02:58		1:02:58
6	102	10001211	2	Noel	Kavanagh	M	35-39	Wicklow TC	0:10:45	(30)	0:01:11	0:33:00	(15)	0:00:35	0:17:30	(2)	1:03:01		1:03:01
7	9	10001736	1	Mark	O'Duffy	M	30-34	Kilkenny TC	0:10:44	(29)	0:01:16	0:31:47	(4)	0:00:39	0:19:08	(20)	1:03:35		1:03:35
8	63	10010441	1	Tom	Mcenery	M	25-29	Piranha TC	0:09:58	(9)	0:01:34	0:33:30	(22)	0:00:45	0:18:20	(6)	1:04:08		1:04:08
9	34	10002105	1	Richard	Doyle	M	40-44	Piranha TC	0:11:03	(46)	0:01:28	0:33:26	(21)	0:00:37	0:17:54	(4)	1:04:28		1:04:28
10	51	10001105	1	Shane	Scadding	M	45-49	Waterford TC	0:11:34	(83)	0:01:34	0:31:24	(2)	0:00:43	0:19:16	(24)	1:04:32		1:04:32
11	28		1	David	Shelley	M	30-34	Trilogy Triathlon Club									1:04:49		1:04:49
12	50	10044772	1	John	Hayden	M	30-34	Waterford TC	0:11:30	(79)	0:01:29	0:32:26	(9)	0:00:49	0:18:45	(15)	1:05:00		1:05:00
13	7	10052441	1	Tieman	Burke	M	16-17		0:09:22	(3)	0:01:22	0:33:58	(31)	0:00:34	0:19:45	(39)	1:05:02		1:05:02
14	75	10030136	1	Ben	Malone	M	25-29	Belpark TC	0:11:10	(58)	0:01:28	0:33:20	(20)	0:00:38	0:18:45	(14)	1:05:21		1:05:21
15	24	10000823	1	David	Cahill	M	35-39	Piranha TC	0:10:07	(13)	0:01:36	0:33:18	(19)	0:00:57	0:19:31	(32)	1:05:29		1:05:29
16	5	10029855	1	Philip	O leary	M	35-39	Waterford TC	0:10:55	(38)	0:01:29	0:33:53	(29)	0:00:42	0:18:33	(11)	1:05:32		1:05:32
17	6	10036955	1	Ben	Vahey	M	18-19	Predator TC	0:09:45	(5)	0:01:22	0:33:33	(23)	0:00:39	0:20:24	(53)	1:05:41		1:05:41
18	85	10043507	1	Kevin	Beades	M	25-29	Piranha TC	0:11:21	(66)	0:01:35	0:32:39	(10)	0:00:48	0:19:19	(25)	1:05:43		1:05:43
19	44	10002051	1	Ivan	Eustace	M	40-44	Piranha TC	0:10:30	(19)	0:01:33	0:33:01	(16)	0:00:43	0:20:12	(48)	1:05:59		1:05:59
20	21	10029056	1	Mark	Doyle	M	30-34		0:10:52	(35)	0:01:28	0:32:15	(8)	0:00:43	0:20:53	(82)	1:06:11		1:06:11
21	191	10024387	3	Owen	O'connor	M	40-44	Cork TC	0:11:12	(60)	0:01:20	0:33:02	(17)	0:00:41	0:20:49	(76)	1:07:04		1:07:04
22	56	10001249	1	Eoin	Molloy	M	40-44		0:10:36	(22)	0:01:33	0:34:00	(33)	0:00:43	0:20:21	(51)	1:07:14		1:07:14
23	154	10001718	2	William	Owens	M	35-39	Piranha TC	0:12:04	(138)	0:02:08	0:32:56	(12)	0:01:00	0:19:09	(21)	1:07:17		1:07:17
24	84	10002273	1	Hugh	Carberry	M	40-44	Phoenix TC	0:11:19	(64)	0:01:34	0:32:43	(11)	0:00:46	0:21:03	(92)	1:07:25		1:07:25
25	49	10000671	1	Dave	Murphy	M	40-44	Trilogy Triathlon Club	0:10:48	(32)	0:01:34	0:33:49	(28)	0:00:48	0:20:33	(61)	1:07:31		1:07:31
26	62	10032063	1	Roger	Rice	M	40-44	Piranha TC	0:11:06	(50)	0:01:30	0:34:35	(43)	0:00:41	0:19:41	(37)	1:07:32		1:07:32
27	53	10016351	1	Darren	Stanley	M	35-39		0:11:08	(55)	0:01:59	0:32:59	(13)	0:00:44	0:20:52	(81)	1:07:42		1:07:42
28	105	10037106	2	Dermot	Logue	M	40-44		0:12:38	(211)	0:01:48	0:33:53	(30)	0:00:39	0:18:47	(17)	1:07:44		1:07:44
29	41	10017574	1	Brian	Murphy	M	30-34	Naas TC	0:11:44	(104)	0:01:35	0:34:42	(51)	0:00:40	0:19:10	(22)	1:07:51		1:07:51
30	60	10002096	1	John	Mangan	M	45-49	GoTri TC	0:10:41	(27)	0:01:23	0:34:12	(36)	0:00:45	0:20:53	(83)	1:07:53		1:07:53
31	4	10000980	1	Darren	Cranston	M	35-39	Phoenix TC	0:09:49	(7)	0:01:33	0:35:09	(65)	0:00:43	0:20:41	(72)	1:07:55		1:07:55
32	15	10001927	1	Mark	Dunne	M	30-34	Pulse Triathlon Club	0:10:33	(20)	0:01:30	0:35:12	(67)	0:00:38	0:20:11	(47)	1:08:03		1:08:03
33	90	10053627	2	Brian	Sanders	M	40-44	South Coast TC	0:10:14	(15)	0:01:27	0:34:55	(55)	0:00:39	0:20:49	(77)	1:08:04		1:08:04
34	118	10016924	2	Kenneth	Morris	M	45-49	Activmultisport TC	0:11:41	(94)	0:01:20	0:34:33	(40)	0:00:43	0:20:01	(41)	1:08:18		1:08:18
35	57	10001147	1	Michael	Bowes	M	45-49	Waterford TC	0:11:44	(101)	0:02:13	0:33:00	(14)	0:00:50	0:20:35	(62)	1:08:21		1:08:21
36	190	10001139	3	David	Power	M	30-34	Belpark TC	0:11:06	(52)	0:01:27	0:36:56	(123)	0:00:47	0:18:08	(5)	1:08:23		1:08:23
37	107	10043349	2	Dennis	Lyons	M	40-44		0:12:33	(202)	0:01:45	0:35:01	(58)	0:00:46	0:18:26	(7)	1:08:30		1:08:30
38	69	10011842	1	Martin	O'Connor	M	40-44	Activmultisport TC	0:10:52	(34)	0:01:34	0:33:35	(26)	0:00:46	0:21:54	(144)	1:08:40		1:08:40
39	64	10031282	1	Aine	Donegan	F	25-29		0:10:39	(26)	0:01:20	0:35:21	(72)	0:01:11	0:20:12	(49)	1:08:43		1:08:43
40	61	10001610	1	John	Wilson	M	35-39	Kilkenny TC	0:11:08	(57)	0:01:33	0:35:01	(59)	0:00:48	0:20:16	(50)	1:08:46		1:08:46
41	110	10004313	2	Aileen	Flynn	F	40-44		0:12:38	(214)	0:01:43	0:33:05	(18)	0:00:56	0:20:24	(55)	1:08:46		1:08:46
42	95	10003281	2	Seamus	Fingleton	M	40-44	Trilogy Triathlon Club	0:10:58	(40)	0:01:28	0:35:30	(75)	0:00:40	0:20:36	(67)	1:09:12		1:09:12
43	10	10001591	1	Tadhg	Cowhig	M	35-39	Naas TC	0:10:20	(16)	0:01:25	0:34:41	(50)	0:00:54	0:21:52	(141)	1:09:12		1:09:12
44	198	10047714	3	Graham	Dillon	M	30-34	Activmultisport TC	0:12:39	(216)	0:01:30	0:34:43	(52)	0:00:48	0:19:33	(33)	1:09:13		1:09:13
45	160	10039302	2	Ciaran	Delaney	M	30-34	Pulse Triathlon Club	0:12:15	(159)	0:02:00	0:35:48	(83)	0:00:41	0:18:29	(9)	1:09:13		1:09:13
46	234	10001213	3	Stephen	Perry	M	35-39	Tinahely TC	0:13:09	(275)	0:01:57	0:33:59	(32)	0:00:39	0:19:30	(31)	1:09:15		1:09:15
47	16	10026467	1	Lizanne	Barnwall	F	30-34	Pulse Triathlon Club	0:11:46	(107)	0:01:32	0:34:20	(38)	0:00:44	0:20:53	(84)	1:09:15		1:09:15
48	113	10020134	2	Stephen	Eustace	M	40-44	Piranha TC	0:12:39	(217)	0:01:41	0:33:34	(25)	0:00:47	0:20:36	(64)	1:09:17		1:09:17
49	341	10034998	5	William	Morris	M	40-44	Activmultisport TC	0:11:05	(49)	0:02:01	0:36:19	(100)	0:01:02	0:18:53	(18)	1:09:20		1:09:20
50	193	10018681	3	Robert	Cunningham	M	30-34	Kilkenny TC	0:11:47	(108)	0:01:44	0:34:35	(44)	0:01:08	0:20:07	(44)	1:09:21		1:09:21

51	195	10023884	3	Mark	Kilpatrick	M	40-44	Pulse Triathlon Club	0:11:27	(76)	0:01:54	0:35:48	(84)	0:00:59	0:19:25	(29)	1:09:33		1:09:33
52	125	10013619	2	Patrick	Young	M	45-49	Kilkenny TC	0:11:57	(125)	0:02:16	0:35:08	(63)	0:00:42	0:19:30	(30)	1:09:33		1:09:33
53	29	10052793	1	Adam	Dunne	M	16-17		0:09:46	(6)	0:01:48	0:35:50	(85)	0:00:47	0:21:27	(120)	1:09:38		1:09:38
54	229	10000201	3	Steven	Moody	M	40-44	Piranha TC	0:11:49	(113)	0:01:40	0:35:30	(76)	0:01:18	0:19:22	(27)	1:09:40		1:09:40
55	192	10023512	3	Colm	Bellew	M	30-34	Fingal TC	0:13:17	(285)	0:01:48	0:34:01	(34)	0:00:57	0:19:39	(35)	1:09:42		1:09:42
56	66	10045095	1	Jacek	Kura	M	35-39	South Coast TC	0:11:24	(72)	0:01:26	0:34:41	(49)	0:00:41	0:21:42	(135)	1:09:54		1:09:54
57	130	10013260	2	Kevin	Synott	M	40-44	Ennis Triathlon Club	0:12:22	(172)	0:01:48	0:34:15	(37)	0:00:48	0:20:51	(80)	1:10:03		1:10:03
58	43	10026347	1	Paul	O'Donovan	M	35-39	Piranha TC	0:10:46	(31)	0:01:43	0:35:36	(78)	0:00:53	0:21:07	(95)	1:10:04		1:10:04
59	178	10000056	3	Gerard	Kenny	M	50-54		0:12:46	(234)	0:01:30	0:34:34	(41)	0:00:44	0:20:32	(60)	1:10:05		1:10:05
60	132	10015150	2	Jonathan	Rooney	M	35-39	Activmultisport TC	0:13:04	(264)	0:01:37	0:34:41	(47)	0:00:43	0:20:08	(45)	1:10:13		1:10:13
61	121	10047002	2	Tim	Goodyer	M	40-44	Belpark TC	0:11:45	(106)	0:01:49	0:34:34	(42)	0:00:54	0:21:28	(122)	1:10:30		1:10:30
62	156	10018392	2	Cristover	Lopes	M	25-29	Pulse Triathlon Club	0:11:52	(119)	0:01:39	0:35:55	(88)	0:00:39	0:20:26	(57)	1:10:31		1:10:31
