2	Place	Number	Name	Surname	Sex	Cat	Race Time
3	1	129	Rachael	Lee	FEMALE	Over40	0:30:57
4	2	137	Alan	Maher	MALE	Senior	0:32:42
5 241 Nathan Ward MALE Senior 0:35:21 6 194 Niall O'Sullivan MALE Over40 0:35:25 7 63 Catherine Downes FEMALE Over40 0:35:50 8 156 Shane McLoughlin MALE Over40 0:36:13 10 251 Selena McDonnell FEMALE Over40 0:36:13 11 239 Rebecca Walshe FEMALE Senior 0:36:24 12 247 Sabrina Wiedmer FEMALE Senior 0:36:24 13 97 Alan Hardy MALE Over40 0:36:25 14 246 Mark Whelan MALE Over40 0:37:26 15 93 Emily Grimes FEMALE Over40 0:37:43 16 205 Eamonn Quinn MALE Over40 0:37:43 17 149 Simon Mc Fetridge MALE Over40 0:39:13 18 53 Daragh Crowley	3	141	Artur	Matusik	MALE	Over40	0:33:22
6	4	161	Tony	Morris	MALE	Over40	0:35:11
7	5	241	Nathan	Ward	MALE	Senior	0:35:21
8	6	194	Niall	O'Sullivan	MALE	Over40	0:35:25
9 225 Karl Swan MALE Over40 0:36:01	7	63	Catherine	Downes	FEMALE	Over40	0:35:48
9 225 Karl Swan MALE Over40 0.36.01	8	156	Shane	McLoughlin	MALE	Senior	0:35:50
11	9	225	Karl	Swan	MALE	Over40	0:36:01
12 247 Sabrina Wiedmer FEMALE Senior 0:36:24 13 97 Alan Hardy MALE Over40 0:36:57 14 246 Mark Whelan MALE Senior 0:37:26 15 93 Emily Grimes FEMALE Over40 0:37:36 16 205 Eamonn Quinn MALE Over40 0:37:48 17 149 Simon Mc Fetridge MALE Over40 0:38:36 18 53 Daragh Crowley MALE Over40 0:39:13 20 209 Fergus Roche MALE Over40 0:39:13 20 209 Fergus Roche MALE Senior 0:39:19 21 4 Dervilla Bailey FEMALE Senior 0:39:19 21 4 Dervilla Bailey FEMALE Senior 0:39:19 22 167 Kevin Morrissey MALE Senior 0:40:28 23 188 Dervid O'Earrell <td< td=""><td>10</td><td>251</td><td>Selena</td><td>McDonnell</td><td>FEMALE</td><td>Over40</td><td>0:36:13</td></td<>	10	251	Selena	McDonnell	FEMALE	Over40	0:36:13
13 97 Alan Hardy MALE Over40 0:36:57 14 246 Mark Whelan MALE Senior 0:37:26 15 93 Emily Grimes FEMALE Over40 0:37:43 16 205 Eamonn Quinn MALE Over40 0:37:49 17 149 Simon Mc Fetridge MALE Over40 0:38:36 18 53 Daragh Crowley MALE Over40 0:39:10 19 17 David Bradish MALE Over40 0:39:13 20 209 Fergus Roche MALE Over40 0:39:13 21 4 Dervilla Bailey FEMALE Senior 0:39:19 22 167 Kevin Morrissey MALE Over40 0:39:36 23 188 Derry O'Farrell MALE Over40 0:40:28 24 160 Garvan McVerry Male Senior 0:40:36 25 98 Debbie Harmon FEMALE Over40 0:40:49 26 183 Tomás O Dubhda MALE Over40 0:40:57 27 89 Conor Gogarty MALE Senior 0:41:36 28 14 ANDREW BOYLE MALE Over40 0:41:31 29 113 Thomas Johnston MALE Over40 0:41:31 30 29 Rob Byrne MALE Over40 0:41:31 31 32 Julie Carbery FEMALE Over40 0:41:31 33 178 MALE Senior 0:41:61 34 131 Gustavo Longo MALE Over40 0:41:51 35 238 Sean Walsh MALE