

72	289	Janice	O'brien	Wave 3	F	'45-49	Sprint		0:18:16	0:04:07	1:03:35	0:01:11	0:21:01	0:21:20	2:08:22
Place	Number	Name	Surname	Wave	Sex	Age Group	Event	Swim	T1	Bike	T2	Lap 1	Lap 2	Finish	
1	3	Shane	Dunne	Wave 2	M	'25-29	Sprint	0:10:28	0:01:04	0:32:47	0:00:30	0:09:29	0:09:20	1:03:40	
2	8	Archie	Bremner	Wave 2	M	'18-19	Sprint	0:10:28	0:01:02	0:33:27	0:00:38	0:09:07	0:09:16	1:04:01	
3	10	Andy	Grehan	Wave 2	M	'30-34	Sprint	0:11:51	0:01:18	0:32:50	0:00:43	0:09:07	0:09:00	1:04:50	
4	5	Finn	Buck	Wave 2	M	'18-19	Sprint	0:11:21	0:01:12	0:34:49	0:00:33	0:08:41	0:09:03	1:05:41	
5	15	Trevor	Woods	Wave 2	M	'50-54	Sprint	0:11:36	0:01:29	0:32:57	0:00:41	0:09:36	0:09:24	1:05:45	
6	16	Fabian	Mangan	Wave 2	M	'20-24	Sprint	0:11:19	0:01:09	0:34:46	0:00:50	0:09:09	0:09:08	1:06:23	
7	26	Ernest	Asensio blasco	Wave 2	M	'45-49	Sprint	0:11:58	0:01:33	0:34:47	0:00:26	0:08:58	0:08:56	1:06:40	
8	6	Ciaran	Madden	Wave 2	M	'25-29	Sprint	0:11:33	0:01:11	0:34:39	0:00:38	0:09:22	0:09:38	1:07:04	
9	12	Enda	Marren	Wave 2	M	'40-44	Sprint	0:15:06	0:01:36	0:33:11	0:00:48	0:08:30	0:08:37	1:07:51	
10	13	Shane	Mc Nulty	Wave 2	M	'45-49	Sprint	0:14:37	0:01:46	0:32:41	0:01:00	0:09:12	0:09:11	1:08:29	
11	17	Callum	O'Neill	Wave 2	M	'18-19	Sprint	0:11:49	0:01:24	0:35:37	0:00:48	0:09:34	0:09:32	1:08:46	
12	36	John paul	Vereker	Wave 2	M	'40-44	Sprint	0:14:50	0:01:23	0:34:19	0:00:45	0:08:55	0:08:55	1:09:09	
13	56	Kilian	Dooley	Wave 2	M	'50-54	Sprint	0:14:54	0:01:39	0:32:35	0:00:44	0:09:45	0:09:36	1:09:15	
14	20	Anthony	Creed	Wave 2	M	'25-29	Sprint	0:11:01	0:01:49	0:36:52	0:00:59	0:09:06	0:09:34	1:09:23	
15	39	John	Lynch	Wave 2	M	'40-44	Sprint	0:14:49	0:01:33	0:34:31	0:00:45	0:09:11	0:09:11	1:10:01	
16	40	Gerard	Cuddy	Wave 3	M	'40-44	Sprint	0:15:16	0:01:35	0:34:32	0:00:56	0:08:52	0:08:54	1:10:07	
17	60	Ciaran	Boyle	Wave 2	M	'35-39	Sprint	0:14:36	0:02:20	0:33:10	0:01:23	0:09:22	0:09:19	1:10:13	
18	14	Mark	Dunne	Wave 2	M	'40-44	Sprint	0:13:16	0:01:30	0:34:58	0:00:43	0:09:43	0:10:09	1:10:22	
19	27	Brendan	Buck	Wave 2	M	'45-49	Sprint	0:14:22	0:01:43	0:33:52	0:01:02	0:10:03	0:09:41	1:10:45	
20	29	Stephen	Hare	Wave 2	M	'25-29	Sprint	0:14:33	0:01:41	0:35:24	0:00:50	0:09:18	0:08:57	1:10:46	
21	52	Aubrey	Storey	Wave 2	M	'45-49	Sprint	0:14:58	0:01:33	0:37:01	0:00:39	0:08:38	0:08:39	1:11:31	
22	61	Shane	Flaherty	Wave 2	M	'40-44	Sprint	0:15:41	0:02:04	0:34:27	0:00:47	0:09:26	0:09:30	1:11:57	