63	305	10028436	4	Thomas	Cousins	M	30-34	Wexford TC	0:11:43	(99)	0:01:59	0:36:44	(114)	0:00:55	0:19:16	(23)	1:10:37		1:10:37
64	31	10016756	1	Paul	Joyce	M	45-49		0:11:06	(51)	0:01:39	0:35:37	(79)	0:01:04	0:21:14	(104)	1:10:39		1:10:39
65	52	10010365	1	Simon	Moore	M	45-49		0:11:22	(67)	0:01:32	0:34:21	(39)	0:00:39	0:22:45	(191)	1:10:40		1:10:40
66	250	10044449	3	Gordon	Grant	M	40-44	Piranha TC	0:12:12	(152)	0:02:08	0:34:35	(45)	0:00:44	0:21:03	(93)	1:10:41		1:10:41
67	151	10036364	2	Gareth	Robinson	M	40-44	Piranha TC	0:13:34	(304)	0:01:35	0:34:09	(35)	0:00:46	0:20:38	(69)	1:10:42		1:10:42
68	150	10000353	2	Fran	Egan	M	35-39	Phoenix TC	0:13:43	(318)	0:01:56	0:33:37	(27)	0:00:51	0:20:38	(68)	1:10:43		1:10:43
69	76	10010552	1	Ronan	Kane	M	30-34	Belpark TC	0:11:48	(112)	0:02:02	0:34:39	(46)	0:00:50	0:21:30	(125)	1:10:49		1:10:49
70	241	10044081	3	Bruce	Campbell	M	45-49	Belpark TC	0:11:34	(85)	0:01:39	0:37:05	(127)	0:00:48	0:19:43	(38)	1:10:49		1:10:49
71	42	10013085	1	Declan	Cunningham	M	35-39	Piranha TC	0:10:54	(37)	0:01:36	0:35:10	(66)	0:00:40	0:22:31	(178)	1:10:50		1:10:50
72	243	10028229	3	Matthew	O byrne	M	35-39		0:11:53	(122)	0:02:19	0:35:38	(80)	0:00:59	0:20:07	(43)	1:10:56		1:10:56
73	140	10037366	2	Darragh	Farrelly	M	35-39	Fingal TC	0:12:43	(225)	0:01:20	0:35:14	(68)	0:00:41	0:20:59	(88)	1:10:57		1:10:57
74	20	10055292	1	Niamh	Corry	F	18-19		0:10:01	(10)	0:01:28	0:38:14	(172)	0:00:41	0:20:35	(63)	1:10:58		1:10:58
75	12	10044591	1	Stephen	Loughnane	M	40-44	Naas TC	0:12:42	(224)	0:01:55	0:34:41	(48)	0:00:50	0:20:55	(86)	1:11:02		1:11:02
76	152	10046304	2	Cathal	O'sullivan	M	25-29	Piranha TC	0:12:31	(198)	0:01:42	0:35:03	(60)	0:00:55	0:21:01	(89)	1:11:13		1:11:13
77	259	10027611	4	Thomas	Maag	M	40-44	3D TC	0:11:56	(124)	0:02:06	0:35:29	(74)	0:01:16	0:20:26	(58)	1:11:14		1:11:14
78	80	10000521	1	Aidan	Daly	M	50-54	Midland TC	0:11:40	(91)	0:01:41	0:34:49	(53)	0:00:48	0:22:26	(173)	1:11:25		1:11:25
79	221	10002599	3	Leslie	Wilkinson	M	60-64	Peninsula TC	0:12:38	(213)	0:02:04	0:35:25	(73)	0:00:45	0:20:36	(65)	1:11:28		1:11:28
80	17	10019746	1	Mark	Tormey	M	35-39	Pulse Triathlon Club	0:11:47	(109)	0:01:30	0:36:04	(91)	0:00:45	0:21:22	(114)	1:11:28		1:11:28
81	240	10038344	3	Darrell	Evans	M	45-49	Waterford TC	0:11:07	(53)	0:01:43	0:36:39	(111)	0:00:54	0:21:20	(111)	1:11:42		1:11:42
82	33	10052295	1	Richard	Dooley	M	25-29	Piranha TC	0:11:24	(71)	0:01:52	0:36:10	(96)	0:00:55	0:21:23	(115)	1:11:43		1:11:43
83	78	10054401	1	Mark	Kearney-Muldowney	M	40-44	Kilkenny TC	0:12:24	(178)	0:02:01	0:35:52	(86)	0:00:48	0:20:39	(70)	1:11:43		1:11:43
84	212	10001418	3	Niamh	Richardson	F	50-54	Kilkenny TC	0:11:50	(117)	0:01:42	0:36:46	(117)	0:00:48	0:20:44	(74)	1:11:50		1:11:50
85	194	10000315	3	Michael	Ryan	M	55-59	Limerick TC	0:12:44	(228)	0:01:47	0:34:49	(54)	0:01:03	0:21:29	(123)	1:11:53		1:11:53
86	55	10052903	1	Stephen	Hampson	M	45-49		0:11:02	(45)	0:01:33	0:35:05	(61)	0:00:41	0:23:35	(241)	1:11:57		1:11:57
87	100	10000343	2	Tom	O'Reilly	M	35-39	Wexford TC	0:12:40	(219)	0:01:42	0:36:06	(92)	0:00:53	0:20:36	(66)	1:11:57		1:11:57
88	359	10026438	5	Brendan	Hennessy	M	35-39	Piranha TC	0:11:49	(116)	0:02:37	0:35:40	(81)	0:01:09	0:20:43	(73)	1:11:59		1:11:59
89	253	10036447	3	Robbie	Shortall	M	30-34	Portmarnock TC	0:13:30	(301)	0:01:54	0:35:31	(77)	0:00:48	0:20:23	(52)	1:12:05		1:12:05
90	196	10022809	3	Mark	Canning	M	30-34		0:12:25	(179)	0:01:57	0:36:39	(110)	0:00:43	0:20:24	(56)	1:12:08		1:12:08
91	32	10047857	1	Hugh	Feeley	M	30-34		0:10:29	(18)	0:02:08	0:36:25	(102)	0:00:53	0:22:23	(165)	1:12:17		1:12:17
92	169	10000342	2	Phil	Murphy	M	40-44	Wexford TC	0:11:39	(89)	0:01:34	0:36:54	(119)	0:01:04	0:21:07	(96)	1:12:18		1:12:18
93	274	10024306	4	Cathy	Kenneally	F	30-34	Cork TC	0:12:14	(158)	0:01:51	0:36:18	(98)	0:00:54	0:21:04	(94)	1:12:21		1:12:21
94	450	10014913	6	Kevin	Derrig	M	35-39	Pulse Triathlon Club	0:11:53	(120)	0:01:48	0:36:20	(101)	0:01:11	0:21:10	(100)	1:12:22		1:12:22
95	184	10036742	3	David	O'shea	M	30-34	Piranha TC	0:10:38	(24)	0:01:52	0:37:30	(139)	0:00:52	0:21:30	(126)	1:12:23		1:12:23
96	340	10044570	4	James	Wall	M	35-39	Wexford TC	0:13:32	(302)	0:02:43	0:33:33	(24)	0:01:30	0:21:12	(102)	1:12:30		1:12:30
97	96	10003543	2	Kieran	Hoey	M	45-49	Trilogy Triathlon Club	0:12:44	(229)	0:01:40	0:35:00	(57)	0:00:46	0:22:24	(168)	1:12:34		1:12:34
98	89	10023144	2	Conor	Coleman	M	35-39	South Coast TC	0:12:07	(143)	0:01:38	0:38:37	(183)	0:00:49	0:19:35	(34)	1:12:44		1:12:44
99	71	10044766	1	Peter	Owens	M	40-44	Athy TC	0:11:50	(118)	0:01:41	0:36:55	(121)	0:01:05	0:21:14	(105)	1:12:45		1:12:45
100	302	10030083	4	Dermot	Costelloe	M	35-39	Trilogy Triathlon Club	0:12:02	(134)	0:01:38	0:36:32	(106)	0:00:49	0:21:54	(143)	1:12:55		1:12:55
101	356	10052400	5	Patrick	Loughnane	M	35-39	Piranha TC	0:09:42	(4)	0:02:23	0:36:42	(112)	0:01:28	0:22:52	(197)	1:13:06		1:13:06

102	82	10004274	1	Ronan	O' Driscoll	M	40-44	Nenagh Triathlon Club	0:12:33	(205)	0:01:31	0:37:36	(143)	0:00:47	0:20:40	(71)	1:13:07	1:13:07
103	232	10014412	3	Ciaran	Long	M	35-39	Piranha TC	0:12:55	(250)	0:02:05	0:36:19	(99)	0:01:40	0:20:09	(46)	1:13:09	1:13:09
104	316	10012477	4	Nick	Carroll	M	40-44		0:12:26	(185)	0:01:43	0:35:16	(69)	0:00:47	0:22:59	(205)	1:13:11	1:13:11
105	146	10029205	2	Mairead	Elliott	F	30-34	GoTri TC	0:12:29	(191)	0:01:51	0:35:08	(62)	0:00:48	0:23:05	(213)	1:13:20	1:13:20
106	183	10001136	3	Tom	Byrne	M	50-54		0:11:25	(74)	0:01:45	0:37:22	(136)	0:00:48	0:21:59	(147)	1:13:20	1:13:20
107	54	10026372	1	Niamh	Ryan	F	35-39		0:11:33	(81)							1:13:20	1:13:20
108	294	10047709	4	Leon	Shakeshaft	M	45-49	Pulse Triathlon Club	0:12:16	(163)	0:02:55	0:35:21	(71)	0:01:02	0:21:47	(137)	1:13:21	1:13:21
109	292	10036356	4	Damian	Cronin	M	40-44	Portmarnock TC	0:12:57	(254)	0:02:03	0:35:55	(87)	0:00:54	0:21:35	(132)	1:13:24	1:13:24
110	45	10044530	1	Pierre	Bestue	M	25-29	Piranha TC	0:10:53	(36)	0:02:17	0:36:44	(113)	0:01:01	0:22:30	(177)	1:13:25	1:13:25
111	77	10004794	1	Eoin	Greene	M	30-34	Belpark TC	0:10:37	(23)	0:01:44	0:37:05	(128)	0:00:44	0:23:15	(226)	1:13:25	1:13:25
112	74	10053802	1	Ian	Grehan	M	25-29	Belpark TC	0:10:27	(17)	0:02:00	0:38:48	(187)	0:01:00	0:21:17	(107)	1:13:31	1:13:31
113	98	10029578	2	Mark	Daly	M	35-39	Waterford TC	0:13:08	(271)	0:01:54	0:37:16	(132)	0:01:00	0:20:24	(54)	1:13:41	1:13:41
114	87	10005282	2	Brendan	O'brien	M	35-39	Piranha TC	0:11:35	(87)	0:02:19	0:37:44	(148)	0:01:11	0:20:57	(87)	1:13:46	1:13:46
115	287	10054694	4	Ross	Condy	M	25-29	Piranha TC	0:10:34	(21)	0:02:15	0:37:32	(140)	0:00:59	0:22:27	(174)	1:13:46	1:13:46
116	301	10034103	4	Paddy	Doran	M	45-49	Trilogy Triathlon Club	0:12:12	(153)	0:01:52	0:36:09	(95)	0:00:54	0:22:42	(188)	1:13:48	1:13:48
117	158	10053771	2	Keith	Haughton	M	45-49	Pulse Triathlon Club	0:12:17	(165)	0:01:53	0:35:47	(82)	0:01:42	0:22:09	(157)	1:13:49	1:13:49
118	381	10043800	5	Warren	Terry	M	30-34	South Coast TC	0:12:02	(135)	0:01:34	0:39:34	(213)	0:00:49	0:20:03	(42)	1:14:02	1:14:02
119	285	10030107	4	Garret	Doyle	M	30-34	Phoenix TC	0:12:08	(145)	0:02:14	0:37:01	(124)	0:01:20	0:21:21	(113)	1:14:03	1:14:03
