

Place	Number	Name	Surname	Cat	Team Name	Sex	Wave	Lap 1	Lap 2	Finish
1	19	Stephen	Flanagan	TEAM	Team Terror	M	11:00:00	0:27:07	0:29:35	0:56:41
2	15	Paul	Molloy	TEAM	Team Terror	M	11:00:00	0:28:22	0:29:21	0:57:43
4	164	Ronan	O Callaghan	TEAM	Team Terror	M	11:00:00	0:30:20	0:31:04	1:01:24
5	13	Michal	Tolak	SOLO		M	11:00:00	0:30:22	0:31:32	1:01:54
6	2487	Brendan	McCarthy	TEAM	Sage Mucketeers	M	12:35:00	0:31:41	0:32:05	1:03:45
7	339	Darren	McCool	TEAM	A sorry excuse for a session	M	12:15:00	0:31:12	0:32:40	1:03:52
8	340	Denis	McGlynn	TEAM	A sorry excuse for a session	M	12:15:00	0:32:24	0:34:22	1:06:46
9	159	Craig	Deery	TEAM	Team Terror	M	11:00:00	0:33:19	0:34:09	1:07:28
10	8	Derek	Walsh	SOLO		M	11:00:00	0:36:04	0:37:08	1:13:12
11	160	Gennadijs	Afanasjevs	TEAM	Team Terror	M	11:00:00	0:36:33	0:37:05	1:13:38
12	495	Declan	Tracy	TEAM	Team Crosscare	M	11:10:45	0:36:02	0:37:38	1:13:40
13	2389	phelim	leonard	SOLO		M	11:00:00	0:36:37	0:38:12	1:14:49
14	2494	Robert	Hurson	TEAM	Sage Mucketeers	M	12:35:00	0:37:45	0:39:06	1:16:51
15	3680	Lucinda	Gahan	TEAM	Lucinda's Legends	F	11:35:00	0:37:11	0:40:25	1:17:36
16	1758	Sarah	Patton	SOLO		F	11:50:00	0:38:06	0:39:52	1:17:57
17	483	Tony	Byrnes	TEAM	HARRY'S ARMY	M	11:10:45	0:36:41	0:41:40	1:18:21
18	499	Stephen	Gough	TEAM	Team Crosscare	M	11:10:45	0:37:23	0:41:49	1:19:12
19	898	Tiarnan	McGabhann	TEAM	Heart and Commitment Harriers	M	11:22:00	0:39:15	0:39:58	1:19:13
20	2046	Michael	Malone	TEAM	A sorry excuse for a session	M	12:50:00	0:41:22	0:38:00	1:19:21
21	2660	Niall	Moran	TEAM	DLastDance	M	12:25:00	0:41:17	0:38:17	1:19:35
22	2642	Andy	Lynch	TEAM	DLastDance	M	12:25:00	0:41:16	0:38:19	1:19:35
23	2661	Padraig	Finn	TEAM	DLastDance	M	12:25:00	0:41:16	0:38:19	1:19:35
24	2659	Michael	Roach	TEAM	DLastDance	M	12:25:00	0:41:16	0:38:19	1:19:35
25	478	Roger	O connor	TEAM	HARRY'S ARMY	M	11:10:45	0:36:57	0:43:24	1:20:22
26	476	Paul	Lowry	TEAM	HARRY'S ARMY	M	11:10:45	0:36:52	0:43:30	1:20:22
27	2124	Matthew	Morrow	TEAM	Ballygowel G.F.C	M	12:30:00	0:39:26	0:42:23	1:21:49
28	1241	KEVIN	O'CONNOR	TEAM	ClubRED Virgin Vikings	M	11:40:00	0:42:29	0:40:04	1:22:33
29	896	Ciaran	Hackett	TEAM	Heart and Commitment Harriers	M	11:22:00	0:39:57	0:43:21	1:23:18
30	163	Luiza	Ieremie	TEAM	Team Terror	F	11:00:00			1:24:05
31	336	Dion	Guilfoyle	TEAM	Versono	M	11:05:30	0:41:18	0:43:30	1:24:48
