

Place	Number	Name	Surname	Sex	Cat	Swim	T1	Cycle	T2	Run	Finish
1	314	John	Greaney	Male	30-39	0:12:16	0:01:35	0:32:03	0:00:44	0:15:11	1:01:49
2	367	Art	Naughton	Male	30-39	0:11:59	0:01:30	0:33:21	0:00:58	0:17:09	1:04:56
3	297	Gerard	Cuddy	Male	30-39	0:13:02	0:01:32	0:34:17	0:00:56	0:17:02	1:06:49
4	328	Mark	Breen	Male	30-39	0:14:27	0:01:31	0:31:51	0:00:56	0:18:46	1:07:31
5	322	Kilian	Dooley	Male	40-49	0:15:47	0:01:21	0:33:18	0:00:53	0:17:44	1:09:01
6	245	Dominic	Sharkey	Male	20-29	0:14:43	0:01:08	0:35:54	0:00:49	0:17:39	1:10:14
7	358	Ryan	Connolly	Male	16-17	0:12:32	0:01:12	0:34:59	0:00:49	0:21:05	1:10:36
8	331	Micheal	Hession	Male	40-49	0:14:54	0:01:21	0:35:35	0:00:54	0:18:04	1:10:47
9	281	Darragh	Mc Shane	MALE	40-49	0:14:48	0:01:41	0:35:25	0:00:57	0:18:09	1:11:00
10	364	Sean	Rooney	Male	30-39	0:14:58	0:01:53	0:35:16	0:00:57	0:18:17	1:11:21
11	288	Morgan	McHugh	Male	40-49	0:15:28	0:01:26	0:34:58	0:00:59	0:18:57	1:11:47
12	355	Ross	Mooney	Male	40-49	0:12:16	0:01:51	0:37:05	0:01:27	0:19:27	1:12:06
13	317	Joseph	Ward	Male	20-29	0:11:55	0:02:25	0:39:04	0:01:10	0:18:39	1:13:13
14	272	Celia	Davin	female	40-49	0:12:00	0:01:56	0:38:19	0:01:20	0:21:25	1:15:00
15	338	Neil	Campbell	Male	40-49	0:15:20	0:02:00	0:38:27	0:01:17	0:18:42	1:15:46
16	239	Brian	McNicholl	Male	50-59	0:13:55	0:03:00	0:37:19	0:01:00	0:20:48	1:16:01
17	306	Daniel	Hardiman	Male	30-39	0:12:32	0:02:09	0:39:45	0:01:12	0:21:02	1:16:40
18	255	Andy	Ainley	Male	30-39	0:13:51	0:02:07				1:16:40
19	312	John	O'carroll	Male	40-49	0:14:43	0:02:06	0:38:24	0:01:30	0:20:04	1:16:47
20	247	John	Waldron	Male	20-29	0:16:27	0:02:00	0:39:36	0:01:05	0:18:32	1:17:40
21	263	Brendan	MacArdle	Male	40-49	0:15:18	0:02:13	0:39:51	0:01:21	0:19:04	1:17:47
22	361	Samuel	Fox	Male	40-49	0:17:04	0:01:43	0:38:28	0:01:03	0:19:48	1:18:06
23	365	Sean	Kelly	MALE	20-29	0:16:16	0:02:10	0:40:07	0:00:53	0:20:57	1:20:23
24	248	John	Kilraine	Male	40-49	0:14:33	0:01:44	0:41:44	0:01:16	0:21:06	1:20:24
25	246	Seamus	O' Keefe	Male	50-59	0:17:37	0:02:19	0:38:59	0:01:20	0:21:17	1:21:32
26	325	Louise	Geaghoghan	female	30-39	0:16:25	0:02:00	0:41:14	0:01:18	0:20:48	1:21:45
27	249	Ian	McDonald	Male	40-49	0:15:58	0:02:12	0:40:25	0:01:37	0:21:51	1:22:02
28	339	Niamh	Murphy	Female	40-49	0:15:07	0:02:15	0:39:48	0:01:33	0:23:38	1:22:20
29	370	Stuart	Harries	Male	40-49	0:17:53	0:03:05	0:38:58	0:01:08	0:21:38	1:22:42
30	253	Andrea	Concannon	FEMALE	40-49	0:17:45	0:02:11	0:40:15	0:01:23	0:21:22	1:22:55
31	350	Peter	Tormey	Male	20-29	0:17:22	0:02:23	0:40:47	0:01:21	0:21:39	1:23:31
32	362	Sara	Creighton	Female	40-49	0:15:31	0:02:02	0:40:53	0:01:08	0:24:24	1:23:58
33	277	Ciaran	Krahn	MALE	16-17	0:15:49	0:02:43	0:43:26	0:00:57	0:21:38	1:24:33
34	334	Mike	Dwzicowski	Male	30-39	0:19:21	0:02:39	0:39:07	0:01:00	0:22:30	1:24:38
35	236	Sue	Henehan	Female	40-49	0:17:06	0:02:41	0:40:58	0:00:55	0:23:03	1:24:43