120	344	10001365	5	John	Sourke	M	45-49	Athy TC	0:13:18	(286)	0:01:47	0:37:50	(152)	0:00:47	0:20:29	(59)	1:14:12	1:14:12
121	289	10044814	4	Michael	Foley	M	35-39	Piranha TC	0:12:11	(151)	0:02:19	0:37:32	(141)	0:01:08	0:21:03	(90)	1:14:12	1:14:12
122	175	10003170	3	Fergal	Meegan	M	35-39		0:12:30	(195)	0:01:34	0:36:46	(116)	0:00:52	0:22:38	(185)	1:14:19	1:14:19
123	166	10046222	2	Billy	Ryan	M	25-29	Tried & Tested TC	0:12:24	(176)	0:02:03	0:37:39	(145)	0:01:21	0:20:53	(85)	1:14:20	1:14:20
124	391	10040370	5	Victoria	Nicholson	F	35-39	GoTri TC	0:11:43	(98)	0:01:45	0:36:30	(104)	0:01:15	0:23:08	(222)	1:14:21	1:14:21
125	265	10047781	4	Katie	Verbruggen	F	25-29	Belpark TC	0:10:59	(41)	0:02:06	0:38:14	(173)	0:01:05	0:21:58	(146)	1:14:22	1:14:22
126	230	10000676	3	Bernard	Hanratty	M	50-54	Piranha TC	0:13:00	(259)	0:02:04	0:37:20	(134)	0:01:15	0:20:47	(75)	1:14:25	1:14:25
127	328	10055539	4	Eoin	Cowman	M	30-34	Adrenaline	0:10:49	(33)	0:03:04	0:37:21	(135)	0:01:40	0:21:34	(130)	1:14:28	1:14:28
128	70	10050141	1	Cormac	Kelly	M	18-19	Athy TC	0:13:14	(281)	0:01:50	0:39:30	(207)	0:00:34	0:19:21	(26)	1:14:29	1:14:29
129	278	10016614	4	John	Carey	M	50-54	Kilkenny TC	0:15:50	(403)	0:01:41	0:36:07	(93)	0:01:03	0:19:49	(40)	1:14:30	1:14:30
130	88	10019524	2	Robert	Keenan	M	20-24	Piranha TC	0:11:43	(97)	0:01:56	0:37:16	(131)	0:01:00	0:22:39	(186)	1:14:34	1:14:34
131	352	10012794	5	Paul	Haughney	M	30-34	Naas TC	0:11:48	(111)	0:01:53	0:36:35	(107)	0:00:56	0:23:24	(235)	1:14:35	1:14:35
132	58	10036772	1	Robert	O'Brien	M	40-44	Athy TC	0:11:24	(70)	0:02:34	0:39:58	(230)	0:01:01	0:19:39	(36)	1:14:36	1:14:36
133	300	10039135	4	Martin	Stevenson	M	45-49	Tried & Tested TC	0:11:39	(90)	0:02:12	0:38:10	(168)	0:01:11	0:21:35	(131)	1:14:46	1:14:46
134	313	10000778	4	Peter	Meaney	M	45-49		0:11:43	(96)	0:01:58	0:35:59	(90)	0:00:56	0:24:14	(267)	1:14:50	1:14:50
135	81	10038638	1	Paul	Griffin	M	35-39	Naas TC	0:13:10	(277)	0:01:56	0:36:07	(94)	0:00:49	0:23:07	(221)	1:15:10	1:15:10
136	147	10053110	2	Gary	Frehill	M	40-44	Kilkenny TC	0:15:27	(396)	0:01:36	0:34:58	(56)	0:00:58	0:22:11	(159)	1:15:10	1:15:10
137	202	10043732	3	Ian	Kelly	M	45-49	Belpark TC	0:11:21	(65)	0:01:55	0:38:15	(174)	0:01:25	0:22:19	(163)	1:15:15	1:15:15
138	281	10039791	4	Garrett	Hynes	M	35-39	Kilkenny TC	0:12:32	(201)	0:02:11	0:36:25	(103)	0:01:13	0:22:56	(200)	1:15:17	1:15:17
139	115	10015061	2	Deborah	Meghen	F	40-44		0:11:29	(78)	0:01:36	0:38:40	(185)	0:00:45	0:22:46	(193)	1:15:17	1:15:17
140	337	10015981	4	Shane	Farrell	M	40-44	Pulse Triathlon Club	0:12:53	(246)	0:01:57	0:36:54	(120)	0:00:53	0:22:41	(187)	1:15:18	1:15:18
141	246	10003869	3	Eimear	Mathews	F	50-54		0:12:42	(223)	0:01:59	0:36:49	(118)	0:01:25	0:22:26	(172)	1:15:20	1:15:20
142	249	10053309	3	Gavin	Stapleton	M	25-29	Belpark TC	0:12:46	(235)	0:01:49	0:38:51	(190)	0:00:47	0:21:13	(103)	1:15:27	1:15:27
143	298	10052933	4	John	Malone	M	45-49	South Coast TC	0:14:22	(365)	0:02:28	0:37:56	(160)	0:01:46	0:19:06	(19)	1:15:39	1:15:39
144	237	10003602	3	Percy	McKeever	M	40-44	Tri an Mhi TC	0:12:45	(231)	0:02:06	0:38:05	(165)	0:01:14	0:21:32	(128)	1:15:42	1:15:42
145	499	10048040	6	Conor	Gath	M	25-29	Athlone TC	0:11:34	(84)	0:02:16	0:39:38	(215)	0:00:57	0:21:17	(108)	1:15:43	1:15:43
146	377	10047107	5	David	Bray	M	45-49	Piranha TC	0:11:35	(86)	0:02:24	0:38:37	(184)	0:01:05	0:22:03	(152)	1:15:44	1:15:44
147	332	10054614	4	Paul	Murphy	M	50-54	Adrenaline	0:11:15	(61)	0:02:35	0:38:35	(182)	0:01:14	0:22:07	(153)	1:15:46	1:15:46
148	19	10010262	1	Lisa	Howley	F	45-49	Wicklow TC	0:11:07	(54)	0:02:06	0:39:10	(199)	0:00:52	0:22:31	(181)	1:15:46	1:15:46
149	144	10000674	2	Conrad	O'Dea	M	45-49	Fingal TC	0:11:34	(82)	0:02:50	0:39:08	(198)	0:00:53	0:21:26	(117)	1:15:51	1:15:51
150	73	10010098	1	Declan	Bagnall	M	35-39	Belpark TC	0:12:06	(142)	0:01:55	0:38:07	(166)	0:01:00	0:22:43	(190)	1:15:52	1:15:52
151	225	10047542	3	Ruairi	Hayden	M	40-44	Piranha TC	0:12:35	(208)	0:02:47	0:37:45	(150)	0:01:08	0:21:37	(133)	1:15:53	1:15:53
152	123	10044911	2	Simon	Macallister	M	35-39	Belpark TC	0:11:48	(110)	0:01:48	0:38:26	(178)	0:00:45	0:23:07	(215)	1:15:53	1:15:53

153	137	10046826	2	Donal	Murphy	M	30-34	Belpark TC	0:13:13	(279)	0:02:04	0:37:57	(161)	0:00:54	0:21:46	(136)	1:15:54	1:15:54
154	261	10019501	4	Jackie	Kelly	F	35-39	Athlone TC	0:12:15	(160)	0:01:56	0:38:08	(167)	0:01:35	0:22:00	(150)	1:15:54	1:15:54
155	68	10046865	1	Keith	Murphy	M	30-34	Activmultisport TC	0:12:54	(248)	0:02:51	0:37:22	(137)	0:01:09	0:21:57	(145)	1:16:13	1:16:13
156	430	10000215	6	John	Bowes	M	45-49	Wicklow TC	0:16:14	(414)	0:02:04	0:35:56	(89)	0:00:53	0:21:08	(97)	1:16:14	1:16:14
157	228	10041721	3	Killian	Nolan	M	30-34	Piranha TC	0:12:26	(182)	0:02:17	0:41:10	(273)	0:01:53	0:18:30	(10)	1:16:16	1:16:16
158	379	10048692	5	Gerry	Maher	M	40-44	Piranha TC	0:14:16	(359)	0:02:25	0:35:19	(70)	0:01:50	0:22:27	(175)	1:16:17	1:16:17
159	471	10039805	6	Derмот	Maguire	M	40-44	Tinahely TC	0:12:21	(171)	0:02:15	0:38:55	(193)	0:01:00	0:21:49	(140)	1:16:20	1:16:20
160	206	10000958	3	Helen	French	F	45-49	Belpark TC	0:13:05	(266)	0:01:52	0:37:53	(157)	0:01:07	0:22:29	(176)	1:16:25	1:16:25
161	162	10032615	2	Myrddin	Davies	M	35-39	Tinahely TC	0:11:01	(44)	0:01:46	0:38:26	(177)	0:01:22	0:23:50	(249)	1:16:25	1:16:25
162	248	10005729	3	Brian	Doyle	M	45-49		0:12:51	(243)	0:02:20	0:37:05	(126)	0:01:09	0:23:02	(212)	1:16:27	1:16:27
163	35	10015511	1	Paul	Mcdonald	M	35-39	Athy TC	0:11:27	(77)	0:02:06	0:39:31	(209)	0:01:20	0:22:08	(156)	1:16:33	1:16:33
164	209	10025963	3	Michael	Collins	M	40-44	Edenderry TC	0:14:36	(372)	0:02:11	0:37:02	(125)	0:00:57	0:21:48	(139)	1:16:35	1:16:35
165	244	10048511	3	James	O'Neill	M	40-44		0:12:16	(162)	0:02:17	0:37:15	(130)	0:01:10	0:23:42	(245)	1:16:40	1:16:40
166	142	10014268	2	Petch	Cundill	M	40-44	Fingal TC	0:12:30	(193)	0:02:07	0:39:03	(195)	0:01:01	0:22:00	(149)	1:16:41	1:16:41
167	282	10021106	4	Howard	Triggs	M	50-54	Kilkenny TC	0:13:08	(272)	0:02:24	0:37:35	(142)	0:01:11	0:22:24	(169)	1:16:42	1:16:42
168	124	10012924	2	Michael	Raggett	M	45-49	Kilkenny TC	0:12:51	(242)	0:01:47	0:37:11	(129)	0:01:03	0:23:51	(250)	1:16:43	1:16:43
169	114	10001060	2	Tom	Casey	M	55-59	Waterford TC	0:13:33	(303)	0:02:17	0:37:47	(151)	0:00:48	0:22:21	(164)	1:16:46	1:16:46
170	30	10002577	1	John	Darcy	M	60-64		0:12:38	(212)	0:02:50	0:36:15	(97)	0:01:10	0:23:56	(254)	1:16:48	1:16:48
171	269	10041789	4	Eoin	O'brien	M	35-39	Belpark TC	0:14:26	(368)	0:02:10	0:38:13	(171)	0:00:58	0:21:03	(91)	1:16:49	1:16:49
172	214	10034189	3	Seamus	Foley	M	40-44	Kilkenny TC	0:12:21	(170)	0:03:21	0:36:30	(105)	0:01:32	0:23:07	(219)	1:16:51	1:16:51
173	180	10029574	3	Sarah	Walsh	F	25-29	Belpark TC	0:12:01	(132)	0:01:55	0:37:30	(138)	0:01:02	0:24:22	(273)	1:16:51	1:16:51
174	120	10045341	2	Rory	Devlin	M	30-34	Belpark TC	0:11:58	(128)	0:02:09	0:40:06	(235)	0:01:17	0:21:28	(121)	1:16:57	1:16:57
175	25	10043838	1	Mark	Mcdonnell	M	25-29	Belpark TC	0:09:57	(8)	0:01:34	0:38:52	(192)	0:00:48	0:25:57	(342)	1:17:08	1:17:08
176	161	10023596	2	Ray	Caulfield	M	40-44	Tinahely TC	0:15:20	(388)	0:02:37	0:36:44	(115)	0:01:23	0:21:08	(98)	1:17:13	1:17:13
