

Tri3 Cahir - 10th July 2010
Provisional Results

Place	Bib	Surname	Forename	Wave	AG	Gender	Swim	S_Rank	T1	Cycle	C_Rank	T2	Run	R_Rank	Finish	Penalty	Total
1	18	Turner	Colm	Wave 1	25-29	Male	0:08:35	(7)	0:01:23	0:28:25	(2)	0:00:44	0:13:33	(1)	0:52:40		0:52:40
2	40	Kelleher	Louis	Wave 1	25-29	Male	0:08:55	(10)	0:01:04	0:30:00	(4)	0:00:42	0:14:56	(7)	0:55:36		0:55:36
3	21	wolfe	eric	Wave 1	30-34	Male	0:08:36	(8)	0:00:56	0:30:24	(6)	0:00:46	0:15:03	(9)	0:55:46		0:55:46
4	73	shelly	Kevin	Wave 1	35-39	Male	0:10:16	(35)	0:01:30	0:27:45	(1)	0:00:45	0:15:47	(15)	0:56:02		0:56:02
5	35	Bucley	Michael	Wave 1	30-34	Male	0:09:51	(26)	0:01:02	0:30:13	(5)	0:00:43	0:14:27	(4)	0:56:16		0:56:16
6	37	Dunne	Darragh	Wave 1	25-29	Male	0:08:50	(9)	0:01:05	0:29:57	(3)	0:00:46	0:16:08	(21)	0:56:45		0:56:45
7	59	Collins	Niall	Wave 1	35-39	Male	0:09:23	(17)	0:01:02	0:31:14	(8)	0:00:49	0:14:23	(2)	0:56:51		0:56:51
8	9	Dwyer	Owen	Wave 1	25-29	Male	0:08:33	(5)	0:01:02	0:31:49	(11)	0:00:40	0:14:52	(6)	0:56:56		0:56:56
9	5	Nolan	Philip	Wave 1	30-34	Male	0:09:47	(23)	0:01:04	0:30:48	(7)	0:00:45	0:15:22	(11)	0:57:45		0:57:45
10	70	Foolkes	Ronan	Wave 1	25-29	Male	0:09:06	(13)	0:01:05	0:32:35	(22)	0:00:44	0:15:02	(8)	0:58:31		0:58:31
11	25	Butler	keith	Wave 1	35-39	Male	0:08:34	(6)	0:01:26	0:31:47	(10)	0:00:54	0:15:57	(18)	0:58:38		0:58:38
12	111	Curran	Kenny	Wave 2	35-39	Male	0:06:19	(3)	0:01:20	0:31:57	(14)	0:00:53	0:14:23	(3)	0:59:52		0:59:52
13	81	O'Keefe	Derek	Wave 1	35-39	Male	0:10:48	(59)	0:01:33	0:32:16	(18)	0:01:00	0:15:29	(12)	1:01:06		1:01:06
14	207	O Grady	Michael	Wave 3	45-49	Male	0:10:32	(49)	0:01:36	0:32:10	(15)	0:00:59	0:15:54	(16)	1:01:11		1:01:11
15	41	Duffy	Gavin	Wave 1	25-29	Male	0:10:46	(58)	0:00:59	0:32:14	(17)	0:00:46	0:16:26	(29)	1:01:12		1:01:12
16	127	McDonald	John	Wave 2	30-34	Male	0:10:30	(48)	0:02:21	0:31:42	(9)	0:00:55	0:15:55	(17)	1:01:23		1:01:23
17	14	Corbett	Jason	Wave 1	30-34	Male	0:11:15	(88)	0:01:28	0:31:56	(12)	0:00:55	0:16:02	(19)	1:01:35		1:01:35
18	17	bowen	ger	Wave 1	25-29	Male	0:09:07	(14)	0:01:27	0:33:30	(32)	0:00:43	0:17:05	(49)	1:01:53		1:01:53
19	237	O Brien	John	Wave 3	30-34	Male	0:11:23	(98)	0:01:10	0:32:39	(24)	0:00:47	0:16:09	(23)	1:02:06		1:02:06
20	24	Niblock	Trevor	Wave 1	25-29	Male	0:08:30	(4)	0:01:36	0:35:49	(73)	0:00:35	0:15:39	(14)	1:02:09		1:02:09
21	72	Cantwell	Joseph	Wave 1	35-39	Male	0:11:10	(83)	0:01:27	0:31:56	(13)	0:00:57	0:16:49	(41)	1:02:19		1:02:19
22	15	hodge	john	Wave 1	30-34	Male	0:10:20	(37)	0:01:49	0:32:35	(23)	0:01:10	0:16:43	(38)	1:02:38		1:02:38
23	49	Coughlan	Sean	Wave 1	35-39	Male	0:10:42	(56)	0:01:47	0:32:20	(20)	0:01:33	0:16:30	(31)	1:02:51		1:02:51