36	276	Ciaran	Lawler	Male	20-29	0:15:35	0:02:27	0:43:16	0:01:15	0:22:19	1:24:52
37	366	Sinead	Joyce	FEMALE	40-49	0:15:48	0:02:25	0:43:53	0:01:27	0:21:21	1:24:55
38	337	Neil	Campbell	Male	30-39	0:14:40	0:03:29	0:45:42	0:00:46	0:20:25	1:25:01
39	333	Mike	Mcguire	Male	30-39	0:17:56	0:02:32	0:41:27	0:01:14	0:21:52	1:25:02
40	296	Fiona	Lyons	FEMALE	40-49	0:15:45	0:01:59	0:42:55	0:01:24	0:23:03	1:25:07
41	368	Siobhan	Ryan	female	30-39	0:16:26	0:02:48	0:43:12	0:01:52	0:21:34	1:25:53
42	309	Joanne	Casey	Female	30-39	0:19:38	0:02:51	0:43:16	0:00:54	0:19:40	1:26:18
43	293	Ferdy	Whelan	MALE	50-59	0:19:02	0:02:49	0:40:59	0:01:39	0:22:11	1:26:40
44	302	Eoin	O' Sullivan	Male	40-49	0:19:11	0:01:54	0:41:09	0:01:17	0:23:20	1:26:50
45	308	Jenny	Mullarkey	female	30-39	0:21:16	0:02:51	0:39:43	0:00:56	0:22:10	1:26:54
46	357	Ruth	Staunton	FEMALE	40-49	0:16:54	0:02:28	0:42:48	0:01:18	0:23:58	1:27:27
47	327	Margaret	Glavin	FEMALE	30-39	0:18:41	0:02:05	0:43:09	0:01:40	0:21:54	1:27:30
48	273	Charlie	Hamilton	Male	50-59	0:16:48	0:02:35	0:41:32	0:02:13	0:24:35	1:27:43
49	280	Dan	Mccabe	Male	30-39	0:17:20	0:04:34	0:44:08	0:01:00	0:21:35	1:28:37
50	310	Joel	Coffey	Male	30-39	0:20:10	0:03:21	0:39:11	0:01:19	0:24:50	1:28:51
51	311	John	Forde	Male	30-39	0:18:08	0:02:34	0:41:38	0:02:28	0:24:18	1:29:06
52	291	Elaine	Browne	Female	30-39	0:20:19	0:02:00	0:41:03	0:01:21	0:24:24	1:29:08
53	265	Brian	Kinirons	MALE	50-59	0:18:21	0:04:41	0:40:39	0:02:19	0:23:08	1:29:08
54	304	Jakub	Kwasigroch	Male	30-39	0:21:42	0:03:22	0:39:59	0:01:24	0:22:47	1:29:13
55	279	Christopher	Darcy	Male	18-19	0:16:56	0:04:21	0:46:08	0:01:14	0:20:35	1:29:15
56	335	Molly	Foley	female	16-17	0:14:08	0:01:40	0:46:19	0:01:10	0:26:25	1:29:42
57	282	Deirdre	Hynes	Female	30-39	0:16:29	0:02:23	0:41:46	0:01:18	0:28:14	1:30:10
58	267	Caitriona	Cronin	Female	20-29	0:15:22	0:02:58	0:48:05	0:00:52	0:23:15	1:30:33
59	313	John	Gilmartin	Male	30-39	0:17:54	0:02:26	0:42:44	0:01:02	0:26:38	1:30:43
60	274	Chloe	Lemahieu	Female	20-29	0:21:18	0:02:44	0:43:58	0:01:13	0:21:34	1:30:46
61	305	William	Waldron	Male	50-59	0:17:48	0:03:25	0:42:33	0:02:15	0:25:00	1:31:00
62	352	Rachel	Scott	female	20-29	0:16:52	0:02:01	0:46:36	0:01:19	0:24:18	1:31:05
63	289	Eithne	Lennon	FEMALE	40-49	0:19:44	0:03:11	0:44:11	0:01:13	0:22:49	1:31:07
64	340	Niamh	O' Halloran	Female	20-29	0:17:59	0:02:24	0:45:50	0:00:57	0:24:03	1:31:12
65	251	Aideen	Allen	Female	50-59	0:15:44	0:02:35	0:43:46	0:02:01	0:27:37	1:31:43
66	319	Kellie	O'shaughnessy/burke	Female	40-49	0:17:39	0:02:18	0:44:56	0:01:58	0:25:00	1:31:51

67	343	Noel	Curran	Male	20-29	0:19:53	0:03:54	0:43:44	0:01:49	0:22:57	1:32:17
68	278	Clodagh	Lennon	female	30-39	0:19:45	0:02:47	0:44:52	0:01:14	0:23:47	1:32:25
69	303	Jack	Ryan	Male	40-49	0:18:34	0:04:44	0:41:31	0:02:15	0:25:47	1:32:50