177	26	10016783	1	Cormac	Oconnor	M	40-44	Activmultisport TC	0:11:05	(48)	0:01:43	0:39:24	(206)	0:00:59	0:24:03	(260)	1:17:14	1:17:14
178	374	10037639	5	John paul	Daly	M	35-39	Edenderry TC	0:12:58	(257)	0:02:06	0:37:41	(146)	0:01:01	0:23:29	(237)	1:17:16	1:17:16
179	254	10016864	3	Mark	Stewart	M	30-34	Activmultisport TC	0:12:54	(249)	0:02:08	0:37:45	(149)	0:01:41	0:22:50	(196)	1:17:18	1:17:18
180	451	10052307	6	Brian	Birmingham	M	30-34	Pulse Triathlon Club	0:12:34	(206)	0:02:29	0:38:49	(188)	0:01:12	0:22:16	(161)	1:17:19	1:17:19
181	353	10049021	5	Shane	Gavin	M	30-34	Piranha TC	0:11:08	(56)	0:01:59	0:41:44	(300)	0:01:22	0:21:10	(101)	1:17:23	1:17:23
182	345	10051513	5	Lukasz	Krystkowiak	M	30-34	Belpark TC	0:11:45	(105)	0:02:33	0:40:27	(248)	0:00:55	0:21:47	(138)	1:17:26	1:17:26
183	470	10039020	6	Aidan	Hughes	M	50-54	Piranha TC	0:13:51	(331)	0:02:02	0:38:13	(170)	0:01:03	0:22:25	(170)	1:17:34	1:17:34
184	400	10045259	5	Ronan	Sherlock	M	30-34	Fingal TC	0:11:44	(100)	0:02:08	0:37:55	(159)	0:01:25	0:24:26	(275)	1:17:37	1:17:37
185	13	10005735	1	Frank	Kehoe	M	35-39	Piranha TC	0:11:25	(75)	0:02:30	0:41:20	(283)	0:01:00	0:21:27	(119)	1:17:42	1:17:42
186	203	10014805	3	Keith	Mc quillan	M	35-39	Belpark TC	0:13:38	(313)	0:01:49	0:39:51	(224)	0:01:01	0:21:29	(124)	1:17:48	1:17:48
187	208	10044278	3	Neil	Proven	M	45-49	Clonmel TC	0:14:20	(363)	0:02:27	0:37:54	(158)	0:01:53	0:21:17	(106)	1:17:50	1:17:50
188	367	10054430	5	Michael	Keogh	M	30-34		0:16:00	(406)	0:03:51	0:37:53	(156)	0:01:40	0:18:28	(8)	1:17:50	1:17:50
189	239	10047051	3	Gareth	Madden	M	40-44	Trilogy Triathlon Club	0:12:37	(210)	0:02:11	0:36:38	(109)	0:01:06	0:25:25	(324)	1:17:57	1:17:57
190	155	10034513	2	Deaglan	O'Connor	M	30-34	Portmarnock TC	0:12:15	(161)	0:02:03	0:38:50	(189)	0:00:48	0:24:03	(259)	1:17:59	1:17:59
191	496	10041172	6	Ken	Cahill	M	40-44	Fingal TC	0:11:58	(127)	0:02:58	0:37:38	(144)	0:02:28	0:22:58	(204)	1:17:59	1:17:59
192	205	10044419	3	Ciaran	Burns	F	50-54	Belpark TC	0:13:02	(262)	0:01:51	0:39:19	(203)	0:01:17	0:22:31	(179)	1:18:00	1:18:00
193	371	10043687	5	Keith	Scheiner	M	25-29	Belpark TC	0:12:32	(199)	0:01:27	0:39:33	(212)	0:01:02	0:23:34	(240)	1:18:08	1:18:08
194	238	10037855	3	Ann-Marie	Hayes	F	35-39	Tried & Tested TC	0:12:39	(215)	0:02:55	0:40:44	(258)	0:00:45	0:21:10	(99)	1:18:13	1:18:13
195	179	10024772	3	Frank	Magee	M	40-44	Belpark TC	0:12:06	(140)	0:01:39	0:39:03	(196)	0:01:01	0:24:26	(276)	1:18:15	1:18:15
196	468	10013517	6	Eddie	Donegan	M	40-44		0:13:46	(322)	0:01:53	0:40:18	(242)	0:00:51	0:21:32	(127)	1:18:20	1:18:20
197	164	10040288	2	Wesley	Burke	M	35-39	Tri an Mhi TC	0:12:49	(238)	0:02:46	0:36:37	(108)	0:01:12	0:24:57	(301)	1:18:20	1:18:20
198	148	10042262	2	Paul	Cahill	M	35-39	Naas TC	0:12:52	(245)	0:02:11	0:39:44	(220)	0:00:50	0:22:45	(192)	1:18:22	1:18:22
199	187	10002746	3	Joanne	Bingham	F	50-54	Olympian Triathlon Club	0:12:28	(189)	0:01:50	0:40:41	(254)	0:00:42	0:22:43	(189)	1:18:23	1:18:23
200	139	10035134	2	Erin	Fox	F	30-34	Belpark TC	0:12:26	(184)	0:01:40	0:38:28	(179)	0:00:54	0:24:55	(300)	1:18:23	1:18:23
201	295	10018641	4	Dervla	Owens	F	35-39	Pulse Triathlon Club	0:13:16	(284)	0:02:09	0:38:02	(164)	0:01:26	0:23:30	(238)	1:18:23	1:18:23
202	189	10015027	3	Keith	Bell	M	30-34	Belpark TC	0:12:50	(241)	0:01:36	0:39:33	(211)	0:01:16	0:23:15	(225)	1:18:29	1:18:29
203	260	10042375	4	Ivan	Casey	M	40-44	Activmultisport TC	0:12:41	(222)	0:02:20	0:36:55	(122)	0:01:38	0:24:57	(303)	1:18:32	1:18:32

204	128	10041233	2	Karen	Phelan	F	40-44	Trilogy Triathlon Club	0:12:20	(169)	0:02:20	0:40:24	(245)	0:01:07	0:22:23	(166)	1:18:34	1:18:34
205	357	10038329	5	Ger	Fennelly	M	35-39	Piranha TC	0:13:05	(265)	0:02:18	0:39:35	(214)	0:01:23	0:22:15	(160)	1:18:35	1:18:35
206	231	10026538	3	Martin	Dunne	M	35-39	Piranha TC	0:13:23	(292)	0:01:58	0:39:05	(197)	0:01:04	0:23:07	(216)	1:18:37	1:18:37
207	375	10052734	5	Philip	Molloy	M	45-49	Kilkenny TC	0:13:51	(330)	0:02:25	0:37:18	(133)	0:01:48	0:23:19	(232)	1:18:41	1:18:41
208	40	10003532	1	Erin	O'donoghue	F	35-39	GoTri TC	0:11:16	(62)	0:01:45	0:39:13	(202)	0:00:52	0:25:41	(334)	1:18:47	1:18:47
209	182	10000284	3	Ruth	Shanahan	F	50-54	T3 Triathlon Club	0:12:33	(203)	0:02:01	0:39:23	(204)	0:00:57	0:23:54	(252)	1:18:48	1:18:48
210	106	10009998	2	Danny	Bolton	M	30-34		0:12:08	(144)	0:02:59	0:41:06	(270)	0:01:22	0:21:19	(109)	1:18:52	1:18:52
211	236	10025046	3	Oisin	Jordan	M	40-44	Tinahely TC	0:11:59	(130)	0:04:05	0:38:52	(191)	0:01:54	0:22:10	(158)	1:19:00	1:19:00
212	119	10049727	2	Liam	O Braonain	M	16-17	Athy TC	0:12:29	(192)	0:02:19	0:39:49	(222)	0:00:57	0:23:28	(236)	1:19:01	1:19:01
213	271	10041016	4	Cormac	O'connor	M	35-39	Belpark TC	0:14:50	(376)	0:02:02	0:39:41	(218)	0:01:11	0:21:19	(110)	1:19:03	1:19:03
214	177	10000105	3	Taco	Camphuijsen	M	50-54		0:12:27	(187)	0:01:52	0:38:13	(169)	0:01:04	0:25:29	(327)	1:19:05	1:19:05
215	185	10026156	3	Deirdre	O'connor	F	35-39	Pulse Triathlon Club	0:12:19	(167)	0:02:15	0:39:55	(228)	0:00:52	0:23:48	(248)	1:19:09	1:19:09
216	72	10021944	1	Kathleen	Curran	F	40-44	Belpark TC	0:12:01	(131)	0:01:52	0:38:31	(181)	0:01:07	0:25:42	(335)	1:19:11	1:19:11
217	172	10020207	3	Karen	Graham	F	40-44		0:13:06	(268)	0:01:39	0:38:30	(180)	0:00:51	0:25:14	(317)	1:19:20	1:19:20
218	297	10020361	4	Hugh	O'malley	M	30-34	Pulse Triathlon Club	0:12:10	(148)	0:03:33	0:40:41	(255)	0:01:43	0:21:21	(112)	1:19:28	1:19:28
219	393	10044735	5	Michael	Jordan	M	40-44	Kilkenny TC	0:11:55	(123)	0:02:52	0:41:00	(267)	0:01:12	0:22:31	(180)	1:19:30	1:19:30
220	211	10048283	3	Diego	Maloney	M	30-34	GoTri TC	0:11:23	(69)	0:02:02	0:40:32	(250)	0:01:34	0:24:00	(258)	1:19:31	1:19:31
221	327	10054460	4	Valentine	Brooks	M	35-39	Adrenaline	0:13:50	(329)	0:03:06	0:37:51	(154)	0:01:45	0:23:07	(218)	1:19:38	1:19:38
222	296	10000062	4	Eamon	Macfhionnlaioich	M	50-54	Pulse Triathlon Club	0:13:36	(308)	0:01:51	0:39:41	(217)	0:01:16	0:23:18	(229)	1:19:42	1:19:42
223	372	10036906	5	Kostiantyn	Antypenko	M	30-34	Belpark TC	0:13:00	(260)	0:03:10	0:40:24	(244)	0:01:00	0:22:08	(155)	1:19:43	1:19:43
224	276	10047514	4	Emma	Ryan	F	25-29	GoTri TC	0:13:38	(312)	0:01:46	0:41:30	(290)	0:00:54	0:21:59	(148)	1:19:47	1:19:47
225	65	10001275	1	Bill	Barry	M	40-44	Racing 795 TC	0:11:41	(93)	0:02:22	0:40:12	(237)	0:01:04	0:24:32	(282)	1:19:50	1:19:50
226	516	10013040	6	Alan	O'Connor	M	35-39	Tri an Mhi TC	0:12:27	(188)	0:02:07	0:39:23	(205)	0:01:16	0:24:37	(284)	1:19:50	1:19:50
227	224	10045845	3	Ciara	Brady	F	20-24	Piranha TC	0:12:57	(255)	0:02:26	0:42:14	(314)	0:00:48	0:21:26	(116)	1:19:50	1:19:50
228	388	10053966	5	Kevin	O'Doherty	M	25-29		0:13:36	(307)	0:03:25	0:41:28	(288)	0:00:38	0:20:51	(79)	1:19:58	1:19:58
229	92	10002739	2	Natalie	Shaw-hamilton	F	40-44	Tried & Tested TC	0:12:43	(226)	0:02:03	0:39:59	(231)	0:00:56	0:24:22	(272)	1:20:02	1:20:02
230	481	10018112	6	Neil	Ferguson	M	40-44	Piranha TC	0:12:53	(247)	0:02:49	0:38:46	(186)	0:00:56	0:24:40	(285)	1:20:03	1:20:03
231	486	10044502	6	John	Lyons	M	55-59	Piranha TC	0:12:09	(146)	0:01:52	0:39:11	(200)	0:00:59	0:25:57	(345)	1:20:07	1:20:07