Senior 0:42:26 40 159 Niamh Mcswiggan FEMALE Senior 0:42:26 40 159 Niamh Mcswiggan FEMALE Over40 0:42:28 40 159 Niamh Mcswiggan FEMALE Over40 0:42:36 41 102 Paul Hession MALE Over40 0:42:36 42 179 James Nugent Male Over40 0:43:36 43 12 Quentin Jansen MALE Over40 0:43:36 44 186 Tom O'Brien MALE Senior 0:43:36 45 169 Jenny Mulry FEMALE Over40 0:45:32 46 85 Yoan Gandin MALE Senior 0:45:25 47 73 Deirdre Fallon FEMALE Over40 0:45:35 55 169 Jenny Mulry FEMALE Over40 0:45:35 56 180 Fernanda Nunez MALE Over40 0:45:35 57 111 Lean Jansev an Rensburg MALE Senior 0:45:26 58 Holistant O'Hara MALE Over40 0:45:36	11	239	Rebecca	Walshe	FEMALE	Senior	0:36:22
14	12	247	Sabrina	Wiedmer	FEMALE	Senior	0:36:24
14	13	97	Alan	Hardy	MALE	Over40	0:36:57
16	14	246	Mark		MALE	Senior	0:37:26
16	15	93	Emily	Grimes	FEMALE	Over40	0:37:43
18	16		-	Quinn	MALE	Over40	0:37:49
18	17	149	Simon	Mc Fetridge	MALE	Over40	0:38:36
19	18	53	Daragh		MALE	Over40	0:39:10
21	19				MALE	Over40	0:39:13
21	20	209	Fergus	Roche	MALE	Over40	0:39:16
22 167 Kevin Morrissey MALE Senior 0:39:28 23 188 Derry O'Farrell MALE Over40 0:40:28 24 160 Garvan McVery Male Senior 0:40:39 25 98 Debbie Harmon FEMALE Over40 0:40:49 26 183 Tomás O Dubhda MALE Over40 0:40:57 27 89 Conor Gogarty MALE Senior 0:41:16 28 14 ANDREW BOYLE MALE Over40 0:41:13 30 29 Rob Byrne MALE Over40 0:41:31 31 32 Julie Carbery FEMALE Over40 0:41:33 31 32 Julie Carbery FEMALE Over40 0:41:38 33 178 MALE Over40 0:41:33 34 131 Gustavo Longo MALE Over40 </td <td>21</td> <td></td> <td></td> <td>Bailey</td> <td>FEMALE</td> <td>Senior</td> <td>0:39:19</td>	21			Bailey	FEMALE	Senior	0:39:19
23 188 Derry O'Farrell MALE Over40 0:40:28 24 160 Garvan McVerry Male Senior 0:40:36 25 98 Debbie Harmon FEMALE Over40 0:40:49 26 183 Tomás O Dubhda MALE Over40 0:40:57 27 89 Conor Gogarty MALE Senior 0:41:16 28 14 ANDREW BOYLE MALE Over40 0:41:18 29 113 Thomas Johnston MALE Over40 0:41:31 30 29 Rob Byrne MALE Over40 0:41:33 31 32 Julie Carbery FEMALE Over40 0:41:33 31 32 Julie Carbery FEMALE Over40 0:41:33 32 116 John Kearney MALE Over40 0:41:33 33 178 MALE Over40 0:41:33 34 131 Gustavo Longo MALE Over40	22	167	Kevin	-	MALE	Senior	
24 160 Garvan McVerry Male Senior 0:40:36 25 98 Debbie Harmon FEMALE Over40 0:40:49 26 183 Tomás O Dubhda MALE Over40 0:40:57 27 89 Conor Gogarty MALE Senior 0:41:16 28 14 ANDREW BOYLE MALE Over40 0:41:18 29 113 Thomas Johnston MALE Over40 0:41:31 30 29 Rob Byrne MALE Over40 0:41:31 31 32 Julie Carbery FEMALE Over40 0:41:33 32 116 John Kearney MALE Over40 0:41:33 33 178 MALE Over40 0:41:34 34 131 Gustavo Longo MALE Over40 0:41:51 35 238 Sean Walsh MALE Over40 0:41:51 36 100 Aisling Heeran FEMALE Over40				-			0:40:28