23	43	Eric	Clonan	Wave 3	M	'25-29	Sprint	0:11:20	0:01:56	0:36:41	0:01:18	0:10:39	0:10:22	1:12:18	
24	18	Greg	Baxter	Wave 2	M	'45-49	Sprint	0:11:48	0:02:16	0:35:06	0:01:22	0:11:08	0:10:48	1:12:30	
25	66	Fergus	Meade	Wave 2	M	'40-44	Sprint	0:17:03	0:01:55	0:34:37	0:00:37	0:09:09	0:09:09	1:12:32	
26	24	Alex	Sargent	Wave 2	M	'18-19	Sprint	0:11:44	0:01:30	0:38:43	0:00:43	0:10:02	0:10:27	1:13:12	
27	42	Kieran	O'donoghue	Wave 2	M	'45-49	Sprint	0:15:19	0:01:55	0:35:16	0:00:55	0:09:59	0:10:03	1:13:31	
28	58	Shane	McCarthy	Wave 2	M	'35-39	Sprint	0:17:05	0:01:48	0:35:45	0:01:15	0:08:47	0:08:49	1:13:31	
29	50	Samuel	Fox	Wave 2	M	'45-49	Sprint	0:16:59	0:01:26	0:35:24	0:00:41	0:09:51	0:09:43	1:14:07	
30	95	Stephen	Moore	Wave 3	M	'40-44	Sprint	0:15:00	0:02:09	0:34:27	0:01:15	0:10:38	0:10:55	1:14:26	
31	79	Seamus	Duggan	Wave 3	M	'45-49	Sprint	0:16:15	0:02:02	0:34:53	0:00:43	0:10:23	0:10:13	1:14:31	
32	78	Conor	Cooney	Wave 3	M	'30-34	Sprint	0:14:08	0:02:19	0:35:42	0:01:17	0:10:28	0:10:41	1:14:37	
33	49	Conal	Markey	Wave 2	M	'50-54	Sprint	0:14:54	0:02:08	0:35:09	0:01:13	0:11:12	0:10:54	1:15:31	
34	63	Eoin	Moore	Wave 2	M	'18-19	Sprint	0:16:06	0:01:37	0:37:50	0:00:50	0:09:19	0:09:51	1:15:37	
35	90	Michael	Mcswiggan	Wave 3	M	'50-54	Sprint	0:18:08	0:02:24	0:35:09	0:01:15	0:09:47	0:09:44	1:16:30	
36	28	Steve	McDonald	Wave 2	M	'50-54	Sprint	0:15:55	0:02:04	0:37:37	0:01:03	0:10:18	0:09:49	1:16:47	
37	71	Alan	Cronin	Wave 2	M	'40-44	Sprint	0:18:13	0:02:48	0:35:27	0:01:06	0:09:27	0:09:49	1:16:53	
38	31	Richard	Cattle	Wave 2	M	'55-59	Sprint	0:15:09	0:01:51	0:36:18	0:00:57	0:11:28	0:11:27	1:17:12	
39	85	Barry	Deane	Wave 3	M	'55-59	Sprint	0:15:10	0:01:45	0:37:40	0:00:56	0:11:05	0:11:03	1:17:41	
40	38	Robert	Frewen	Wave 2	M	'30-34	Sprint	0:17:01	0:01:51	0:40:03	0:01:02	0:09:03	0:08:42	1:17:44	
41	54	Tom	Byrne	Wave 2	M	'60-64	Sprint	0:14:30	0:02:09	0:37:59	0:01:08	0:11:07	0:10:56	1:17:51	
42	100	Noel	Healy	Wave 3	M	'45-49	Sprint	0:17:34	0:01:53	0:37:00	0:01:09	0:10:14	0:10:13	1:18:05	
43	81	Garvan	McVerry	Wave 3	M	'30-34	Sprint	0:15:03	0:02:32	0:39:15	0:00:46	0:10:26	0:10:16	1:18:21	
44	21	John	Corcoran	Wave 2	M	'50-54	Sprint	0:13:04	0:01:56	0:37:17	0:00:54	0:12:23	0:13:03	1:18:38	
45	25	Anthony	Boyle	Wave 2	M	'18-19	Sprint	0:14:55	0:01:56	0:41:36	0:01:37	0:09:10	0:09:32	1:18:48	