232	14	10020341	1	Michael	Moore	M	25-29	Pulse Triathlon Club	0:10:59	(42)	0:02:16	0:40:26	(247)	0:01:07	0:25:22	(322)	1:20:10	1:20:10
233	101	10044403	2	Shane	Willis	M	35-39	Wicklow TC	0:14:26	(367)	0:02:51	0:39:53	(227)	0:01:21	0:21:41	(134)	1:20:10	1:20:10
234	402	10002490	5	Damian	Eannetta	M	45-49	Omagh TC	0:13:30	(299)	0:03:03	0:39:38	(216)	0:01:00	0:23:01	(210)	1:20:13	1:20:13
235	312	10010364	4	Keir	Whytock	M	45-49		0:11:12	(59)	0:02:37	0:40:56	(262)	0:02:09	0:23:20	(233)	1:20:15	1:20:15
236	304	10018561	4	Ciara	McSweeney	F	40-44	Waterford TC	0:10:56	(39)	0:02:29	0:42:23	(317)	0:01:29	0:23:00	(207)	1:20:17	1:20:17
237	309	10004845	4	Cormac	O' neill	M	50-54		0:13:34	(305)	0:01:53	0:35:09	(64)	0:00:59	0:28:46	(409)	1:20:21	1:20:21
238	116	10014153	2	Padraig	Kavanagh	M	45-49		0:11:53	(121)							1:20:22	1:20:22
239	326	10054754	4	Sean	Kavanagh	M	30-34	Adrenaline	0:11:23	(68)	0:02:34	0:40:57	(264)	0:03:06	0:22:24	(167)	1:20:23	1:20:23
240	329	10054441	4	Karen	Kavanagh	F	35-39	Adrenaline	0:13:30	(300)	0:02:46	0:41:00	(266)	0:01:06	0:22:03	(151)	1:20:24	1:20:24
241	266	10026334	4	Therese	Hanly	F	25-29	Belpark TC	0:12:17	(164)	0:02:12	0:43:11	(332)	0:00:59	0:21:53	(142)	1:20:32	1:20:32
242	258	10038466	4	Pat	Mc donald	M	45-49		0:12:25	(181)	0:03:19	0:40:25	(246)	0:01:22	0:23:05	(214)	1:20:37	1:20:37
243	476	10053048	6	Simon	Lawlor	M	20-24	Piranha TC	0:11:49	(115)	0:01:37	0:42:35	(318)	0:00:42	0:23:54	(253)	1:20:38	1:20:38
244	425	10003089	5	David	Goddard	M	40-44		0:13:55	(338)	0:02:39	0:40:28	(249)	0:01:17	0:22:26	(171)	1:20:45	1:20:45
245	350	10000555	5	Joanne	Charles	F	35-39	Midland TC	0:12:10	(149)	0:01:51	0:40:17	(240)	0:00:53	0:25:35	(330)	1:20:46	1:20:46
246	483	10031544	6	Alan	Byrne	M	35-39	Tinahely TC	0:12:58	(256)	0:02:24	0:43:23	(334)	0:00:38	0:21:26	(118)	1:20:48	1:20:48
247	515	10046566	6	Brian	Murphy	M	35-39	Activmultisport TC	0:12:04	(139)	0:02:23	0:42:39	(320)	0:00:41	0:23:02	(211)	1:20:50	1:20:50
248	412	10004499	5	Martin	Delaney	M	30-34		0:12:26	(183)	0:02:37	0:41:27	(287)	0:02:02	0:22:19	(162)	1:20:51	1:20:51
249	264	10041223	4	John	O'toole	M	40-44	Athy TC	0:13:23	(291)	0:02:18	0:39:51	(226)	0:00:56	0:24:25	(274)	1:20:53	1:20:53
250	247	10042151	3	Tom	Sheil	M	35-39		0:13:01	(261)	0:02:08	0:41:34	(294)	0:00:55	0:23:18	(230)	1:20:56	1:20:56
251	48	10038583	1	Tara	Byrne	F	30-34	Tinahely TC	0:12:45	(230)	0:01:44	0:41:50	(302)	0:00:43	0:23:59	(256)	1:21:02	1:21:02
252	220	10049449	3	Barry	Moran	F	35-39	Naas TC	0:13:29	(297)	0:01:51	0:41:14	(277)	0:01:22	0:23:07	(217)	1:21:02	1:21:02
253	369	10027403	5	Lornie	O'dwyer	F	35-39	Galway TC	0:13:41	(316)	0:01:47	0:40:52	(261)	0:01:01	0:23:41	(244)	1:21:02	1:21:02
254	280	10016947	4	Denzell	Balfour	M	45-49	Kilkenny TC	0:13:57	(340)	0:02:26	0:40:18	(241)	0:01:19	0:23:13	(224)	1:21:12	1:21:12

255	502	10029961	6	Kevin	Moran	M	30-34	Racing 795 TC	0:14:09	(350)	0:02:26	0:40:45	(259)	0:00:51	0:23:00	(209)	1:21:12		1:21:12
256	385	10002119	5	Martina	Colville	F	50-54	Wicklow TC	0:12:41	(221)	0:01:44	0:41:08	(271)	0:00:55	0:24:49	(298)	1:21:18		1:21:18
257	94	10027462	2	Joanne	O'Neill	F	40-44	Tried & Tested TC	0:12:49	(239)	0:02:25	0:42:08	(309)	0:01:05	0:22:57	(203)	1:21:24		1:21:24
258	91	10013628	2	Fiona	Goor	F	40-44	Tinahely TC	0:12:24	(175)	0:01:59	0:41:42	(298)	0:01:09	0:24:16	(269)	1:21:30		1:21:30
259	233	10001504	3	Miriam	Staunton	F	40-44	Pulse Triathlon Club	0:13:08	(273)	0:02:25	0:39:55	(229)	0:01:08	0:24:58	(304)	1:21:34		1:21:34
260	334	10027763	4	Gary	O'Dwyer	M	35-39	Kilkenny TC	0:16:35	(421)	0:02:05	0:39:01	(194)	0:01:04	0:22:55	(199)	1:21:39		1:21:39
261	227	10045762	3	Conall	Heron	F	35-39	Piranha TC	0:15:41	(401)	0:02:32	0:37:50	(153)	0:01:42	0:23:00	(208)	1:20:45	1:00	1:21:45
262	314	10044617	4	Seamus	McGarrell	M	30-34		0:12:03	(137)	0:03:06	0:41:33	(292)	0:01:07	0:24:06	(263)	1:21:54		1:21:54
263	360	10036358	5	Carlos	Nunes	M	45-49	Pulse Triathlon Club	0:12:24	(174)	0:02:13	0:40:37	(251)	0:00:55	0:25:57	(344)	1:22:05		1:22:05
264	428	10027183	6	Michael	Callaghan	M	45-49	Tried & Tested TC	0:13:30	(298)	0:02:37	0:43:08	(331)	0:00:49	0:22:07	(154)	1:22:10		1:22:10
265	364	10053078	5	Flavius	Marcoi	M	40-44		0:16:23	(417)	0:03:33	0:40:13	(238)	0:01:11	0:20:50	(78)	1:22:10		1:22:10
266	126	10047931	2	Claire	Gorman	F	25-29	Piranha TC	0:12:45	(232)	0:02:22	0:41:35	(295)	0:00:59	0:24:32	(283)	1:22:13		1:22:13
267	270	10046071	4	Steve	Docherty	M	45-49	Belpark TC	0:13:45	(321)	0:02:20	0:40:10	(236)	0:01:07	0:24:51	(299)	1:22:14		1:22:14
268	222	10033407	3	Antje	Danneberg	F	35-39	Piranha TC	0:12:41	(220)	0:02:49	0:38:15	(175)	0:01:53	0:26:39	(362)	1:22:16		1:22:16
269	22	10003678	1	Stephen	Ralph	M	25-29	Naas TC	0:12:30	(194)	0:02:33	0:41:02	(268)	0:01:06	0:25:07	(308)	1:22:17		1:22:17
270	446	10052387	6	Adam	Goslin	M	20-24	Piranha TC	0:11:18	(63)	0:01:48	0:44:44	(364)	0:00:50	0:23:43	(247)	1:22:23		1:22:23
271	256	10000336	4	Noeleen	Bourke	F	35-39	Midland TC	0:12:03	(136)	0:01:49	0:42:50	(323)	0:01:00	0:24:45	(293)	1:22:27		1:22:27
272	186	10001015	3	Trish	Nicholls	F	55-59	Trilogy Triathlon Club	0:11:57	(126)	0:01:55	0:42:01	(304)	0:01:20	0:25:22	(321)	1:22:35		1:22:35
273	325	10054267	4	Gary	Flannery	M	30-34	Adrenaline	0:19:54	(453)	0:03:39	0:38:01	(163)	0:01:41	0:19:23	(28)	1:22:38		1:22:38
274	127	10052114	2	John	Macken	M	30-34	Piranha TC	0:11:44	(102)	0:03:16	0:41:15	(279)	0:01:14	0:25:10	(312)	1:22:38		1:22:38
275	407	10000566	5	Sinead	Wearen	F	40-44	Trilogy Triathlon Club	0:13:27	(296)	0:02:50	0:41:04	(269)	0:01:10	0:24:19	(270)	1:22:50		1:22:50
276	324	10001367	4	Paul	Grant	M	40-44		0:13:04	(263)	0:02:47	0:41:21	(284)	0:01:40	0:24:00	(257)	1:22:51		1:22:51
277	103	100470604	2	Daniel	Forde	M	25-29	Wicklow TC	0:14:12	(355)	0:02:42	0:41:23	(285)	0:01:03	0:23:31	(239)	1:22:52		1:22:52
278	355	10027017	5	Marc	Coyle	M	35-39	Piranha TC	0:13:48	(326)	0:02:33	0:42:03	(305)	0:01:31	0:22:57	(202)	1:22:53		1:22:53
279	331	10054585	4	Tony	Kelly	M	40-44	Kilkenny TC	0:16:06	(411)	0:01:48	0:40:19	(243)	0:01:20	0:23:23	(234)	1:22:56		1:22:56
280	284	10000090	4	Ed	Byrne	M	50-54	Naas TC	0:14:45	(374)	0:02:16	0:37:53	(155)	0:01:12	0:26:58	(376)	1:23:03		1:23:03
281	380	10004679	5	John	Fay	M	55-59	Piranha TC	0:13:19	(288)	0:02:59	0:43:06	(328)	0:01:08	0:22:36	(184)	1:23:08		1:23:08
282	272	10046552	4	Luke	Gahan	M	25-29	Belpark TC	0:12:13	(156)	0:02:40	0:42:21	(316)	0:01:17	0:24:43	(290)	1:23:14		1:23:14
283	111	10054090	2	Brian	Lehane	M	35-39		0:11:05	(47)	0:03:11	0:43:27	(337)	0:02:23	0:23:09	(223)	1:23:15		1:23:15
284	453	10052857	6	Peter	Daly	M	35-39	Tried & Tested TC	0:14:13	(356)	0:02:11	0:41:14	(278)	0:00:56	0:24:41	(287)	1:23:15		1:23:15
285	406	10013059	5	Ziemowit	Sobieraj	M	35-39		0:12:49	(240)	0:03:01	0:39:46	(221)	0:01:14	0:26:26	(355)	1:23:16		1:23:16
286	414	10040065	5	Marie	Toomey	F	35-39		0:13:20	(289)	0:02:10	0:41:43	(299)	0:00:55	0:25:26	(326)	1:23:34		1:23:34
287	79	10015475	1	Deirdre	Foley	F	45-49	Kilkenny TC	0:12:52	(244)	0:02:47	0:41:10	(272)	0:01:00	0:25:46	(338)	1:23:35		1:23:35