32	492	Adam	O Shea	TEAM	Team Crosscare	M	11:10:45	0:46:23	0:38:49	1:25:11
33	161	Henry	Forde	TEAM	Team Terror	M	11:00:00	0:38:51	0:47:10	1:26:02
34	349	Daniel	Acton	SOLO		M	11:10:45	0:39:26	0:46:47	1:26:13
35	334	Alan	McCarron	TEAM	Versono	M	11:05:30	0:41:14	0:45:00	1:26:14
36	451	Denis	O Brien	TEAM	HARRY'S ARMY	M	11:10:45	0:39:50	0:46:49	1:26:39
37	2045	Luke	Byrne	TEAM	A sorry excuse for a session	M	12:50:00	0:44:01	0:43:49	1:27:50
38	1663	Christian	Roscanean	TEAM	Fima Developments	M	12:00:00	0:43:39	0:44:39	1:28:17
39	2953	Damien	Kavanagh	SOLO		M	12:05:00	0:46:14	0:42:24	1:28:38
40	1280	Paul	Mc Dermott	TEAM	Bergkamp	M	11:00:00	0:43:46	0:46:04	1:29:50
41	1278	Giles	Packham	TEAM	Bergkamp	M	11:00:00	0:43:48	0:46:09	1:29:57
42	473	Patrick	Flannery	TEAM	HARRY'S ARMY	M	11:10:45	0:39:11	0:51:18	1:30:30
43	1721	Robert	Herbert	TEAM	Fima Developments	M	12:00:00	0:46:34	0:44:44	1:31:18
44	897	Fionn	Leavy	TEAM	Heart and Commitment Harriers	M	11:22:00	0:42:54	0:48:44	1:31:38
45	1708	Mossy	Lyons	TEAM	Fima Developments	M	12:00:00	0:53:21	0:38:38	1:31:59
46	2119	Darragh	McConville	TEAM	Ballygowel G.F.C	M	12:30:00	0:46:11	0:46:04	1:32:15
47	2126	Niamh	Gleeson	TEAM	Ballygowel G.F.C	F	12:30:00	0:46:27	0:45:50	1:32:16
48	2121	Fionan	Leahy	TEAM	Ballygowel G.F.C	M	12:30:00	0:46:19	0:45:58	1:32:17
49	2122	Jay	Curley	TEAM	Ballygowel G.F.C	M	12:30:00	0:46:14	0:46:03	1:32:17
50	1279	Nigel	Mc Guire	TEAM	Bergkamp	M	11:00:00	0:44:21	0:48:07	1:32:28
51	3667	Paul	Claffey	TEAM	UP THE PARISH	M	11:00:00	0:43:11	0:49:19	1:32:31
52	828	Liam	D'Arcy	SOLO		M	11:00:00	0:42:39	0:50:43	1:33:23
53	2646	Colm	O'Mealoid	TEAM	DLastDance	M	12:25:00	0:49:47	0:44:02	1:33:49
54	2648	Cormac	McGill	TEAM	DLastDance	M	12:25:00	0:49:41	0:44:08	1:33:49
55	608	Killian	Curley	TEAM	Crime Fitness	M	11:15:00	0:49:38	0:44:38	1:34:16
56	614	Ois+//0Aw//9AK0-n	Campbell	TEAM	Crime Fitness	M	11:15:00	0:49:37	0:44:40	1:34:17
57	475	Paul	D'Arcy	TEAM	HARRY'S ARMY	M	11:10:45	0:39:59	0:54:31	1:34:30
58	1035	Gary	Reynolds	TEAM	Ruck Munners	M	11:30:00	0:47:27	0:47:15	1:34:43
59	600	Grayson	Reid	TEAM	Crime Fitness	M	11:15:00	0:49:37	0:45:05	1:34:43
60	1033	Darren	Mainwaring	TEAM	Ruck Munners	M	11:30:00	0:47:37	0:47:07	1:34:44
61	331	Colm	Gavin	TEAM	CLG Mhaigh Cuilinn	M	11:05:30	0:49:34	0:45:38	1:35:12
62	795	Shane	Galvin	TEAM	Rebel Cats	M	11:26:00	0:47:20	0:48:15	1:35:34