46	22	Sean	Treacy	Wave 2	M	'45-49	Sprint	0:14:38	0:02:07	0:42:04	0:01:00	0:09:34	0:09:24	1:18:49	
47	53	Matteo	Castagna	Wave 2	M	'55-59	Sprint	0:15:12	0:02:49	0:38:14	0:01:16	0:10:41	0:10:39	1:18:53	
48	19	Eoin	mcGuinness	Wave 2	M	'30-34	Sprint	0:15:23	0:01:36	0:36:51	0:01:03	0:12:26	0:11:41	1:19:01	
49	93	Jonathan	Cunningham	Wave 3	M	'35-39	Sprint	0:15:58	0:03:12	0:37:26	0:00:51	0:10:51	0:10:44	1:19:05	
50	46	John	Bruton	Wave 2	M	'65-69	Sprint	0:14:44	0:01:40	0:38:17	0:01:06	0:11:31	0:11:47	1:19:08	
51	57	Stephen	Cullivan	Wave 2	M	'50-54	Sprint	0:16:06	0:00:27	0:32:34	0:07:36	0:11:15	0:11:11	1:19:12	
52	68	Kevin	Coughlan	Wave 2	M	'45-49	Sprint	0:14:48	0:02:01	0:36:58	0:00:44	0:12:26	0:12:40	1:19:40	
53	86	Ciaran	Whelan	Wave 3	M	'40-44	Sprint	0:15:53	0:02:30	0:39:13	0:00:56	0:10:35	0:10:34	1:19:43	
54	23	Mark	Mccullough	Wave 2	M	'40-44	Sprint	0:14:18	0:01:54	0:40:43	0:01:07	0:10:49	0:11:21	1:20:14	
55	113	Stephen	Duffy	Wave 3	M	'25-29	Sprint	0:18:38	0:02:45	0:36:07	0:01:24	0:10:38	0:10:46	1:20:20	
56	48	Liam	Liddy	Wave 2	M	'60-64	Sprint	0:14:32	0:02:15	0:39:02	0:01:02	0:12:00	0:11:47	1:20:40	
57	33	Gordon	Walsh	Wave 2	M	'50-54	Sprint	0:15:10	0:02:30	0:38:57	0:01:33	0:11:15	0:11:18	1:20:46	
58	32	Padraig	Kavanagh	Wave 2	M	'50-54	Sprint	0:14:42	0:01:45	0:38:57	0:00:58	0:12:25	0:12:07	1:20:57	
59	147	Larry	Stapleton	Wave 3	M	'50-54	Sprint	0:20:38	0:02:26	0:37:41	0:00:56	0:09:35	0:09:40	1:20:59	
60	41	Daragh	Callaghan	Wave 2	M	'50-54	Sprint	0:18:34	0:03:03	0:36:18	0:01:18	0:10:55	0:10:49	1:20:59	
61	77	Toine	Siebelink	Wave 3	M	'55-59	Sprint	0:17:05	0:02:18	0:35:20	0:00:52	0:12:49	0:12:35	1:21:02	
62	35	Darren	Rooney	Wave 2	M	'40-44	Sprint	0:15:18	0:02:23	0:39:13	0:01:02	0:11:23	0:11:51	1:21:12	
63	146	Daragh	Cooney	Wave 3	M	'30-34	Sprint	0:15:21	0:02:23	0:42:00	0:00:37	0:10:53	0:10:50	1:22:06	
64	117	Killian	Spain	Wave 3	M	'35-39	Sprint	0:16:00	0:01:47	0:40:45	0:00:50	0:11:45	0:11:27	1:22:36	
65	62	Barry	O brien	Wave 2	M	'50-54	Sprint	0:18:26	0:01:42	0:39:26	0:01:03	0:11:03	0:11:06	1:22:48	
66	64	Gerald	Lynch	Wave 2	M	'40-44	Sprint	0:16:21	0:02:06	0:39:13	0:00:46	0:12:12	0:12:23	1:23:04	
67	47	Terry	Lavery	Wave 2	M	'55-59	Sprint	0:15:46	0:02:45	0:40:35	0:00:55	0:11:41	0:11:20	1:23:05	
68	92	John	Coman	Wave 3	M	'35-39	Sprint	0:15:28	0:02:58	0:40:45	0:01:00	0:11:40	0:11:36	1:23:29	