288	235	10037744	3	James	Schoeb	M	45-49	Tinahely TC	0:11:42	(95)	0:02:27	0:43:37	(340)	0:01:03	0:24:46	(294)	1:23:35		1:23:35
289	540	10044591	1	Aidan	Canny	M	40-44	Piranha TC	0:13:20	(290)	0:03:05	0:40:01	(233)	0:01:44	0:25:42	(336)	1:23:52		1:23:52
290	336	10012667	4	Clive	Jay	M	35-39		0:13:05	(267)	0:02:44	0:40:05	(234)	0:01:20	0:26:45	(365)	1:23:59		1:23:59
291	93	10002737	2	Rob	Shaw-hamilton	M	45-49	Tried & Tested TC	0:13:39	(315)	0:02:27	0:41:32	(291)	0:01:24	0:24:57	(302)	1:24:00		1:24:00
292	378	10044639	5	Siobhan	Forman	F	45-49	Piranha TC	0:17:00	(428)	0:02:47	0:37:42	(147)	0:01:46	0:24:47	(296)	1:24:01		1:24:01
293	330	10054631	4	Barry	Fitzpatrick	M	50-54	Adrenaline	0:13:26	(295)	0:04:59	0:39:51	(225)	0:02:08	0:23:42	(246)	1:24:06		1:24:06
294	213	10051843	3	Eoin	Jordan	M	35-39	Kilkenny TC	0:15:27	(395)	0:02:17	0:39:32	(210)	0:01:22	0:25:32	(329)	1:24:09		1:24:09
295	207	10012244	3	Eilish	Kilkenny	F	45-49	Belpark TC	0:13:52	(334)	0:01:52	0:40:56	(263)	0:01:16	0:26:20	(353)	1:24:16		1:24:16
296	251	10044694	3	Mark	Pringle	M	45-49	Piranha TC	0:12:28	(190)	0:02:57	0:40:58	(265)	0:01:44	0:26:10	(350)	1:24:18		1:24:18
297	472	10053490	6	Brian	Thornton	M	40-44	Wicklow TC	0:14:00	(343)	0:02:58	0:40:41	(256)	0:01:21	0:25:18	(319)	1:24:19		1:24:19
298	455	10052233	6	David	Gray	M	40-44	Wicklow TC	0:15:12	(386)	0:02:42	0:40:00	(232)	0:01:14	0:25:12	(314)	1:24:19		1:24:19
299	173	10013055	3	Brian	Maher	M	40-44	Adrenaline	0:16:07	(412)	0:02:08	0:39:49	(223)	0:01:58	0:24:21	(271)	1:24:23		1:24:23
300	157	10014884	2	Beata	Golczak	F	35-39	Pulse Triathlon Club	0:12:27	(186)	0:02:38	0:39:31	(208)	0:01:25	0:28:34	(405)	1:24:35		1:24:35
301	168	10041044	2	Mairead	Terry	F	40-44	Trilogy Triathlon Club	0:12:45	(233)	0:02:37	0:43:55	(345)	0:01:23	0:23:58	(255)	1:24:38		1:24:38
302	404	10010119	5	David	Bradish	M	30-34	Piranha TC	0:09:12	(2)	0:02:01	0:39:13	(201)	0:01:02	0:33:16	(455)	1:24:44		1:24:44
303	242	10043517	3	James	Bergin	F	35-39		0:13:07	(270)	0:02:39	0:42:14	(313)	0:01:18	0:25:37	(332)	1:24:55		1:24:55
304	413	10041104	5	Gordon	Walsh	M	45-49		0:11:38	(88)	0:03:02	0:40:49	(260)	0:02:12	0:27:19	(381)	1:25:00		1:25:00
305	338	10044385	4	Joanna	Butler	F	35-39	Pulse Triathlon Club	0:13:13	(278)	0:02:42	0:43:58	(348)	0:01:04	0:24:04	(261)	1:25:01		1:25:01

306	215	10023197	3 Paul	Flood	M	35-39	Kilkenny TC	0:18:07	(441)	0:02:35	0:40:40	(253)	0:01:13	0:22:34	(182)	1:25:08	1:25:08
307	401	10051419	5 Nigel	Chambers	M	40-44	Kilkenny TC	0:16:02	(408)	0:01:52	0:40:16	(239)	0:01:02	0:25:57	(343)	1:25:10	1:25:10
308	279	10041618	4 Mervin	Doyle	M	40-44	Kilkenny TC	0:13:44	(319)	0:02:45	0:44:18	(355)	0:01:30	0:22:59	(206)	1:25:16	1:25:16
309	117	10044898	2 Thomas	Marry	M	45-49	Kilkenny TC	0:12:44	(227)	0:02:39	0:41:12	(275)	0:01:08	0:27:34	(388)	1:25:17	1:25:17
310	306	10001639	4 Ciara	O'Neill	F	35-39	Wicklow TC	0:13:25	(293)	0:02:15	0:42:55	(324)	0:00:59	0:25:48	(341)	1:25:21	1:25:21
311	363	10050084	5 Mark	Power	M	40-44	Wicklow TC	0:16:44	(422)	0:02:52	0:41:19	(282)	0:01:56	0:22:35	(183)	1:25:26	1:25:26
312	347	10044526	5 Suzanne	Ryan	F	40-44	Belpark TC	0:14:22	(366)	0:02:50	0:44:07	(352)	0:01:12	0:22:56	(201)	1:25:28	1:25:28
313	210	10040447	3 Olga	Meade	F	35-39	Fingal TC	0:12:33	(204)	0:02:37	0:42:05	(306)	0:01:48	0:26:26	(354)	1:25:28	1:25:28
314	255	10035497	3 Laura	O'Shea	F	35-39	GoTri TC	0:14:14	(358)	0:02:09	0:41:10	(274)	0:01:04	0:26:55	(372)	1:25:33	1:25:33
315	462	10055039	6 Sinead	Duffy	F	45-49		0:14:10	(351)	0:03:20	0:41:29	(289)	0:01:32	0:25:07	(310)	1:25:38	1:25:38
316	510	10053678	6 Brian	Foley	M	30-34		0:13:46	(323)	0:03:10	0:42:05	(307)	0:01:26	0:25:14	(315)	1:25:42	1:25:42
317	145	10002265	2 Joanne	O'Donnell	F	40-44	GoTri TC	0:13:36	(309)	0:01:56	0:41:33	(293)	0:01:01	0:27:38	(392)	1:25:45	1:25:45
318	494	10053902	6 Tom	Taaffe	M	25-29		0:12:55	(251)	0:03:34	0:45:15	(370)	0:00:48	0:23:16	(227)	1:25:48	1:25:48
319	392	10044264	5 Mary	Crosbie	F	40-44	Fingal TC	0:15:24	(391)	0:02:54	0:42:58	(326)	0:01:41	0:22:54	(198)	1:25:51	1:25:51
320	112	10037017	2 Robert	Yeomans	M	30-34	Belpark TC	0:12:20	(168)	0:01:57	0:41:37	(297)	0:01:19	0:28:39	(407)	1:25:52	1:25:52
321	463	10004093	6 Riona	Ni mhuireartaigh	F	30-34		0:13:36	(310)	0:02:42	0:46:57	(393)	0:01:18	0:21:33	(129)	1:26:06	1:26:06
322	226	10044468	3 Lorraine	Carrabin	F	35-39	Piranha TC	0:12:24	(177)	0:02:35	0:44:03	(350)	0:01:40	0:25:25	(323)	1:26:06	1:26:06
323	167	10001464	2 Mark	Rhys-thomas	M	50-54	Tried & Tested TC	0:14:06	(348)	0:02:53	0:40:38	(252)	0:01:08	0:27:25	(385)	1:26:09	1:26:09
324	505	10003276	6 Pat	Morrissey	M	55-59	Wexford TC	0:15:16	(387)	0:02:37	0:43:58	(347)	0:01:02	0:23:19	(231)	1:26:11	1:26:11
325	365	10053772	5 Kian	Caulwell	M	30-34		0:15:01	(381)	0:03:19	0:41:15	(280)	0:01:40	0:25:04	(307)	1:26:19	1:26:19
326	39	10031964	1 Dave	Harris	M	45-49	Fingal TC	0:17:59	(440)	0:03:08	0:39:43	(219)	0:01:03	0:24:30	(280)	1:26:21	1:26:21
327	335	10042542	4 Rita	McGarvey	F	35-39	Kilkenny TC	0:15:21	(389)	0:02:26	0:44:19	(358)	0:01:09	0:23:07	(220)	1:26:23	1:26:23
328	487	10044286	6 Kieran	Byrne	M	40-44	Athy TC	0:12:25	(180)	0:02:48	0:45:35	(379)	0:00:51	0:24:45	(291)	1:26:24	1:26:24
329	507	10018744	6 George	Murphy	M	45-49		0:12:18	(166)	0:03:40	0:43:18	(333)	0:01:09	0:26:14	(352)	1:26:38	1:26:38
330	456	10050173	6 Robert	Clarke	M	45-49	Wicklow TC	0:13:39	(314)	0:03:42	0:41:35	(296)	0:01:14	0:26:34	(360)	1:26:44	1:26:44
331	382	10047471	5 Shane	Parkinson	M	40-44	Tri an Mhi TC	0:13:56	(339)	0:03:15	0:42:36	(319)	0:01:57	0:25:07	(309)	1:26:50	1:26:50
332	477	10054000	6 Mark	Nolan	M	40-44		0:12:47	(237)	0:02:23	0:45:08	(368)	0:01:15	0:25:25	(325)	1:26:58	1:26:58
333	348	10012407	5 Melanie	Mcgarry Hand	F	40-44	Fingal TC	0:13:51	(332)	0:02:40	0:43:35	(339)	0:01:08	0:25:48	(340)	1:27:01	1:27:01
334	11	10033709	1 Daireen	Gill	F	30-34	Piranha TC	0:12:23	(173)	0:02:57	0:44:03	(351)	0:01:17	0:26:28	(356)	1:27:07	1:27:07
335	397	10050132	5 Aoife	Reilly	F	25-29	Belpark TC	0:17:26	(435)	0:01:46	0:42:08	(308)	0:01:22	0:24:29	(279)	1:27:11	1:27:11
336	370	10038684	5 Shane	Geraghty	M	35-39	Activmultisport TC	0:13:52	(335)	0:02:55	0:44:11	(353)	0:01:19	0:25:10	(311)	1:27:27	1:27:27
337	143	10033472	2 Niall	Magee	M	25-29	Fingal TC	0:12:56	(252)	0:02:26	0:41:24	(286)	0:01:40	0:29:02	(412)	1:27:28	1:27:28
338	188	10042951	3 Elizabeth	Kearney	F	40-44	GoTri TC	0:11:44	(103)	0:02:46	0:41:53	(303)	0:01:36	0:29:36	(419)	1:27:34	1:27:34
339	342	10045677	5 Orla	Mc andrew	F	50-54	Wicklow TC	0:11:58	(129)	0:02:47	0:44:28	(360)	0:01:26	0:26:55	(373)	1:27:34	1:27:34
340	441	10048314	6 Sara	Hosey	F	25-29	Athy TC	0:12:02	(133)	0:02:59	0:45:19	(372)	0:01:12	0:26:10	(349)	1:27:43	1:27:43
341	537		1 Late	Entry				0:22:11	(461)	0:02:01	0:38:17	(176)	0:01:22	0:23:52	(251)	1:27:43	1:27:43
342	442	10036584	6 Joe	Dunne	M	45-49	Athy TC	0:16:17	(416)	0:02:32	0:41:45	(301)	0:01:53	0:25:21	(320)	1:27:49	1:27:49
343	420	10017791	5 Suzanne	Kelly	F	40-44	Athy TC	0:11:41	(92)	0:02:29	0:45:50	(382)	0:00:39	0:27:23	(384)	1:28:01	1:28:01