24	74	Victorio	Felipe	Wave 1	25-29	Male	0:10:13	(34)	0:02:23	0:32:12	(16)	0:01:32	0:16:35	(33)	1:02:55		1:02:55
25	8	Robinson	Trevor	Wave 1	25-29	Male	0:10:23	(38)	0:01:10	0:32:30	(21)	0:00:56	0:17:59	(72)	1:02:59		1:02:59
26	135	RYAN	NOEL	Wave 2	30-34	Male	0:10:27	(43)	0:01:35	0:32:43	(25)	0:01:17	0:16:59	(44)	1:03:01		1:03:01
27	90	looney	aidan	Wave 2	30-34	Male	0:09:45	(21)	0:01:34	0:34:44	(55)	0:01:07	0:16:02	(20)	1:03:12		1:03:12
28	170	O Brien	Patricia	Wave 2	30-34	Female	0:10:25	(39)	0:01:10	0:34:25	(52)	0:00:49	0:16:29	(30)	1:03:17		1:03:17
29	104	Brace	Eli	Wave 2	30-34	Male	0:10:58	(72)	0:01:11	0:33:36	(33)	0:00:49	0:16:45	(39)	1:03:19		1:03:19
30	66	murphy	paddy	Wave 1	25-29	Male	0:10:45	(57)	0:01:48	0:34:47	(58)	0:00:58	0:15:19	(10)	1:03:38		1:03:38
31	67	O Brien	Conor	Wave 1	30-34	Male	0:10:29	(45)	0:01:51	0:34:03	(39)	0:00:57	0:16:25	(28)	1:03:44		1:03:44
32	3	o meara	denis	Wave 1	30-34	Male	0:09:17	(15)	0:01:24	0:34:09	(42)	0:34:09	0:18:01	(73)	1:03:46		1:03:46
33	57	Power	Ger	Wave 1	30-34	Male	0:09:35	(18)	0:01:31	0:34:21	(48)	0:00:53	0:17:28	(57)	1:03:49		1:03:49
34	132	kelleher	alan	Wave 2	25-29	Male	0:09:46	(22)	0:01:44	0:34:09	(41)	0:01:10	0:17:10	(52)	1:03:58		1:03:58
35	20	McEvoy	Derek	Wave 1	25-29	Male	0:11:04	(76)	0:01:22	0:33:45	(34)	0:00:47	0:17:13	(53)	1:04:10		1:04:10
36	52	Power	Graham	Wave 1	30-34	Male	0:09:53	(27)	0:01:30	0:33:27	(30)	0:01:01	0:18:26	(85)	1:04:19		1:04:19
37	33	Robinson	Gary	Wave 1	25-29	Male	0:09:59	(29)	0:01:32	0:33:12	(28)	0:00:55	0:18:59	(98)	1:04:37		1:04:37
38	103	O Regan	Tim	Wave 2	40-44	Male	0:11:06	(78)	0:01:32	0:32:43	(26)	0:01:00	0:18:32	(90)	1:04:53		1:04:53
39	53	Keane	Noel	Wave 1	35-39	Male	0:11:03	(74)	0:01:44	0:33:01	(27)	0:01:01	0:18:17	(81)	1:05:05		1:05:05
40	194	slowey	james	Wave 3	30-34	Male	0:12:40	(159)	0:02:03	0:32:17	(19)	0:01:24	0:16:41	(37)	1:05:05		1:05:05
41	31	O Connell	John	Wave 1	25-29	Male	0:11:03	(75)	0:01:58	0:34:23	(50)	0:01:10	0:16:46	(40)	1:05:20		1:05:20
42	145	Murphy	Barry	Wave 2	25-29	Male	0:11:19	(95)	0:01:52	0:34:24	(51)	0:00:53	0:16:52	(42)	1:05:21		1:05:21
43	158	Kelleher	Maurice	Wave 2	25-29	Male	0:11:40	(121)	0:01:13	0:33:45	(35)	0:01:14	0:17:34	(58)	1:05:27		1:05:27
44	159	Lynch	Damien	Wave 2	30-34	Male	0:12:13	(139)	0:01:39	0:34:09	(44)	0:01:12	0:16:16	(24)	1:05:30		1:05:30
45	29	Ledger	Alison	Wave 1	30-34	Female	0:09:51	(25)	0:01:08	0:34:23	(49)	0:00:49	0:19:20	(106)	1:05:31		1:05:31
46	138	Bourke	Aidan	Wave 2	25-29	Male	0:11:23	(99)	0:01:28	0:34:10	(45)	0:00:54	0:17:39	(60)	1:05:35		1:05:35
47	62	Collier	Martin	Wave 1	30-34	Male	0:11:42	(125)	0:01:40	0:34:31	(54)	0:00:52	0:17:00	(45)	1:05:45		1:05:45