63	793	Emily	Aherne	TEAM	Rebel Cats	F	11:26:00	0:47:26	0:48:09	1:35:35
64	794	Jenna	Sherwin	TEAM	Rebel Cats	F	11:26:00	0:47:28	0:48:07	1:35:35
65	3666	Kevin	Kenny	TEAM	UP THE PARISH	M	11:00:00	0:50:14	0:46:18	1:36:32
66	61	Nigal	Tyrell	TEAM	Lily whites	M	11:00:00	0:44:02	0:53:06	1:37:08
67	60	Chris	Murphy	TEAM	Lily whites	M	11:00:00	0:44:00	0:53:10	1:37:11
68	482	Steven	Lyons	TEAM	HARRY'S ARMY	M	11:10:45	0:42:41	0:55:02	1:37:43
69	2379	Martin	Farrelly	TEAM	The Langers	M	12:30:00	0:48:13	0:49:49	1:38:01
70	2378	jp	treacy	TEAM	The Langers	M	12:30:00	0:48:16	0:49:48	1:38:04
71	584	Andrew	Haran	TEAM	Crime Fitness	M	11:15:00	0:55:08	0:43:24	1:38:32
72	520	Michael	Byrne	TEAM	We're on our way to Garadice	M	11:10:45	0:55:23	0:43:15	1:38:38
73	583	Aidan	Curley	TEAM	Crime Fitness	M	11:15:00	0:49:40	0:49:00	1:38:40
74	1915	Stacey	Lawler	TEAM	Tripod	F	12:05:00	0:50:54	0:47:59	1:38:53
75	2657	Martin	Lynch	TEAM	DLastDance	M	12:25:00	0:49:46	0:49:14	1:39:00
76	2617	Alaine	O'reilly	TEAM	Rule Breakers	F	12:30:00	0:52:58	0:46:24	1:39:22

77	2618	Edita	Nikitiniene	TEAM	Rule Breakers	F	12:30:00	0:52:54	0:46:29	1:39:23
78	613	Mark	Haran	TEAM	Crime Fitness	M	11:15:00	0:55:08	0:45:18	1:40:27
79	1061	Malcolm	McDonald	SOLO		M	11:35:00	0:49:36	0:50:58	1:40:33
80	2663	Rory	O'Connor	TEAM	DLastDance	M	12:25:00	0:51:56	0:49:29	1:41:25
81	330	Cillian	Joy	TEAM	CLG Mhaigh Cuilinn	M	11:05:30	0:49:37	0:51:59	1:41:36
82	440	Aoife	McCormack	TEAM	HARRY'S ARMY	F	11:10:45	0:45:57	0:55:51	1:41:48
83	2043	Dr . Patrick	Roarty	TEAM	A sorry excuse for a session	F	12:50:00	0:48:12	0:55:15	1:43:26
84	469	Michael	O Brien	TEAM	HARRY'S ARMY	M	11:10:45	0:45:46	0:57:49	1:43:35
85	2652	James	McKeon	TEAM	DLastDance	M	12:25:00	0:51:28	0:52:11	1:43:39
86	1668	Darragh	O Kelly	TEAM	Fima Developments	M	12:00:00	0:55:14	0:49:00	1:44:15
87	917	John	Corcoran	TEAM	Corcoran Clan	M	11:20:00	0:55:29	0:49:36	1:45:05
88	1729	Stephen	Gaynor	TEAM	Fima Developments	M	12:00:00	0:55:16	0:51:31	1:46:47
89	1490	Paul	Hayes	TEAM	MINDSET FITNESS	M	11:50:00	0:57:42	0:49:31	1:47:13
90	2127	Roisin	Oates	TEAM	Ballygowel G.F.C	F	12:30:00	0:55:25	0:54:33	1:49:58
91	2125	Niall	Buckley	TEAM	Ballygowel G.F.C	M	12:30:00	0:55:26	0:54:42	1:50:08
92	701	Jason	Maher	TEAM	Firecrew	M	11:22:00	0:53:42	0:56:59	1:50:41
93	705	Patrick	Ahern	TEAM	Firecrew	M	11:22:00	0:53:43	0:56:59	1:50:42
94	1232	DYLAN	REDDY	TEAM	ClubRED Virgin Vikings	M	11:40:00	1:01:45	0:49:25	1:51:10