344	525	10015716	6 Belinda	Vazquez	F	40-44	Piranha TC	0:11:30	(80)	0:02:55	0:44:32	(362)	0:01:16	0:27:51	(394)	1:28:04	1:28:04
345	322	10047453	4 Conal	Bradley	M	35-39		0:14:20	(364)	0:03:52	0:42:17	(315)	0:02:29	0:25:16	(318)	1:28:14	1:28:14
346	223	10032711	3 Gina	Sheppard	F	25-29	Piranha TC	0:13:16	(283)	0:02:15	0:44:47	(365)	0:00:57	0:27:13	(377)	1:28:28	1:28:28
347	384	10054736	5 Treasa	Traynor	F	30-34	Wexford TC	0:13:37	(311)	0:02:00	0:45:38	(380)	0:01:17	0:25:57	(347)	1:28:28	1:28:28
348	387	10053825	5 John	Coary	M	25-29		0:16:07	(413)	0:03:31	0:44:40	(363)	0:00:56	0:23:16	(228)	1:28:31	1:28:31
349	165	10027185	2 Elizabeth	Callaghan	F	40-44	Tried & Tested TC	0:12:39	(218)	0:02:17	0:44:19	(356)	0:01:02	0:28:19	(401)	1:28:36	1:28:36
350	275	10029678	4 Helen	Dowdall	F	50-54	Fingal TC	0:13:48	(325)	0:02:47	0:44:02	(349)	0:01:22	0:26:41	(363)	1:28:40	1:28:40
351	373	10032468	5 Marrion	Holland	F	40-44	Drogheda TC	0:14:02	(345)	0:02:37	0:41:13	(276)	0:02:13	0:28:36	(406)	1:28:41	1:28:41
352	311	10031487	4 Kenneth	Murphy	M	40-44		0:12:09	(147)	0:02:32	0:46:09	(386)	0:01:13	0:26:43	(364)	1:28:45	1:28:45
353	133	10032313	2 David	Heeney	M	45-49	Athy TC	0:15:00	(380)	0:02:59	0:42:11	(312)	0:01:45	0:26:51	(368)	1:28:45	1:28:45
354	262	10040301	4 Gunter	Bayer	M	35-39	Athy TC	0:13:19	(287)	0:03:14	0:43:26	(335)	0:01:11	0:27:44	(393)	1:28:54	1:28:54
355	440	10043165	6 Angela	Robertson	F	40-44	Limerick TC	0:14:51	(377)	0:02:02	0:43:26	(336)	0:01:19	0:27:18	(379)	1:28:56	1:28:56
356	429	10043278	6 Mary	Renwick	F	40-44	Wexford TC	0:14:33	(371)	0:03:19	0:44:21	(359)	0:02:03	0:24:41	(288)	1:28:56	1:28:56

357	354	10054606	5	Conor	Barron	M	25-29	Piranha TC	0:12:36	(209)	0:02:42	0:46:00	(384)	0:02:32	0:25:14	(316)	1:29:04	1:29:04
358	339	10001731	4	Vivienne	Conlon	F	55-59	Wicklow TC	0:12:13	(155)	0:02:15	0:43:30	(338)	0:01:56	0:29:25	(418)	1:29:18	1:29:18
359	480	10045064	6	Linda	Fitzsimons	F	35-39	Belpark TC	0:13:45	(320)	0:02:03	0:43:08	(330)	0:01:06	0:29:18	(416)	1:29:19	1:29:19
360	153	10037862	2	Fiona	Kelly	F	25-29	Piranha TC	0:14:11	(354)	0:03:31	0:43:51	(342)	0:01:11	0:26:47	(366)	1:29:31	1:29:31
361	482	10036578	6	Christy	McCarthy	M	50-54	South Coast TC	0:14:45	(375)	0:03:43	0:43:52	(343)	0:01:35	0:25:37	(331)	1:29:32	1:29:32
362	135	10044960	2	Gunda	Albert	M	25-29	Belpark TC	0:12:32	(200)	0:01:59	0:42:57	(325)	0:01:11	0:30:58	(441)	1:29:36	1:29:36
363	501	10039588	6	Ivan	Pedrazzini	M	40-44	Piranha TC	0:13:14	(282)	0:02:55	0:48:54	(424)	0:01:00	0:23:37	(242)	1:29:41	1:29:41
364	36	10015840	1	Ariane	Gill	F	30-34	Belpark TC	0:11:49	(114)	0:03:09	0:44:50	(366)	0:00:56	0:29:20	(417)	1:30:04	1:30:04
365	518	10030643	6	Ken	Hughes	M	50-54		0:15:23	(390)	0:02:47	0:45:41	(381)	0:01:17	0:24:59	(305)	1:30:08	1:30:08
366	343	10018580	5	Laura	Tobin	F	30-34	Activmultisport TC	0:13:25	(294)	0:02:41	0:45:03	(367)	0:01:02	0:27:59	(396)	1:30:10	1:30:10
367	513	10049432	6	Peter	Breen	M	40-44		0:13:06	(269)	0:02:44	0:43:50	(341)	0:01:51	0:28:40	(408)	1:30:11	1:30:11
368	403	10045514	5	Marie	Moran	F	30-34	Piranha TC	0:16:46	(423)	0:02:40	0:42:46	(321)	0:01:06	0:26:55	(370)	1:30:13	1:30:13
369	376	10013108	5	Emma	Kennedy	F	35-39	Kilkenny TC	0:15:37	(399)	0:03:24	0:47:07	(396)	0:01:20	0:22:47	(194)	1:30:16	1:30:16
370	323	10003894	4	Clive	Byrne	M	40-44		0:14:39	(373)	0:03:07	0:43:53	(344)	0:01:26	0:27:15	(378)	1:30:20	1:30:20
371	134	10038286	2	Emmet	Wilkinson	M	20-24	Belpark TC	0:13:08	(274)	0:02:29	0:48:30	(418)	0:01:46	0:24:30	(281)	1:30:22	1:30:22
372	351	10012913	5	Antoinette	Butler	F	45-49	Midland TC	0:12:13	(157)	0:02:47	0:45:25	(373)	0:02:04	0:27:57	(395)	1:30:27	1:30:27
373	217	10005102	3	Suzanne	Scanlan	F	30-34	Midland TC	0:12:56	(253)	0:02:23	0:49:56	(435)	0:01:04	0:24:13	(264)	1:30:31	1:30:31
374	383	10001208	5	Denise	Murphy	F	45-49	Trilogy Triathlon Club	0:15:27	(394)	0:02:32	0:44:13	(354)	0:01:04	0:27:29	(386)	1:30:44	1:30:44
375	131	10038405	2	Gemma	Doyle	M	35-39	Activmultisport TC	0:12:12	(154)	0:02:23	0:46:47	(391)	0:01:08	0:28:25	(403)	1:30:55	1:30:55
376	411	10001040	5	Mairead	Creedon	F	40-44		0:13:09	(276)	0:03:02	0:46:20	(388)	0:01:05	0:27:22	(383)	1:30:58	1:30:58
377	431	10054761	6	Stephen	Waters	M	35-39		0:16:01	(407)	0:02:40	0:45:12	(369)	0:01:10	0:26:12	(351)	1:31:14	1:31:14
378	439	10037132	6	Lara	Loughman	F	35-39	Athy TC	0:12:35	(207)	0:02:15	0:45:34	(378)	0:00:50	0:30:00	(426)	1:31:15	1:31:15
379	435	10052480	6	Rachael	Goggins	F	30-34	Activmultisport TC	0:17:50	(439)	0:02:36	0:45:30	(375)	0:01:08	0:24:13	(265)	1:31:17	1:31:17
380	408	10013872	5	Fran	Traynor	M	60-64	Wexford TC	0:18:25	(444)	0:03:00	0:44:19	(357)	0:02:00	0:23:38	(243)	1:31:21	1:31:21
381	443	10012535	6	Fiona	Fitzpatrick	F	40-44	Fingal TC	0:16:16	(415)	0:01:58	0:43:57	(346)	0:01:07	0:28:09	(397)	1:31:27	1:31:27
382	436	10044702	6	Tommy	Wallace	M	30-34	Athy TC	0:13:00	(258)	0:02:30	0:49:03	(426)	0:02:10	0:24:47	(297)	1:31:30	1:31:30
383	204	10036915	3	Jeremy	Greco	M	40-44	Belpark TC	0:13:35	(306)	0:03:45	0:41:17	(281)	0:02:05	0:30:50	(438)	1:31:31	1:31:31
384	464	10055499	6	Geraldine	Kane	F	30-34		0:15:26	(393)	0:03:20	0:47:12	(398)	0:00:49	0:24:45	(292)	1:31:32	1:31:32
385	423	10054637	5	James	Furlong	M	40-44		0:13:47	(324)	0:03:46	0:47:15	(401)	0:01:01	0:25:47	(339)	1:31:36	1:31:36
386	415	10009428	5	Robert	Lanigan	M	50-54		0:14:01	(344)	0:02:58	0:43:05	(327)	0:01:33	0:30:02	(427)	1:31:39	1:31:39
387	539	10015020	6	Audrey	O'Dwyer	F	45-49	Limerick TC	0:15:04	(383)	0:03:12	0:46:54	(392)	0:01:33	0:25:11	(313)	1:59:48	1:31:53
388	138	10002178	2	Niall	Murphy	M	40-44	Belpark TC	0:12:47	(236)	0:02:07	0:47:45	(408)	0:01:26	0:28:31	(404)	1:32:35	1:32:35
389	386	10040429	5	Tom	Barry	M	35-39		0:14:04	(347)	0:02:25	0:48:17	(412)	0:01:46	0:26:07	(348)	1:32:39	1:32:39
390	277	10046802	4	Ciara	Culleton	F	30-34	GoTri TC	0:12:06	(141)	0:03:20	0:48:16	(411)	0:01:45	0:27:35	(390)	1:33:02	1:33:02
391	427		6	Jane	Smyth	F	35-39		0:14:02	(346)	0:04:04	0:46:08	(385)	0:01:20	0:27:35	(391)	1:33:10	1:33:10
392	514	10035839	6	Sinead	Delany	F	35-39	Drogheda TC	0:14:28	(370)	0:03:12	0:44:31	(361)	0:01:37	0:29:39	(422)	1:33:27	1:33:27
393	283	10045856	4	Janet	Beck	F	40-44	Kilkenny TC	0:14:19	(361)	0:03:13	0:45:16	(371)	0:01:52	0:28:47	(410)	1:33:27	1:33:27
394	457	10002669	6	Colm	Flood	M	40-44	Wicklow TC	0:22:24	(462)	0:02:52	0:40:43	(257)	0:01:48	0:25:45	(337)	1:33:32	1:33:32
395	469	10054920	6	Shelley	Atkins	F	35-39		0:15:57	(405)	0:03:17	0:47:36	(405)	0:01:15	0:25:31	(328)	1:33:36	1:33:36
396	448	10052966	6	Aisling	Costelloe	F	25-29	Piranha TC	0:16:06	(410)	0:03:07	0:48:53	(423)	0:00:52	0:24:40	(286)	1:33:38	1:33:38
397	517	10040479	6	Jorge	Collado	M	30-34		0:14:58	(379)	0:03:13	0:47:40	(407)	0:00:53	0:26:56	(374)	1:33:41	1:33:41
398	333	10055048	4	Benji	O'Brien	M	40-44	Adrenaline	0:20:15	(454)	0:04:00	0:42:46	(322)	0:02:16	0:24:28	(278)	1:33:45	1:33:45
399	99	10054308	2	Aoife	Traynor	F	30-34	Wexford TC	0:12:30	(196)	0:02:49	0:48:22	(415)	0:01:51	0:28:13	(398)	1:33:46	1:33:46
400	389	10011398	5	Karen	Hartery	F	35-39		0:15:56	(404)	0:03:37	0:48:04	(409)	0:01:24	0:24:46	(295)	1:33:47	1:33:47