48	142	mccarthy	derek	Wave 2	30-34	Male	0:12:23	(144)	0:02:00	0:33:18	(29)	0:01:05	0:17:01	(46)	1:05:48		1:05:48
49	79	O Donovan	Niall	Wave 1	45-49	Male	0:09:39	(20)	0:01:57	0:35:53	(74)	0:01:00	0:17:20	(54)	1:05:49		1:05:49
50	91	Devlin	Shane	Wave 2	30-34	Male	0:12:02	(135)	0:01:10	0:33:29	(31)	0:00:58	0:18:16	(80)	1:05:54		1:05:54
51	47	Ryan	Gary	Wave 1	16-19	Male	0:08:55	(11)	0:01:08	0:35:54	(75)	0:00:56	0:18:58	(97)	1:05:55		1:05:55
52	168	Twohig	Paul	Wave 2	30-34	Male	0:10:26	(40)	0:01:55	0:34:44	(56)	0:01:11	0:17:47	(64)	1:06:03		1:06:03
53	61	Niblock	David	Wave 1	25-29	Male	0:09:04	(12)	0:01:20	0:37:10	(100)	0:00:54	0:17:43	(63)	1:06:12		1:06:12
54	153	Broderick	Stephen	Wave 2	20-24	Male	0:11:13	(86)	0:03:11	0:34:09	(43)	0:00:51	0:17:10	(51)	1:06:34		1:06:34
55	58	KELLY	EMMETT	Wave 1	30-34	Male	0:10:55	(67)	0:01:25	0:34:15	(46)	0:00:58	0:19:06	(100)	1:06:39		1:06:39
56	116	Wafar	Aidan	Wave 2	40-44	Male	0:12:33	(152)	0:01:38	0:33:50	(36)	0:00:45	0:17:56	(70)	1:06:42		1:06:42
57	117	Murphy	Phil	Wave 2	35-39	Male	0:10:32	(50)	0:01:26	0:35:09	(65)	0:01:00	0:18:41	(91)	1:06:47		1:06:47
58	122	Hurley	Douglas	Wave 2	30-34	Male	0:11:22	(96)	0:01:56	0:36:03	(78)	0:01:19	0:16:33	(32)	1:07:13		1:07:13
59	133	Wilson	Conor	Wave 2	35-39	Male	0:11:29	(107)	0:02:26	0:33:53	(37)	0:01:37	0:17:48	(66)	1:07:14		1:07:14
60	178	Shalloo	Kevin	Wave 3	40-44	Male	0:11:34	(111)	0:01:27	0:36:57	(96)	0:01:06	0:16:24	(27)	1:07:28		1:07:28
61	179	Kennedy	Robert	Wave 3	30-34	Male	0:11:09	(81)	0:01:38	0:37:13	(101)	0:00:46	0:17:05	(48)	1:07:51		1:07:51
62	68	Brennan	James	Wave 1	50-54	Male	0:10:52	(64)	0:01:31	0:34:51	(59)	0:01:37	0:19:04	(99)	1:07:55		1:07:55
63	134	Byrne	Conor	Wave 2	30-34	Male	0:10:58	(71)	0:02:00	0:35:05	(64)	0:00:51	0:19:13	(102)	1:08:06		1:08:06
64	125	O Dwyer	Darragh	Wave 2	30-34	Male	0:12:00	(134)	0:01:56	0:34:03	(38)	0:01:07	0:19:09	(101)	1:08:16		1:08:16
65	258	Garda Team		Wave 1	Relay	Relay	0:11:26	(103)	0:01:11	0:38:26	(123)	0:00:58	0:16:20	(25)	1:08:22		1:08:22
66	96	Ormonde	Edward	Wave 2	40-44	Male	0:11:43	(126)	0:01:59	0:34:19	(47)	0:01:11	0:19:13	(103)	1:08:24		1:08:24
67	6	Lee	Jennifer	Wave 1	25-29	Female	0:09:48	(24)	0:01:22	0:37:41	(111)	0:00:52	0:18:43	(94)	1:08:25		1:08:25
68	45	Courtney	Donal	Wave 1	25-29	Male	0:11:16	(89)	0:03:19	0:36:45	(90)	0:00:48	0:16:22	(26)	1:08:30		1:08:30
69	167	Woolley	Eoin	Wave 2	25-29	Male	0:11:58	(132)	0:01:36	0:35:05	(63)	0:02:12	0:17:42	(61)	1:08:33		1:08:33
70	188	Lahiffe	Fintan	Wave 3	35-39	Male	0:11:16	(90)	0:02:17	0:37:00	(98)	0:01:05	0:17:04	(47)	1:08:42		1:08:42
71	55	Dowling	Fiona	Wave 1	20-24	Female	0:10:03	(31)	0:01:29	0:38:11	(117)	0:00:42	0:18:25	(84)	1:08:49		1:08:49