25 98 Debbie Harmon FEMALE Over40 0:40:49 26 183 Tomás O Dubhda MALE Over40 0:40:57 27 89 Conor Gogarty MALE Senior 0:41:16 28 14 ANDREW BOYLE MALE Over40 0:41:18 29 113 Thomas Johnston MALE Over40 0:41:31 30 29 Rob Byrne MALE Over40 0:41:31 31 32 Julie Carbery FEMALE Over40 0:41:33 32 116 John Kearney MALE Over40 0:41:33 33 178 MALE Over40 0:41:38 34 131 Gustavo Longo MALE Over40 0:41:51 35 238 Sean Walsh MALE Over40 0:41:52 36 100 Aisling Heeran FEMALE Over40 0:42:22 38 185 David O'Brien MALE Senior					Male	Senior	
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27 89 Conor Gogarty MALE Senior 0:41:16 28 14 ANDREW BOYLE MALE Over40 0:41:18 29 113 Thomas Johnston MALE Over40 0:41:21 30 29 Rob Byrne MALE Over40 0:41:31 31 32 Julie Carbery FEMALE Over40 0:41:33 31 32 Julie Carbery FEMALE Over40 0:41:33 32 116 John Kearney MALE Over40 0:41:38 34 131 Gustavo Longo MALE Over40 0:41:51 35 238 Sean Walsh MALE Over40 0:41:52 36 100 Aisling Heeran FEMALE Senior 0:42:17 37 105 Clare Holman FEMALE Senior 0:42:22 38 185 David O'Brien MALE Over40 0:42:25 39 52 Aoife Crowe FEMALE				O Dubhda			
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29 113 Thomas Johnston MALE Over40 0:41:21 30 29 Rob Byrne MALE Over40 0:41:31 31 32 Julie Carbery FEMALE Over40 0:41:37 32 116 John Kearney MALE Over40 0:41:38 33 178 MALE Over40 0:41:46 34 131 Gustavo Longo MALE Over40 0:41:51 35 238 Sean Walsh MALE Over40 0:41:52 36 100 Aisling Heeran FEMALE Over40 0:42:12 37 105 Clare Holman FEMALE Over40 0:42:22 38 185 David O'Brien MALE Senior 0:42:25 39 52 Aoife Crowe FEMALE Over40 0:42:25 40 159 Niamh Mcswiggan FEMALE Over40 0:42:36 41 102 Paul Hession MALE Over40							0:41:18
30	29	113	Thomas	Johnston	MALE	Over40	0:41:21
31 32 Julie Carbery FEMALE Over40 0:41:37 32 116 John Kearney MALE Over40 0:41:38 33 178 MALE Over40 0:41:46 34 131 Gustavo Longo MALE Over40 0:41:51 35 238 Sean Walsh MALE Over40 0:41:52 36 100 Aisling Heeran FEMALE Senior 0:42:17 37 105 Clare Holman FEMALE Over40 0:42:22 38 185 David O'Brien MALE Senior 0:42:25 39 52 Aoife Crowe FEMALE Over40 0:42:25 40 159 Niamh Mcswiggan FEMALE Over40 0:42:25 40 159 Niamh Mcswiggan FEMALE Over40 0:42:36 41 102 Paul Hession MALE Over40 0:42:48 42 179 James Nugent Male Over40 <td>30</td> <td>29</td> <td>Rob</td> <td></td> <td>MALE</td> <td>Over40</td> <td>0:41:31</td>	30	29	Rob		MALE	Over40	0:41:31