401	358	10043994	5	Debbra	Walters	F	35-39	Piranha TC	0:13:53	(336)	0:03:14	0:47:33	(404)	0:01:39	0:27:30	(387)	1:33:49	1:33:49
402	395	10051708	5	Mark	Kelly	M	30-34	Activmultisport TC	0:13:50	(328)	0:03:19	0:49:10	(428)	0:00:52	0:26:51	(369)	1:34:02	1:34:02
403	199	10014152	3	Karen	Kavanagh	F	45-49	Athy TC	0:15:36	(398)	0:02:27	0:48:05	(410)	0:01:03	0:26:57	(375)	1:34:09	1:34:09
404	299	10033608	4	David	Webster	M	30-34	Tri an Mhi TC	0:14:27	(369)	0:03:00	0:45:33	(377)	0:01:25	0:30:03	(428)	1:34:28	1:34:28
405	538		5	Laurence	O Toole	M	50-54		0:24:28	(465)	0:02:36	0:42:10	(311)	0:01:01	0:24:15	(268)	1:34:31	1:34:31
406	465	10053784	6	Eoin	Sherlock	M	40-44	Piranha TC	0:13:42	(317)	0:02:35	0:45:30	(376)	0:01:09	0:31:45	(451)	1:34:41	1:34:41
407	396	10031359	5	Caroline	Howe	F	40-44	Athy TC	0:13:59	(341)	0:03:15	0:47:14	(399)	0:01:16	0:29:37	(420)	1:35:21	1:35:21

408	438	10027283	6	Bernie	Dillon	F	45-49	Athy TC	0:15:37	(400)	0:03:08	0:47:07	(395)	0:01:15	0:28:21	(402)	1:35:28	1:35:28
409	522	10047801	6	Ronan	Flynn	M	35-39	3D TC	0:22:08	(460)	0:03:12	0:43:07	(329)	0:01:25	0:25:38	(333)	1:35:30	1:35:30
410	104	10017949	2	Gary	Comey	M	40-44		0:15:09	(384)	0:04:48	0:47:24	(403)	0:01:41	0:26:31	(358)	1:35:33	1:35:33
411	346	10005337	5	Fergus	Dowd	M	55-59	Belpark TC	0:13:54	(337)	0:03:24	0:46:16	(387)	0:01:09	0:31:05	(443)	1:35:48	1:35:48
412	303	10039311	4	Grainne	Terrett	F	40-44	Trilogy Triathlon Club	0:13:13	(280)	0:02:24	0:47:08	(397)	0:01:33	0:31:30	(448)	1:35:48	1:35:48
413	390	10029826	5	Catherine	O'Rourke	F	30-34	Tinahely TC	0:18:27	(445)	0:01:39	0:48:21	(413)	0:01:00	0:26:39	(361)	1:36:06	1:36:06
414	461	10030686	6	David	O'grady	M	45-49		0:14:08	(349)	0:03:16	0:49:54	(434)	0:02:09	0:26:55	(371)	1:36:23	1:36:23
415	524	10055094	6	Philip	Ellis	M	25-29		0:15:31	(397)	0:04:31	0:50:36	(443)	0:00:54	0:25:01	(306)	1:36:32	1:36:32
416	489	10054115	6	David	Robinson	M	50-54	Belpark TC	0:18:16	(442)	0:02:59	0:46:59	(394)	0:01:05	0:27:18	(380)	1:36:36	1:36:36
417	171	10013352	3	Vincent	Dowling	M	50-54	Trilogy Triathlon Club									1:31:00	1:31:00
418	491	10042572	6	Karen	Fenton	F	40-44	Piranha TC	0:15:44	(402)	0:02:47	0:49:36	(431)	0:01:45	0:26:49	(367)	1:36:40	1:36:40
419	320	10053834	4	Philip	Murphy	M	25-29		0:17:11	(432)	0:04:43	0:49:41	(432)	0:01:07	0:24:05	(262)	1:36:47	1:36:47
420	23	10054271	1	Nuria	Tasies	F	40-44		0:17:04	(430)	0:04:16	0:50:35	(442)	0:01:04	0:24:43	(289)	1:37:42	1:37:42
421	263	10032865	4	Joanne	O'Brien	F	40-44	Athy TC	0:12:31	(197)	0:03:39	0:49:07	(427)	0:02:05	0:30:27	(434)	1:37:49	1:37:49
422	366	10041073	5	Danielle	Hartery	F	35-39		0:14:00	(342)	0:02:52	0:48:48	(421)	0:01:10	0:31:23	(445)	1:38:13	1:38:13
423	361	10026430	5	Gillian	Rutledge	F	30-34	Pulse Triathlon Club	0:13:49	(327)	0:03:19	0:46:36	(389)	0:02:29	0:32:33	(453)	1:38:45	1:38:45
424	38	10052521	1	Rachel	Gibson	F	40-44	Fingal TC	0:19:31	(452)	0:03:10	0:48:38	(419)	0:01:45	0:25:57	(346)	1:39:01	1:39:01
425	286	10046008	4	Pearse	Carberry	M	35-39	Phoenix TC	0:14:57	(378)	0:04:23	0:48:53	(422)	0:02:04	0:28:48	(411)	1:39:05	1:39:05
426	267	10026273	4	Valerie	Hayes	F	30-34	Belpark TC	0:14:17	(360)	0:03:13	0:49:32	(430)	0:01:36	0:30:48	(437)	1:39:25	1:39:25
427	432	10048798	6	Tom	Shipsey	M	55-59		0:17:12	(433)	0:05:34	0:50:17	(441)	0:02:00	0:24:27	(277)	1:39:30	1:39:30
428	433	10048233	6	Conan	Traynor	M	35-39	Activmultisport TC	0:17:01	(429)	0:03:04	0:47:38	(406)	0:01:21	0:30:52	(439)	1:39:55	1:39:55
429	460	10046795	6	Miriam	Keogan	F	35-39		0:16:59	(427)	0:04:25	0:48:28	(416)	0:01:53	0:28:16	(399)	1:40:01	1:40:01
430	170	10039550	2	Patricia	Eadie	F	55-59		0:19:19	(451)	0:04:03	0:45:26	(374)	0:01:35	0:29:41	(423)	1:40:04	1:40:04
431	523	10053863	6	Orla	Gahan	F	40-44		0:16:46	(424)							1:40:16	1:40:16
432	315	10056516	4	Emma	Bailey	F	30-34		0:14:14	(357)	0:03:51	0:46:41	(390)	0:01:27	0:34:19	(459)	1:40:33	1:40:33
433	512	10054639	6	Brian	Higgins	M	35-39		0:16:49	(426)	0:04:29	0:49:01	(425)	0:00:59	0:29:37	(421)	1:40:55	1:40:55
434	416	10042976	5	Dave	Lynch	M	55-59	Athy TC	0:17:09	(431)	0:03:38	0:49:14	(429)	0:01:42	0:29:14	(414)	1:40:57	1:40:57
435	405	10049380	5	Deirdre	Mullowney	M	30-34	Piranha TC	0:14:19	(362)	0:03:34	0:52:43	(450)	0:00:52	0:30:13	(430)	1:41:41	1:41:41
436	474	10037133	6	Alan	Loughman	M	35-39		0:25:43	(467)	0:02:50	0:45:51	(383)	0:01:26	0:26:31	(359)	1:42:21	1:42:21
437	394	10047770	5	Andrew	Schmidt	M	50-54	3D TC	0:17:35	(438)	0:02:59	0:50:15	(440)	0:02:40	0:29:02	(413)	1:42:31	1:42:31
438	519	10054487	6	Georgina	Whelan	F	35-39		0:20:42	(456)	0:03:11	0:53:54	(455)	0:00:50	0:24:13	(266)	1:42:50	1:42:50
439	290	10032577	4	Deirdre	Breslin	F	25-29	Piranha TC	0:18:16	(443)	0:03:44	0:48:21	(414)	0:01:37	0:30:55	(440)	1:42:53	1:42:53
440	475	10053809	6	Patricia	Brennan	F	40-44		0:16:04	(409)	0:03:07	0:52:22	(449)	0:01:14	0:30:10	(429)	1:42:58	1:42:58
441	508	10052213	6	Rozenn	Dahyot	F	40-44	Belpark TC	0:11:25	(73)	0:04:27	0:53:37	(454)	0:01:29	0:32:29	(452)	1:43:27	1:43:27
442	500	10037557	6	Jolene	Craig	F	30-34	Edenderry TC	0:15:11	(385)	0:03:29	0:50:07	(439)	0:01:29	0:33:21	(456)	1:43:37	1:43:37
443	506	10053905	6	Monica	Nolan	F	40-44		0:20:21	(455)	0:04:31	0:50:00	(437)	0:01:36	0:27:21	(382)	1:43:50	1:43:50
444	493	10053871	6	Lisa	Stafford	F	40-44		0:17:30	(437)	0:03:57	0:50:59	(444)	0:01:04	0:30:31	(435)	1:44:01	1:44:01
445	490	10002038	6	John	Molloy	M	70-74	Kilkenny TC	0:21:02	(457)	0:04:16	0:47:14	(400)	0:01:55	0:29:42	(424)	1:44:10	1:44:10
446	368	10032977	5	Sharon	Meyler	F	45-49	Belpark TC	0:17:28	(436)	0:03:29	0:51:48	(447)	0:01:13	0:30:46	(436)	1:44:43	1:44:43
447	466	10014038	6	Sinead	Lynch	F	35-39		0:16:47	(425)	0:02:23	0:49:51	(433)	0:01:24	0:34:42	(460)	1:45:07	1:45:07
448	447	10055728	6	Mary	Carton	F	50-54	WCC TC	0:21:52	(459)	0:04:38	0:50:06	(438)	0:01:29	0:27:34	(389)	1:45:39	1:45:39
449	398	10044302	5	Joe	Johnson	F	60-64	Belpark TC	0:25:10	(466)	0:02:58	0:48:30	(417)	0:01:20	0:28:16	(400)	1:46:13	1:46:13
450	318	10020633	4	Ciona	Collins	F	30-34		0:14:10	(353)	0:05:20	0:54:41	(456)	0:01:25	0:31:13	(444)	1:46:50	1:46:50
451	409	10037389	5	Dee	Flynn mcgrath	F	45-49	Wicklow TC	0:15:26	(392)	0:04:05	0:55:09	(458)	0:01:03	0:31:30	(447)	1:47:13	1:47:13
452	419	10044812	5	Alan	Daly	M	30-34	Pulse Triathlon Club	0:14:10	(352)	0:02:55	0:49:56	(436)	0:02:34	0:38:17	(463)	1:47:51	1:47:51
453	437	10044282	6	Siobhan	Harmon	F	35-39	Athy TC	0:25:58	(468)	0:02:30	0:48:39	(420)	0:00:45	0:30:13	(431)	1:48:06	1:48:06
454	536		1	Late	Entry				0:33:59	(469)	0:04:19	0:47:16	(402)	0:00:53	0:22:48	(195)	1:49:16	1:49:16
455	498	10054068	6	Roly	Smithers	M	35-39		0:13:52	(333)	0:03:13	0:59:34	(462)	0:01:46	0:31:03	(442)	1:49:28	1:49:28
456	520	10054804	6	Anne	Butler	F	35-39		0:17:16	(434)	0:04:10	0:55:28	(459)	0:01:12	0:31:45	(450)	1:49:51	1:49:51
457	445	10038179	6	Francis Xavier	O'Connor	M	65-69	Lanesboro TC	0:19:15	(449)	0:04:25	0:51:04	(445)	0:02:22	0:33:25	(457)	1:50:31	1:50:31
458	467	10046991	6	Elaine	Byrne	F	35-39		0:24:12	(464)	0:03:44	0:52:12	(448)	0:01:10	0:29:16	(415)	1:50:34	1:50:34