72	231	Daly	Paul	Wave 3	30-34	Male	0:13:05	(179)	0:02:08	0:36:25	(84)	0:01:09	0:16:08	(22)	1:08:54		1:08:54
73	120	Slavin	Danny	Wave 2	25-29	Male	0:12:34	(153)	0:01:44	0:36:02	(77)	0:01:10	0:17:26	(56)	1:08:56		1:08:56
74	98	Coleman	Keith	Wave 2	20-24	Male	0:1										

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97	163	Gibney	Paul	Wave 2	40-44	Male	0:12:09	(137)	0:02:07	0:34:07	(40)	0:01:51	0:20:51	(149)	1:11:05	1:11:05
98	182	Masters	James	Wave 3	25-29	Male	0:10:55	(68)	0:02:16	0:37:35	(107)	0:00:54	0:19:26	(109)	1:11:06	1:11:06
99	236	Trehy	Justin	Wave 3	35-39	Male	0:11:18	(91)	0:02:04	0:37:04	(99)	0:01:23	0:19:22	(108)	1:11:10	1:11:10
100	174	Coughlan	Karen	Wave 3	25-29	Female	0:11:36	(113)	0:02:17	0:38:04	(116)	0:00:47	0:18:27	(86)	1:11:11	1:11:11
101	247	Neumerzhitskiy	Vasily	Wave 3	40-44	Male	0:12:53	(165)	0:02:34	0:39:30	(153)	0:00:44	0:15:31	(13)	1:11:13	1:11:13
102	162	Parker	Graham	Wave 2	30-34	Male	0:13:44	(194)	0:02:56	0:36:56	(95)	0:01:01	0:16:35	(34)	1:11:13	1:11:13
103	216	Sheehan	Eoin	Wave 3	25-29	Male	0:10:41	(55)	0:02:23	0:36:49	(93)	0:01:29	0:20:07	(129)	1:11:29	1:11:29
104	118	Deasy	Killian	Wave 2	30-34	Male	0:11:09	(82)	0:01:56	0:37:25	(103)	0:00:50	0:20:17	(134)	1:11:37	1:11:37
105	171	Walsh	Paul	Wave 3	20-24	Male	0:11:02	(73)	0:02:13	0:39:03	(140)	0:00:42	0:18:53	(95)	1:11:53	1:11:53
106	85	Mc Carthy	Joe	Wave 1	40-44	Male	0:10:51	(63)	0:02:25	0:38:54	(133)	0:01:17	0:18:27	(88)	1:11:54	1:11:54
107	51	Walsh	Sinead	Wave 1	35-39	Female	0:09:18	(16)	0:01:39	0:39:22	(146)	0:01:18	0:20:23	(135)	1:12:00	1:12:00
108	204	O Keffe	Garry	Wave 3	40-44	Male	0:12:59	(176)	0:02:17	0:37:27	(104)	0:01:12	0:18:15	(79)	1:12:11	1:12:11
109	102	Doyle	Mark	Wave 2	25-29	Male	0:13:16	(186)	0:01:55	0:34:55	(60)	0:01:19	0:20:50	(148)	1:12:16	1:12:16
110	115	Coleman	Gareth	Wave 2	40-44	Male	0:11:55	(130)	0:01:28	0:38:25	(122)	0:01:08	0:19:26	(110)	1:12:22	1:12:22
111	101	Rowan	Kim	Wave 2	25-29	Female	0:12:21	(142)	0:01:40	0:38:23	(121)	0:01:22	0:18:42	(93)	1:12:29	1:12:29
112	100	Delaney	Linda	Wave 2	30-34	Female	0:11:09	(80)	0:02:01	0:38:00	(115)	0:00:49	0:20:34	(143)	1:12:33	1:12:33
113	146	Kelleher	Brian	Wave 2	30-34	Male	0:10:55	(69)	0:02:41	0:36:58	(97)	0:01:37	0:20:25	(137)	1:12:37	1:12:37
114	129	Roche	Aine	Wave 2	25-29	Female	0:10:56	(70)	0:03:01	0:40:37	(168)	0:01:28	0:16:38	(36)	1:12:41	1:12:41
115	173	Hanrahan	Barry	Wave 3	25-29	Male	0:13:32	(192)	0:01:49	0:36:41	(89)	0:01:03	0:19:39	(118)	1:12:43	1:12:43
116	155	Hickey	Ray	Wave 2	30-34	Male	0:12:41	(160)	0:01:38	0:39:21	(145)	0:01:17	0:17:49	(68)	1:12:46	1:12:46