32 116 John Kearney MALE Over40 0:41:38 33 178 MALE Senior 0:41:46 34 131 Gustavo Longo MALE Over40 0:41:51 35 238 Sean Walsh MALE Over40 0:41:52 36 100 Aisling Heeran FEMALE Senior 0:42:17 37 105 Clare Holman FEMALE Over40 0:42:22 38 185 David O'Brien MALE Senior 0:42:25 39 52 Aoife Crowe FEMALE Over40 0:42:25 40 159 Niamh Mcswiggan FEMALE Over40 0:42:36 41 102 Paul Hession MALE Over40 0:42:48 42 179 James Nugent Male Over40 0:43:05 43 112 Quentin Jansen MALE	31	32	Julie	-	FEMALE	Over40	0:41:37
33 178 MALE Senior 0:41:46 34 131 Gustavo Longo MALE Over40 0:41:51 35 238 Sean Walsh MALE Over40 0:41:52 36 100 Aisling Heeran FEMALE Senior 0:42:17 37 105 Clare Holman FEMALE Over40 0:42:22 38 185 David O'Brien MALE Senior 0:42:25 39 52 Aoife Crowe FEMALE Over40 0:42:25 40 159 Niamh Mcswiggan FEMALE Over40 0:42:36 41 102 Paul Hession MALE Over40 0:42:48 42 179 James Nugent Male Over40 0:43:05 43 112 Quentin Jansen MALE Over40 0:43:18 44 186 Tom O'Brien MALE	32	116	John	•	MALE	Over40	0:41:38
35 238 Sean Walsh MALE Over40 0:41:52 36 100 Aisling Heeran FEMALE Senior 0:42:17 37 105 Clare Holman FEMALE Over40 0:42:22 38 185 David O'Brien MALE Senior 0:42:25 39 52 Aoife Crowe FEMALE Over40 0:42:25 40 159 Niamh Mcswiggan FEMALE Over40 0:42:36 41 102 Paul Hession MALE Over40 0:42:48 42 179 James Nugent Male Over40 0:42:48 42 179 James Nugent Male Over40 0:43:05 43 112 Quentin Jansen MALE Over40 0:43:18 44 186 Tom O'Brien MALE Over40 0:43:18 45 61 Graham	33	178			MALE	Senior	0:41:46
35 238 Sean Walsh MALE Over40 0:41:52 36 100 Aisling Heeran FEMALE Senior 0:42:17 37 105 Clare Holman FEMALE Over40 0:42:22 38 185 David O'Brien MALE Senior 0:42:25 39 52 Aoife Crowe FEMALE Over40 0:42:25 40 159 Niamh Mcswiggan FEMALE Over40 0:42:36 41 102 Paul Hession MALE Over40 0:42:48 42 179 James Nugent Male Over40 0:42:48 42 179 James Nugent Male Over40 0:43:05 43 112 Quentin Jansen MALE Over40 0:43:18 44 186 Tom O'Brien MALE Over40 0:43:36 45 61 Graham Dillon MALE Senior 0:43:56 46 85 Yoan Gandin MALE	34	131	Gustavo	Longo	MALE	Over40	0:41:51
37 105 Clare Holman FEMALE Over40 0:42:22 38 185 David O'Brien MALE Senior 0:42:25 39 52 Aoife Crowe FEMALE Over40 0:42:25 40 159 Niamh Mcswiggan FEMALE Over40 0:42:36 41 102 Paul Hession MALE Over40 0:42:48 42 179 James Nugent Male Over40 0:43:05 43 112 Quentin Jansen MALE Over40 0:43:18 44 186 Tom O'Brien MALE Over40 0:43:30 45 61 Graham Dillon MALE Senior 0:43:56 46 85 Yoan Gandin MALE Senior 0:44:58 47 73 Deirdre Fallon FEMALE Over40 0:45:12 48 208 Coonan Richard MALE Senior 0:45:21 50 180 Fernanda Nunez MALE </td <td>35</td> <td></td> <td></td> <td></td> <td>MALE</td> <td></td> <td>0:41:52</td>	35				MALE		0:41:52