69	104	Eoghan	Kieran	Wave 3	M	'45-49	Sprint	0:17:22	0:02:09	0:39:17	0:00:50	0:12:12	0:12:04	1:23:57	
70	144	Pj	Collins	Wave 3	M	'45-49	Sprint	0:16:39	0:02:14	0:38:06	0:01:01	0:13:01	0:12:58	1:24:01	
71	70	Garvan	Wickham	Wave 2	M	'50-54	Sprint	0:14:36	0:02:54	0:39:41	0:01:48	0:13:16	0:12:54	1:25:12	
72	115	Ken	Clancy	Wave 3	M	'45-49	Sprint	0:19:03	0:02:45	0:40:12	0:01:10	0:11:10	0:10:53	1:25:15	
73	130	Thomas	Hardiman	Wave 3	M	'30-34	Sprint	0:18:55	0:02:03	0:40:34	0:01:39	0:11:51	0:10:36	1:25:40	
74	65	Tomás	O Connell	Wave 2	M	'40-44	Sprint	0:15:48	0:02:32	0:42:12	0:01:04	0:12:03	0:12:04	1:25:45	
75	108	Enda	O'Brien	Wave 3	M	'35-39	Sprint	0:18:04	0:02:41	0:42:28	0:01:11	0:10:47	0:10:39	1:25:54	
76	103	Stephen	Ruddy	Wave 3	M	'30-34	Sprint	0:17:26	0:04:53	0:42:07	0:00:59	0:09:59	0:10:33	1:25:59	
77	44	Brian	Moore	Wave 2	M	'40-44	Sprint	0:15:20	0:02:38	0:39:25	0:01:12	0:13:27	0:14:01	1:26:05	
78	110	John	o Brien	Wave 3	M	'45-49	Sprint	0:14:04	0:02:36	0:42:36	0:01:00	0:12:57	0:12:56	1:26:11	
79	91	Brendan	Doyle	Wave 3	M	'50-54	Sprint	0:16:17	0:02:06	0:41:14	0:00:58	0:13:07	0:12:55	1:26:40	
80	80	Oisín	Foden	Wave 3	M	'30-34	Sprint	0:15:41	0:02:08	0:45:45	0:01:05	0:10:34	0:11:31	1:26:47	
81	96	Mark	Reynolds	Wave 3	M	'45-49	Sprint	0:18:41	0:03:06	0:42:45	0:00:44	0:11:03	0:11:02	1:27:23	
82	122	Richard	Bruton	Wave 3	M	'35-39	Sprint	0:20:24	0:02:58	0:38:04	0:01:17	0:12:34	0:12:13	1:27:33	
83	88	Ciaran	O Laoi	Wave 3	M	'30-34	Sprint	0:19:35	0:02:51	0:43					

91	83	Adrian	Kelly	Wave 3	M	'45-49	Sprint	0:17:01	0:03:10	0:42:05	0:01:27	0:13:15	0:12:37	1:29:38
92	1	Cormac	O'Sullivan	Wave 2	M	'45-49	Sprint	0:26:52	0:03:36	0:36:37	0:01:31	0:10:52	0:10:30	1:30:00
93	111	Sean	Mulholland	Wave 3	M	'40-44	Sprint	0:19:08	0:02:38	0:45:34	0:01:31	0:11:06	0:10:55	1:30:54
94	30	Brendan	O'Neill	Wave 2	M	'70-74	Sprint	0:14:33	0:01:57	0:45:17	0:01:48	0:14:08	0:13:56	1:31:42
95	73	Nicholas	McCabe	Wave 3	M	'70-74	Sprint	0:17:14	0:02:27	0:43:31	0:01:38	0:13:15	0:13:49	1:31:57
96	136	Kieran	McGarvey	Wave 3	M	'50-54	Sprint	0:26:32	0:02:26	0:39:10	0:00:47	0:11:52	0:11:21	1:32:10
97	139	Keith	Connaughton	Wave 3	M	'35-39	Sprint	0:19:26	0:02:57	0:48:12	0:00:35	0:10:46	0:11:03	1:33:02
98	119	Lorcan	O'Neill	Wave 3	M	'40-44	Sprint	0:22:20	0:04:24	0:43:52	0:00:59	0:11:00	0:11:33	1:34:10
99	106	Gerry	Maher	Wave 3	M	'55-59	Sprint	0:17:58	0:05:12	0:42:46	0:01:39	0:13:27	0:13:42	1:34:47