117	154	Gogglin	Anne	Wave 2	45-49	Female	0:11:57	(131)	0:02:10	0:39:35	(156)	0:01:11	0:18:27	(87)	1:13:20	1:13:20
118	214	Coffey	Liam	Wave 3	50-54	Male	0:11:34	(110)	0:02:39	0:36:22	(81)	0:01:21	0:21:31	(162)	1:13:26	1:13:26
119	169	Burke	Rory	Wave 2	25-29	Male	0:11:40	(119)	0:01:53	0:37:33	(106)	0:01:17	0:21:03	(153)	1:13:27	1:13:27
120	177	Reidy	Mark	Wave 3	40-44	Male	0:11:25	(100)	0:02:38	0:36:26	(85)	0:01:34	0:21:24	(159)	1:13:27	1:13:27
121	78	Magnetti	Paolo	Wave 1	40-44	Male	0:09:57	(28)	0:02:24	0:39:28	(150)	0:01:24	0:20:23	(136)	1:13:37	1:13:37
122	184	Heney	Sonya	Wave 3	30-34	Female	0:12:36	(157)	0:02:04	0:38:14	(119)	0:01:29	0:19:22	(107)	1:13:44	1:13:44
123	12	O Donovan	Con	Wave 1	35-39	Male	0:11:39	(118)	0:03:02	0:38:22	(120)	0:00:54	0:19:49	(124)	1:13:48	1:13:48
124	64	McCarrick	Neil	Wave 1	16-19	Male	0:10:27	(42)	0:01:37	0:41:07	(175)	0:01:07	0:19:35	(116)	1:13:52	1:13:52
125	139	Carew	John	Wave 2	40-44	Male	0:11:25	(101)	0:02:55	0:38:33	(126)	0:01:30	0:19:42	(119)	1:14:05	1:14:05
126	89	Skehan	Niall	Wave 2	35-39	Male	0:11:31	(109)	0:01:50	0:38:55	(134)	0:01:18	0:19:33	(114)	1:14:07	1:14:07
127	106	ni chonchair	brid	Wave 2	25-29	Female	0:12:12	(138)	0:02:13	0:36:46	(91)	0:01:08	0:21:50	(171)	1:14:09	1:14:09
128	192	Barry	Eamonn	Wave 3	30-34	Male	0:11:18	(94)	0:02:39	0:37:42	(112)	0:00:54	0:21:43	(168)	1:14:10	1:14:10
129	28	Gilmartin	JP	Wave 1	30-34	Male	0:10:00	(30)	0:01:21	0:40:21	(163)	0:01:04	0:21:30	(161)	1:14:17	1:14:17
130	186	Broderick	Denis	Wave 3	35-39	Male	0:12:25	(146)	0:02:17	0:37:40	(110)	0:01:16	0:20:39	(144)	1:14:17	1:14:17
131	136	rodgers	darren	Wave 2	25-29	Male	0:11:38	(117)	0:02:40	0:37:39	(109)	0:01:36	0:20:49	(147)	1:14:22	1:14:22
132	42	Howlett	Johanna	Wave 1	25-29	Female	0:10:29	(46)	0:02:16	0:39:18	(144)	0:01:15	0:21:05	(154)	1:14:23	1:14:23
133	255	O Reilly	Desmond	Wave 3	25-29	Male	0:11:11	(85)	0:01:33	0:39:12	(142)	0:01:08	0:21:24	(160)	1:14:28	1:14:28
134	60	Lee	Michael	Wave 1	45-49	Male	0:12:16	(140)	0:02:14	0:37:46	(113)	0:01:49	0:20:33	(142)	1:14:38	1:14:38
135	108	Power	Nicky	Wave 2	35-39	Male									1:14:45	1:14:45
136	76	Quinn	Jennifer	Wave 1	25-29	Female	0:10:53	(65)	0:02:50	0:40:21	(164)	0:00:51	0:19:59	(128)	1:14:54	1:14:54
137	80	Wellwood	Ailison	Wave 1	30-34	Female	0:11:41	(123)	0:02:00	0:38:59	(138)	0:01:17	0:21:07	(155)	1:15:05	1:15:05
138	229	baynham	david	Wave 3	25-29	Male	0:12:20	(141)	0:02:03	0:36:48	(92)	0:01:31	0:22:23	(180)	1:15:05	1:15:05
139	140	Forristal	David	Wave 2	35-39	Male	0:12:35	(154)	0:02:51	0:37:36	(108)	0:01:37	0:20:27	(140)	1:15:06	1:15:06
140	69	Blissett	Peter	Wave 1	30-34	Relay	0:11:27	(104)	0:01:04	0:44:33	(205)		0:18:03	(74)	1:15:07	1:15:07