70	270	Cathal	Mangan	Male	40-49	0:19:50	0:02:05	0:44:11	0:01:36	0:25:25	1:33:06
71	284	Diarmuid	Keaney	Male	40-49	0:21:39	0:03:34	0:44:28	0:00:58	0:22:31	1:33:10
72	295	Fiona	Walsh	Female	40-49	0:19:51	0:03:37	0:48:07	0:00:47	0:20:51	1:33:13
73	363	Aongus	McGreal	Male	30-39	0:18:01	0:05:44	0:45:11	0:00:53	0:23:40	1:33:28
74	301	Ian	O'reilly	Male	30-39	0:16:06	0:03:43	0:44:04	0:02:12	0:27:45	1:33:51
75	261	Breda	Curley	Female	50-59	0:17:23	0:02:22	0:43:49	0:01:30	0:29:28	1:34:30
76	237	Susanne	Smith	Relay	30-39	0:19:37	0:01:25	0:54:19	0:00:50	0:19:05	1:35:16
77	348	Pauline	Murray	FEMALE	40-49	0:16:49	0:03:18	0:47:50	0:01:47	0:25:34	1:35:18
78	240	Thomas	O'Donnell	Male	60-69	0:16:43	0:03:40	0:44:06	0:02:29	0:28:58	1:35:56
79	324	Lorna	Flanagan	FEMALE	30-39	0:18:13	0:03:17	0:48:23	0:01:00	0:25:17	1:36:09
80	283	Dermot	Howard	Relay	40-49	0:17:40	0:01:47	0:51:43	0:01:10	0:24:10	1:36:31
81	269	Cate	Crowe	Female	30-39	0:18:07	0:02:39	0:50:23	0:01:19	0:24:07	1:36:34
82	323	Lisa	O' Halloran	Female	30-39	0:22:42	0:02:41	0:44:24	0:00:56	0:25:54	1:36:37
83	290	Elaine	Newell	Female	30-39	0:17:49	0:02:41	0:51:44	0:01:30	0:23:17	1:37:00
84	268	Carmel	Kelly	Female	40-49	0:21:26	0:02:50	0:45:59	0:01:34	0:25:37	1:37:25
85	244	Eimear	Gukian	Female	30-39	0:18:02	0:03:19	0:48:34	0:01:37	0:26:18	1:37:50
86	257	Anna	Wojtas	Female	30-39	0:19:46	0:03:32	0:47:05	0:01:31	0:26:03	1:37:56
87	292	Elizabeth	Keavey	Female	40-49	0:21:10	0:03:43	0:44:58	0:02:10	0:26:38	1:38:39
88	256	Angela	Roche	Female	40-49	0:25:29	0:02:11	0:45:32	0:01:02	0:24:31	1:38:44
89	266	Br?d	Galvin	FEMALE	20-29	0:21:46	0:03:02	0:50:13	0:01:14	0:22:37	1:38:52
90	299	Hilda	Robinson	Female	30-39	0:25:16	0:02:58	0:48:27	0:01:02	0:21:59	1:39:43
91	219	Andrew	Murphy	Male	50-59	0:19:49	0:03:25	0:48:34	0:01:11	0:27:15	1:40:13
92	315	John	Glynn	MALE	40-49	0:26:24	0:03:15	0:45:34	0:01:33	0:25:18	1:42:04
93	360	Sami	Francis	Male	30-39	0:26:32	0:04:20	0:46:46	0:01:37	0:25:18	1:44:33
94	259	Sami	Pateman	Male	30-39	0:27:04	0:03:53	0:48:22	0:01:37	0:26:57	1:47:54
95	258	Aoife	Kerans	Female	30-39	0:26:12	0:03:04	0:52:46	0:00:54	0:24:59	1:47:54
96	241	Tom	Fahy	Male	60-69	0:30:02	0:06:11	0:44:47	0:02:19	0:30:05	1:53:25
	347	Paul	Waldron	Male	30-39	0:14:23	0:01:59	1:10:24			DNF
	351	Peter	Duggan	MALE	30-39	0:15:34	0:01:28				DNF
	262	Brendan	Mc Nerney	Male	30-39	0:18:43	0:01:26				DNF
	344	Noel	Barrett	Male	30-39	0:21:51	0:04:54	0:49:45	0:01:25		DNF
	320	Kevin	Broderick	Male	40-49						DNF
	346	Patrick	Peters	Male	20-29	0:10:51	0:01:13	0:33:37	0:00:48	0:16:34	DQ Traffic Lights
	330	Mary	Corless	Female	30-39	0:12:57	0:01:32	0:38:12	0:01:24	0:21:05	DQ Traffic Lights
	336	Neasa	Canavan	FEMALE	30-39	0:17:41	0:01:33	0:37:06	0:01:07	0:21:45	DQ Traffic Lights
	285	Dylan	McGlynn	MALE	20-29	0:15:56					DQ Traffic Lights
	287	Eamonn	Mccafferty	Male	50-59						DQ Traffic Lights