100	105	Dermot	Drea	Wave 3	M	'50-54	Sprint	0:17:35	0:02:45	0:46:50	0:01:02	0:13:42	0:13:22	1:35:19
101	84	Eugene	Clonan	Wave 2	M	'60-64	Sprint	0:18:59	0:02:39	0:42:29	0:01:15	0:15:17	0:14:53	1:35:35
102	126	John	Bates	Wave 3	M	'50-54	Sprint	0:18:20	0:02:33	0:46:14	0:00:56	0:13:54	0:13:38	1:35:36
103	138	Brendan	Ryan	Wave 3	M	'40-44	Sprint	0:20:13	0:03:59	0:45:48	0:01:19	0:12:44	0:12:54	1:36:59
104	125	John Paul (Ian)	phillips	Wave 3	M	'55-59	Sprint	0:21:49	0:03:33	0:45:04	0:00:59	0:12:51	0:12:44	1:37:03
105	143	Thomas	Doyle	Wave 3	M	'40-44	Sprint	0:18:24	0:03:02	0:46:29	0:00:58	0:14:22	0:13:58	1:37:15
106	98	Joseph	Mac Cabe	Wave 3	M	'60-64	Sprint	0:17:55	0:02:24	0:49:16	0:01:13	0:13:19	0:13:22	1:37:30
107	99	Cathal	O'Connor	Wave 3	M	'30-34	Sprint	0:21:50	0:03:06	0:44:35	0:01:39	0:13:50	0:13:04	1:38:07
108	145	Brian	Birmingham	Wave 3	M	'40-44	Sprint	0:25:09	0:02:37	0:44:02	0:00:59	0:13:23	0:11:56	1:38:08
109	131	Paraic	Curley	Wave 3	M	'35-39	Sprint	0:21:56	0:04:13	0:48:14	0:00:37	0:11:55	0:11:59	1:38:55
110	97	James	McLoughlin	Wave 3	M	'40-44	Sprint	0:19:24	0:02:35	0:45:30	0:01:42	0:15:32	0:15:15	1:40:00
111	141	Ben	Troy	Wave 3	M	'20-24	Sprint	0:23:51	0:03:51	0:48:10	0:01:26	0:11:12	0:11:39	1:40:13
112	74	Fernando	Gamero	Wave 3	M	'50-54	Sprint	0:18:53	0:02:36	0:47:53	0:01:56	0:14:32	0:14:30	1:40:21
113	101	Patrick	Greene	Wave 3	M	'55-59	Sprint	0:26:49	0:02:24	0:43:18	0:01:01	0:13:15	0:13:45	1:40:35
114	121	Robbie	Downes	Wave 3	M	'45-49	Sprint	0:26:22	0:03:16	0:46:22	0:01:28	0:11:29	0:11:47	1:40:46
115	87	Paul	Crotty	Wave 3	M	'60-64	Sprint	0:15:52	0:04:24	0:49:45	0:02:28	0:14:08	0:14:06	1:40:46
116	123	David	Shaw	Wave 3	M	'65-69	Sprint	0:22:57	0:03:56	0:45:32	0:02:11	0:13:35	0:13:21	1:41:35
117	51	Shane	Hosty	Wave 2	M	'30-34	Sprint	0:24:39	0:06:27	0:44:51	0:01:35	0:12:14	0:12:09	1:41:58
118	109	Patrick	Fox	Wave 3	M	'60-64	Sprint	0:23:48	0:03:44	0:48:12	0:00:48	0:13:16	0:13:09	1:42:59
119	137	Shane	Mc laughlin	Wave 3	M	'40-44	Sprint	0:20:20	0:03:13	0:47:16	0:01:03	0:13:17	0:20:21	1:45:34
120	134	Mark	Lyons	Wave 3	M	'40-44	Sprint	0:33:03	0:03:51	0:44:11	0:00:53	0:11:57	0:11:56	1:45:54
121	140	Peadar	Mulvihill	Wave 3	M	'35-39	Sprint	0:28:01	0:03:55	0:48:22	0:01:20	0:12:16	0:12:19	1:46:16
122	76	James	fitzgerald	Wave 3	M	'35-39	Sprint	0:22:34	0:04:12	0:54:18	0:00:51	0:12:25	0:12:32	1:46:53