141	137	mulcahy	fran	Wave 2	25-29	Female	0:12:49	(163)	0:02:14	0:38:40	(129)	0:01:41	0:19:48	(123)	1:15:12	1:15:12
142	212	Loneragan	Evan	Wave 3	30-34	Male	0:12:55	(166)	0:02:43	0:38:33	(125)	0:01:46	0:19:32	(113)	1:15:28	1:15:28
143	26	O Connor	David	Wave 1	25-29	Male	0:11:44	(127)	0:01:58	0:39:43	(159)	0:01:25	0:20:52	(150)	1:15:42	1:15:42
144	150	houeix	ben	Wave 2	30-34	Male	0:10:06	(32)	0:02:17	0:42:01	(179)	0:01:19	0:20:17	(133)	1:15:59	1:15:59
145	165	Collins	Michael	Wave 2	25-29	Male	0:13:35	(193)	0:02:20	0:38:35	(127)	0:01:37	0:19:57	(127)	1:16:04	1:16:04
146	221	O Gorman	Noreen	Wave 3	20-24	Female	0:12:58	(171)	0:02:02	0:38:42	(130)	0:01:00	0:21:40	(166)	1:16:21	1:16:21
147	222	Elliott	Stephaine	Wave 3	20-24	Female	0:12:58	(173)	0:02:02	0:38:42	(131)	0:00:54	0:21:45	(170)	1:16:21	1:16:21
148	191	Griffin	Paul	Wave 3	40-44	Male	0:13:07	(180)	0:02:21	0:36:17	(80)	0:01:37	0:23:00	(191)	1:16:22	1:16:22
149	121	omahoney	martina	Wave 2	30-34	Female	0:12:33	(151)	0:02:04	0:43:08	(193)	0:01:40	0:17:07	(50)	1:16:32	1:16:32
150	131	Hayes	Fiona	Wave 2	30-34	Female	0:11:18	(93)	0:01:33	0:38:27	(124)	0:01:18	0:23:58	(200)	1:16:34	1:16:34
151	99	Skehan	Anne	Wave 2	30-34	Female	0:12:26	(147)	0:02:19	0:39:00	(139)	0:01:05	0:21:44	(169)	1:16:34	1:16:34
152	227	Kelleher	Gene	Wave 3	35-39	Male	0:15:40	(222)	0:03:12	0:35:47	(72)	0:01:29	0:20:27	(139)	1:16:36	1:16:36
153	50	Murray	Malachi	Wave 1	35-39	Male	0:11:04	(77)	0:01:14	0:45:14	(207)	0:00:55	0:18:12	(77)	1:16:39	1:16:39
154	109	Henebry	Aidan	Wave 2	30-34	Male	0:12:58	(172)	0:02:44	0:39:26	(149)	0:01:44	0:19:52	(125)	1:16:43	1:16:43
155	239	Rice	Catherine	Wave 3	30-34	Female	0:05:13	(1)	0:02:00	0:41:05	(174)	0:01:00	0:17:38	(59)	1:16:56	1:16:56
156	238	dunne	shane	Wave 3	25-29	Male	0:13:13	(183)	0:02:02	0:38:14	(118)	0:01:09	0:22:20	(178)	1:16:57	1:16:57
157	112	O Grady	Anne	Wave 2	30-34	Female									1:16:59	1:16:59
158	172	Hayes	Kevin	Wave 3	30-34	Male	0:11:26	(102)	0:02:24	0:39:22	(147)	0:01:32	0:22:40	(185)	1:17:25	1:17:25
159	144	Addie	Darren	Wave 2	25-29	Male	0:15:07	(218)	0:02:52	0:38:51	(132)	0:01:40	0:18:56	(96)	1:17:26	1:17:26
160	235	Healy	Gerard	Wave 3	25-29	Male	0:11:44	(128)	0:03:40	0:42:07	(181)	0:01:18	0:18:42	(92)	1:17:31	1:17:31
161	176	Lowry	Richard	Wave 3	35-39	Male	0:10:27	(44)	0:01:14	0:46:12	(213)	0:01:21	0:18:30	(89)	1:17:45	1:17:45
162	82	Grant	Paul	Wave 1	35-39	Male	0:11:07	(79)	0:03:15	0:39:14	(143)	0:01:54	0:22:21	(179)	1:17:51	1:17:51
163	43	Smyth	Miriam	Wave 1	25-29	Female	0:12:23	(145)	0:02:50	0:42:59	(191)	0:01:23	0:18:19	(83)	1:17:54	1:17:54
164	260	Rosaleen	Griffin	Wave 1	Relay	Relay	0:10:49	(61)	0:00:53	0:42:59	(190)	0:00:42	0:22:32	(182)	1:17:55	1:17:55