95	1254	SARAH	BAGNALL	TEAM	ClubRED Virgin Vikings	F	11:40:00	1:01:44	0:49:27	1:51:11
96	329	Alan	Higgins	TEAM	CLG Mhaigh Cuilinn	M	11:05:30	0:49:34	1:02:05	1:51:39
97	332	David	O'Reilly	TEAM	CLG Mhaigh Cuilinn	M	11:05:30	0:49:40	1:02:00	1:51:40
98	1755	Mark	Quilligan	SOLO		M	12:10:00	0:56:49	0:55:21	1:52:10
99	1214	Jamie	Conlon	SOLO		M	11:40:00	1:02:17	0:50:21	1:52:38
100	167	Ksenija	Demcuka-Basinska	Team	Team Terror	F	11:00:00	0:50:58	1:01:52	1:52:50
101	596	Emma	Haran	TEAM	Crime Fitness	F	11:15:00	0:55:18	0:57:46	1:53:04
102	2180	Andrew	Phelan	SOLO		M	12:10:00	0:59:15	0:56:24	1:55:39
103	1862	PAUL	CARSON	SOLO		M	12:10:00	0:57:20	0:58:23	1:55:43
104	2188	Philip	Doyle	SOLO		M	12:10:00	0:59:15	0:56:30	1:55:46
105	1861	Jonny	Clarke	SOLO		M	12:10:00	0:57:24	0:58:29	1:55:53
106	1417	Rob	Stapleton	SOLO		M	11:50:00	1:00:29	0:55:25	1:55:54
107	1413	Franck Adonis	Malan	SOLO		M	11:50:00	1:01:11	0:54:43	1:55:54
108	1415	Mark	Stapleton	SOLO		M	11:50:00	1:01:11	0:54:43	1:55:54
109	1690	Jim	Quinn	TEAM	Fima Developments	M	12:00:00	0:57:02	0:58:56	1:55:58
110	521	Michael	White	TEAM	We're on our way to Garadice	M	11:10:45	0:55:50	1:01:18	1:57:08
111	519	Colm	Murphy	TEAM	We're on our way to Garadice	M	11:10:45	0:55:52	1:01:17	1:57:09
112	948	Jimmy	Sheahan	SOLO		M	11:26:00	0:59:24	0:58:23	1:57:47
113	949	Kerry	Pollock	SOLO		F	11:26:00	0:59:09	0:58:38	1:57:47
114	1062	Phillip	Stewart	SOLO		M	11:35:00	1:00:02	0:58:52	1:58:54
115	401	Ed	Naughton	TEAM	Royal Fitness	M	11:10:45	0:58:43	1:00:14	1:58:57
116	399	David	Keeley	TEAM	Royal Fitness	M	11:10:45	0:58:35	1:00:22	1:58:57
117	398	Breda	Dardis	TEAM	Royal Fitness	F	11:10:45	0:58:41	1:00:18	1:58:59
118	405	Jennifer	Caraher	TEAM	Royal Fitness	F	11:10:45	0:58:35	1:00:25	1:59:00
119	402	Emma	Hegarty	TEAM	Royal Fitness	F	11:10:45	0:58:37	1:00:24	1:59:01
120	357	Jonathan	Brady	SOLO		M	11:10:45	0:58:33	1:00:30	1:59:02
121	406	John	Robinson	TEAM	Royal Fitness	M	11:10:45	0:58:41	1:00:26	1:59:07
122	403	Fiona	Bolger	TEAM	Royal Fitness	F	11:10:45	0:58:52	1:00:16	1:59:08
123	400	Eamonn	Byrne	TEAM	Royal Fitness	M	11:10:45	0:58:37	1:00:32	1:59:09
124	404	Ian	Fitzsimmons	TEAM	Royal Fitness	M	11:10:45	0:58:45	1:00:24	1:59:09
125	588	Brian	Lennon	TEAM	Crime Fitness	M	11:15:00	0:59:18	1:00:57	2:00:14
126	586	Becky	Dolan	TEAM	Crime Fitness	F	11:15:00	0:59:19	1:00:56	2:00:15