123	135	Niall	Tracey	Wave 3	M	'55-59	Sprint	0:23:00	0:05:34	0:49:44	0:00:47	0:14:41	0:14:32	1:48:20
124	118	Philip J.	Dunne	Wave 2	M	'60-64	Sprint	0:26:02	0:03:14	0:50:06	0:00:54	0:14:37	0:14:48	1:49:44
125	129	Ray	Cregg	Wave 3	M	'35-39	Sprint	0:29:48	0:04:55	0:56:02	0:01:29	0:12:15	0:12:19	1:56:50
126	132	David	Doyle	Wave 3	M	'40-44	Sprint	0:33:34	0:03:50	0:50:41	0:01:05	0:15:14	0:14:47	1:59:13
127	148	Michal	Miszczyszyn	Wave 3	M	'25-29	Sprint		0:25:00	0:55:54	0:01:33	0:18:30	0:18:33	1:59:33
128	142	Sean	O'Connor	Wave 3	M	'40-44	Sprint	0:22:28	0:04:32	1:00:28	0:00:58	0:16:14	0:16:40	2:01:22
129	107	Kevin	O'halloran	Wave 3	M	'70-74	Sprint	0:28:33	0:07:10	0:54:09	0:04:16	0:18:10	0:17:47	2:10:07
	82	Adrian	Martin	Wave 3	M	'60-64	Sprint	DNF Swim		0:40:26	0:01:38	0:12:31	0:12:55	DNF
	128	Tom	Dully	Wave 3	M	'60-64	Sprint	DNF Swim		0:45:45	0:01:14	0:13:21	0:13:17	DNF
	133	Alan	Feighery	Wave 3	M	'45-49	Sprint	DNF Swim						DNF
Place	Number	Name	Surname	Wave	Sex	Age Group	Event	Swim	T1	Bike	T2	Lap 1	Lap 2	Finish
1	233	Sinead	Coll	Wave 2	F	'50-54	Sprint Relay	0:13:14	0:02:05	0:53:24	0:00:43	0:13:03	0:12:54	1:34:43
Place	Number	Name	Surname	Wave	Sex	Age Group	Event	Swim	T1	Bike	T2	Lap 1	Lap 2	Finish
1	305	Aine	Gilhooly	Wave 4	F	'18-19	Try A Tri	0:04:33	0:01:35	0:23:50	0:00:34	0:10:21		0:40:56
2	302	Donna	Devine Healy	Wave 4	F	'40-44	Try A Tri	0:10:29	0:02:31	0:25:42	0:00:39	0:12:47		0:52:10
3	311	Grainne	Murray	Wave 4	F	'30-34	Try A Tri	0:05:02	0:02:36	0:30:18	0:00:39	0:16:23		0:55:00
4	303	Helena	Downes	Wave 4	F	'16-17	Try A Tri	0:09:17	0:03:07	0:28:37	0:00:32	0:13:51		0:55:25
5	307	Helen	Labranche	Wave 4	F	'50-54	Try A Tri	0:10:10	0:02:23	0:27:10	0:01:12	0:15:20		0:56:17
6	297	Amanda	Rogers	Wave 4	F	'40-44	Try A Tri	0:11:38	0:03:57	0:26:23	0:01:41	0:16:18		1:00:00
7	315	Myriam	O'Farrell	Wave 4	F	'30-34	Try A Tri	0:10:56	0:03:58	0:31:08	0:01:01	0:14:04		1:01:08
8	310	Claire	Mulvihill	Wave 4	F	'35-39	Try A Tri	0:06:21	0:04:38	0:32:18	0:01:00	0:20:11		1:04:30
9	314	Regina	Cleary	Wave 4	F	'45-49	Try A Tri	0:16:06	0:03:17	0:31:17	0:00:59	0:16:59		1:05:22
10	304	Agnes	Fitzgerald	Wave 4	F	'35-39	Try A Tri	0:06:33	0:03:20	0:36:08	0:00:39	0:19:12		1:05:53
11	300	Mag	Bell	Wave 4	F	'55-59	Try A Tri	0:11:25	0:05:40	0:33:08	0:01:10	0:24:43		1:16:07
Place	Number	Name	Surname	Wave	Sex	Age Group	Event	Swim	T1	Bike	T2	Lap 1	Lap 2	Finish