165	206	O Keffe	Marie	Wave 3	30-34	Female	0:12:06	(136)	0:02:23	0:41:37	(176)	0:00:56	0:20:55	(151)	1:17:57	1:17:57
166	183	Keogh	Aisling	Wave 3	25-29	Female	0:11:38	(116)	0:02:06	0:40:37	(167)	0:01:47	0:22:02	(175)	1:18:10	1:18:10
167	166	Maher	Sean	Wave 2	35-39	Male	0:13:18	(187)	0:02:34	0:40:55	(173)	0:01:38	0:20:12	(131)	1:18:36	1:18:36
168	208	Kennedy	Liam	Wave 3	40-44	Male	0:14:02	(202)	0:01:42	0:39:29	(151)	0:01:33	0:21:52	(173)	1:18:38	1:18:38
169	220	Birmingham	Robert	Wave 3	25-29	Male	0:15:01	(217)	0:02:38	0:38:39	(128)	0:01:09	0:21:14	(158)	1:18:40	1:18:40
170	151	Duggan	john	Wave 2	25-29	Male	0:10:41	(54)	0:03:01	0:40:34	(166)	0:01:59	0:22:31	(181)	1:18:47	1:18:47
171	161	Lyons	Paul	Wave 2	25-29	Male	0:11:28	(106)	0:02:06	0:40:40	(170)	0:01:49	0:22:46	(189)	1:18:48	1:18:48

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Provisional Results

194	180	Arrigan	Pat	Wave 3	45-49	Male	0:12:51	(164)	0:05:09	0:42:01	(180)	0:01:11	0:22:10	(176)	1:23:22	1:23:22
195	198	flemin	michelle	Wave 3	25-29	Female	0:14:10	(205)	0:01:22	0:43:19	(195)	0:00:54	0:23:40	(196)	1:23:23	1:23:23
196	246	O Mahony	Ronan	Wave 3	25-29	Male	0:14:16	(207)	0:03:20	0:42:52	(188)	0:01:50	0:21:34	(163)	1:23:52	1:23:52
197	86	O Keane	Peter	Wave 2	45-49	Male	0:13:08	(182)	0:03:19	0:40:03	(161)	0:00:57	0:26:30	(216)	1:23:57	1:23:57
198	190	Kelly	John	Wave 3	30-34	Male	0:12:56	(168)	0:04:27	0:40:07	(162)	0:01:35	0:25:01	(206)	1:24:06	1:24:06
199	126	casey	david	Wave 2	16-19	Male	0:19:15	(230)	0:01:55	0:38:56	(136)	0:01:24	0:22:41	(187)	1:24:10	1:24:10
200	56	Hennessey	Cora	Wave 1	30-34	Relay									1:24:31	1:24:31
201	36	Harvey	Nicki	Wave 1	40-44	Female	0:10:26	(41)	0:02:04	0:42:56	(189)	0:01:27	0:27:39	(219)	1:24:32	1:24:32
202	23	merrigan	peter	Wave 1	25-29	Male	0:10:10	(33)	0:03:23	0:44:23	(202)	0:00:49	0:25:47	(211)	1:24:32	1:24:32
203	13	FLEMING	NIAMH	Wave 1	40-44	Female	0:13:24	(190)	0:02:05	0:43:06	(192)	0:00:50	0:25:14	(207)	1:24:40	1:24:40
204	245	Roehm	Jeremie	Wave 3	20-24	Male	0:15:36	(220)							1:24:43	1:24:43
205	113	Murnane	Mags	Wave 2	30-34	Female	0:12:37	(158)	0:04:45	0:42:47	(187)	0:00:56	0:23:50	(199)	1:24:56	1:24:56
206	240	Duggan	Michael	Wave 3	45-49	Male	0:11:59	(133)	0:06:51	0:43:22	(196)	0:02:29	0:20:16	(132)	1:24:58	1:24:58
207	123	horgan	ronan	Wave 2	40-44	Male	0:13:58	(198)	0:02:51	0:45:45	(210)	0:02:08	0:21:12	(157)	1:25:53	1:25:53
208	233	healy	siobhan	Wave 3	30-34	Female	0:17:29	(226)	0:02:43						1:26:01	1:26:01
209	250	condron	karl	Wave 3	35-39	Male	0:18:06	(228)							1:26:02	1:26:02
210	156	Walsh	Fiona	Wave 2	30-34	Female	0:13:46	(195)	0:03:42	0:41:37	(177)	0:02:02	0:25:26	(209)	1:26:34	1:26:34