127	175	Alan	Murray	SOLO		M	11:00:00	0:54:19	1:08:56	2:03:16
128	177	Dom	Bardyszewski	SOLO		M	11:00:00	0:54:27	1:08:51	2:03:18
129	1489	Nicholas	Conway	TEAM	MINDSET FITNESS	M	11:50:00	1:05:18	0:58:41	2:03:59
130	1057	George	De bottle	SOLO		M	12:05:00	1:02:09	1:03:10	2:05:20
131	2387	Gary	Craven	SOLO		M	12:05:00	1:02:00	1:03:20	2:05:20
132	1936	Michael	Byrne	TEAM	MKMS	M	12:10:00	1:30:51	0:35:00	2:05:51
133	1934	Mark	Kelly	TEAM	MKMS	M	12:10:00	1:30:55	0:34:59	2:05:54
134	1315	Rachel	Horan	SOLO		F	11:45:00	1:06:56	0:59:00	2:05:56
135	326	Mar	Ennis	TEAM	The Walking Dads	M	11:05:30	0:59:54	1:11:17	2:11:11
136	328	Sean	Judd	TEAM	The Walking Dads	M	11:05:30	1:00:03	1:11:09	2:11:12
137	362	Michael	Hand	SOLO		M	11:05:30	1:17:11	1:01:42	2:18:53
138	710	Caoimhe	Hutchinson	TEAM	S.R.C Gettin Down n' Dirty	F	11:22:00	1:21:05	0:58:01	2:19:06
139	709	Anne Marie	Kennedy	TEAM	S.R.C Gettin Down n' Dirty	F	11:22:00	1:21:03	0:58:06	2:19:08
140	719	Matt	Anson	TEAM	S.R.C Gettin Down n' Dirty	M	11:22:00	1:21:03	0:58:06	2:19:09
141	708	Andy	McDonnell	TEAM	S.R.C Gettin Down n' Dirty	M	11:22:00	1:21:06	0:58:04	2:19:10
142	715	Graeme	Locke	TEAM	S.R.C Gettin Down n' Dirty	M	11:22:00	1:21:04	0:58:07	2:19:12
143	1863	Paul	O Connell	SOLO		M	11:45:00	1:09:04	1:10:32	2:19:36
144	1858	Gavin	O Connell	SOLO		M	11:45:00	1:09:01	1:10:36	2:19:38
145	595	Damian	Tiernan	TEAM	Crime Fitness	M	11:15:00	1:27:14	0:53:34	2:20:48
146	622	Vincent	Crossan	TEAM	Crime Fitness	M	11:15:00	1:27:14	0:53:34	2:20:48
147	779	Donovan	Linde	TEAM	Chafing the dream	M	11:22:00	1:25:17	0:55:53	2:21:10
148	778	Doane	Linde	TEAM	Chafing the dream	M	11:22:00	1:25:25	0:56:08	2:21:33
149	786	Mari	SKUNCA	TEAM	Chafing the dream	F	11:22:00	1:21:07	1:00:58	2:22:05
150	6	Comfort	Ade	SOLO		F	11:40:00	1:11:19	1:12:58	2:24:17
151	3227	Lorna	Kelly	TEAM	3 muckin' eejits	F	11:45:00	1:16:30	1:09:24	2:25:55
152	3226	Charlotte	Kelly	TEAM	3 muckin' eejits	F	11:45:00	1:16:32	1:09:23	2:25:55

153	3225	Aoife	Flaherty	TEAM	3 muckin' eejits	F	11:45:00	1:16:39	1:09:39	2:26:19
154	3605	Meghan	Kelly	SOLO		F	11:45:00	1:16:11	1:10:15	2:26:26
	2399	Rob	Farrell	TEAM	Fit Laois	M	12:35:00	0:46:16	0:15:44	DNF
	1698	Laura	Murray	TEAM	Fima Developments	F	12:00:00	1:13:40		Pending
	1705	michelle	Murray	TEAM	Fima Developments	F	12:00:00	1:13:42		Pending
	1916	AILEEN	MAHON	TEAM	MKMS	F	12:10:00	1:39:44		Pending