1	306	Finbarr	Gillane	Wave 4	M	'16-17	Try A Tri	0:04:57	0:01:42	0:27:29	0:00:41	0:11:53		0:46:44
2	301	Ian	Bell	Wave 4	M	'50-54	Try A Tri	0:11:22	0:03:12	0:23:22	0:01:17	0:16:48		0:56:03
Place	Number	Name	Surname	Wave	Sex	Age Group	Event	Swim	T1	Bike			Run	Finish
1	337	Maeve	Gallagher	Wave 2	F	'20-24	Aquabike	0:08:02	0:01:06	0:33:42			0:00:43	0:43:34
2	330	Aimee	Carr	Wave 2	F	'18-19	Aquabike	0:10:25	0:01:11	0:37:55			0:01:08	0:50:41
3	331	Mollie	Jackson	Wave 1	F	'16-17	Aquabike	0:09:33	0:01:36	0:40:31			0:00:41	0:52:22
4	249	Clodagh	Mahon	Wave 2	F	'18-19	Aquabike	0:10:45	0:01:22	0:41:58			0:00:34	0:54:39
5	333	Deborah	Carr	Wave 2	F	'50-54	Aquabike	0:11:10	0:01:41	0:41:08			0:01:16	0:55:17
6	336	Eilís	Morrissey	Wave 3	F	'50-54	Aquabike	0:13:09	0:03:01	0:50:41			0:00:41	1:07:34
7	329	Denise	Feighery	Wave 3	F	'45-49	Aquabike	0:17:28	0:02:31	0:47:08			0:00:48	1:07:57
Place	Number	Name	Surname	Wave	Sex	Age Group	Event	Swim	T1	Bike			Run	Finish
1	328	Ryan	Connolly	Wave 2	M	'20-24	Aquabike	0:14:22	0:01:35	0:33:02			0:01:12	0:50:13
2	321	Cian	O'Connor	Wave 1	M	'16-17	Aquabike	0:14:08	0:01:29	0:40:33			0:00:34	0:56:46
3	325	Kieran	Whyte	Wave 3	M	'55-59	Aquabike	0:15:27	0:02:31	0:39:57			0:00:37	0:58:33
4	324	Aidan	Currie	Wave 3	M	'60-64	Aquabike	0:15:58	0:02:27	0:40:49			0:00:38	0:59:52
5	322	Fergus	Walsh	Wave 3	M	'50-54	Aquabike	0:19:35	0:02:30	0:41:06			0:00:46	1:03:59
6	326	Gary	Byrne	Wave 3	M	'40-44	Aquabike	0:25:08	0:03:00	0:59:45			0:00:53	1:28:47
Place	Number	Name	Surname	Wave	Sex	Age Group	Event	Swim	T1			Lap 1	Lap 2	Finish
1	341	Emily	Sheils	Wave 2	F	'25-29	Aquathon	0:10:39	0:01:32			0:09:35	0:09:42	0:31:30
2	342	ANNE MARIE	FEIGHERY	Wave 2	F	'40-44	Aquathon	0:12:17	0:01:34			0:11:11	0:11:08	0:36:11
3	344	Maeve	Hegarty	Wave 3	F	'50-54	Aquathon	0:13:54	0:02:29			0:11:15	0:11:10	0:38:51
4	347	Grainne	Black	Wave 3	F	'40-44	Aquathon	0:14:15	0:03:24			0:11:17	0:11:13	0:40:10
5	343	Fiona	Mullins	Wave 3	F	'55-59	Aquathon	0:13:20	0:04:14			0:15:39	0:15:49	0:49:04
6	345	Emer	Farrell	Wave 3	F	'45-49	Aquathon	0:13:49	0:03:15			0:17:03	0:17:16	0:51:23
7	346	Aoife	Nolan	Wave 3	F	'40-44	Aquathon	0:07:11	0:05:44				0:43:19	0:56:14
Place	Number	Name	Surname	Wave	Sex	Age Group	Event	Swim	T1			Lap 1	Lap 2	Finish
1	338	Paul	Clarke	Wave 3	M	'50-54	Aquathon	0:16:41	0:01:42			0:10:07	0:09:59	0:38:30