211	251	shevlin	colm	Wave 3	35-39	Male	0:18:06	(229)	0:04:30	0:39:33	(155)	0:00:54	0:23:32	(194)	1:26:36	1:26:36
212	197	Blaney	Neil	Wave 3	45-49	Male	0:14:00	(201)	0:03:05	0:45:18	(208)	0:02:21	0:22:20	(177)	1:27:04	1:27:04
213	225	Connolly	Valerie	Wave 3	35-39	Female	0:10:53	(66)	0:01:04	0:53:19	(222)				1:27:10	1:27:10
214	209	Bowes	Rebecca	Wave 3	30-34	Female	0:12:57	(169)	0:02:12	0:45:28	(209)	0:01:04	0:26:06	(215)	1:27:47	1:27:47
215	217	Sleator	Dee	Wave 3	40-44	Female	0:12:22	(143)	0:02:24	0:46:09	(212)	0:01:14	0:25:52	(213)	1:28:02	1:28:02
216	241	Keane	Brendan	Wave 3	35-39	Male	0:15:38	(221)	0:04:19	0:42:19	(184)	0:01:55	0:24:12	(203)	1:28:23	1:28:23
217	254	Costello	Elaine	Wave 3	35-39	Female	0:13:08	(181)	0:03:30	0:45:52	(211)	0:01:02	0:24:54	(205)	1:28:25	1:28:25
218	256	O Brien	AnnMarie	Wave 3	30-34	Female	0:15:43	(223)	0:03:55	0:43:22	(197)	0:01:55	0:24:08	(201)	1:29:03	1:29:03
219	164	Keane	Enda	Wave 2	40-44	Male	0:14:33	(211)	0:03:25	0:45:05	(206)	0:01:49	0:26:05	(214)	1:30:57	1:30:57
220	249	O Sullivan	Carol	Wave 3	30-34	Female	0:12:29	(149)	0:04:18	0:47:37	(216)	0:01:20	0:25:15	(208)	1:30:59	1:30:59
221	252	Hogan	Jennifer	Wave 3	25-29	Female	0:14:08	(203)	0:03:57	0:47:39	(217)	0:02:36	0:23:20	(192)	1:31:40	1:31:40
222	189	Nyhan	Frank	Wave 3	20-24	Male	0:06:02	(2)	0:04:03	0:48:51	(219)	0:01:21	0:21:58	(174)	1:32:15	1:32:15
223	218	Croome	Michael	Wave 3	55-59	Male	0:13:29	(191)	0:02:01	0:52:55	(221)	0:01:15	0:23:48	(198)	1:33:28	1:33:28
224	83	o donnell	mary	Wave 1	30-34	Female	0:12:58	(170)	0:04:42	0:47:06	(215)	0:01:39	0:27:17	(218)	1:33:41	1:33:41
225	253	Costello	Rachel	Wave 3	30-34	Female	0:14:41	(213)	0:03:25	0:47:50	(218)	0:01:08	0:26:59	(217)	1:34:04	1:34:04
226	248	Niland	Ger	Wave 3	45-49	Male	0:14:49	(214)	0:04:01	0:43:59	(200)	0:01:52	0:29:46	(221)	1:34:28	1:34:28
227	187	O Donoghue	Susan	Wave 3	40-44	Female	0:14:27	(208)	0:03:46	0:50:55	(220)	0:01:21	0:24:20	(204)	1:34:49	1:34:49
228	157	Stevenson	Adele	Wave 2	30-34	Female	0:13:13	(184)	0:04:50	0:44:30	(203)	0:03:33	0:29:04	(220)	1:35:10	1:35:10
229	141	Keane	Canice	Wave 2	40-44	Male	0:15:26	(219)	0:02:28	0:44:31	(204)	0:01:08	0:31:38	(224)	1:35:11	1:35:11
230	213	O Dwyer	Susan	Wave 3	25-29	Female	0:12:59	(174)	0:03:44	0:54:08	(223)	0:01:04	0:29:53	(222)	1:41:48	1:41:48
231	243	O Mahony	Gillian	Wave 3	30-34	Male	0:14:36	(212)	0:03:20	0:54:10	(224)	0:01:17	0:30:16	(223)	1:43:39	1:43:39
232	203	Keating	Nicola	Wave 3	30-34	Female	0:17:57	(227)	0:05:56	0:59:39	(226)	0:01:28	0:32:23	(225)	1:57:23	1:57:23
	147	Andia	Juliana	Wave 2	20-24	Female	0:16:49	(225)							DNF	DNF