38 185 David O'Brien MALE Senior 0:42:25 39 52 Aoife Crowe FEMALE Over40 0:42:25 40 159 Niamh Mcswiggan FEMALE Over40 0:42:36 41 102 Paul Hession MALE Over40 0:42:48 42 179 James Nugent Male Over40 0:43:05 43 112 Quentin Jansen MALE Over40 0:43:18 44 186 Tom O'Brien MALE Over40 0:43:30 45 61 Graham Dillon MALE Senior 0:43:56 46 85 Yoan Gandin MALE Senior 0:44:58 47 73 Deirdre Fallon FEMALE Over40 0:45:12 48 208 Coonan Richard MALE Senior 0:45:21 49 109 Stephen	36	100	Aisling	Heeran	FEMALE	Senior	0:42:17
39 52 Aoife Crowe FEMALE Over40 0:42:25 40 159 Niamh Mcswiggan FEMALE Over40 0:42:36 41 102 Paul Hession MALE Over40 0:42:48 42 179 James Nugent Male Over40 0:43:05 43 112 Quentin Jansen MALE Over40 0:43:18 44 186 Tom O'Brien MALE Over40 0:43:30 45 61 Graham Dillon MALE Senior 0:43:56 46 85 Yoan Gandin MALE Senior 0:43:58 47 73 Deirdre Fallon FEMALE Over40 0:45:12 48 208 Coonan Richard MALE Over40 0:45:12 49 109 Stephen Hyland MALE Senior 0:45:21 50 180 Fernanda Nunez MALE Senior 0:45:32 51 169 Jenny Mulry FEMALE </td <td>37</td> <td>105</td> <td>Clare</td> <td>Holman</td> <td>FEMALE</td> <td>Over40</td> <td>0:42:22</td>	37	105	Clare	Holman	FEMALE	Over40	0:42:22
40 159 Niamh Mcswiggan FEMALE Over40 0:42:36 41 102 Paul Hession MALE Over40 0:42:48 42 179 James Nugent Male Over40 0:43:05 43 112 Quentin Jansen MALE Over40 0:43:18 44 186 Tom O'Brien MALE Over40 0:43:30 45 61 Graham Dillon MALE Senior 0:43:56 46 85 Yoan Gandin MALE Senior 0:43:56 47 73 Deirdre Fallon FEMALE Over40 0:45:12 48 208 Coonan Richard MALE Over40 0:45:12 49 109 Stephen Hyland MALE Senior 0:45:21 50 180 Fernanda Nunez MALE Senior 0:45:32 51 169 Jenny	38	185	David	O'Brien	MALE	Senior	0:42:25
41 102 Paul Hession MALE Over40 0:42:48 42 179 James Nugent Male Over40 0:43:05 43 112 Quentin Jansen MALE Over40 0:43:18 44 186 Tom O'Brien MALE Over40 0:43:30 45 61 Graham Dillon MALE Senior 0:43:56 46 85 Yoan Gandin MALE Senior 0:44:58 47 73 Deirdre Fallon FEMALE Over40 0:45:12 48 208 Coonan Richard MALE Over40 0:45:12 49 109 Stephen Hyland MALE Senior 0:45:21 50 180 Fernanda Nunez MALE Senior 0:45:22 51 169 Jenny Mulry FEMALE Over40 0:45:35 52 256 Noel Kelly MALE Over40 0:45:35 53 111 Lean Janse van Rensburg MA	39	52	Aoife	Crowe	FEMALE	Over40	0:42:25
42 179 James Nugent Male Over40 0:43:05 43 112 Quentin Jansen MALE Over40 0:43:18 44 186 Tom O'Brien MALE Over40 0:43:30 45 61 Graham Dillon MALE Senior 0:43:56 46 85 Yoan Gandin MALE Senior 0:44:58 47 73 Deirdre Fallon FEMALE Over40 0:45:12 48 208 Coonan Richard MALE Over40 0:45:12 49 109 Stephen Hyland MALE Senior 0:45:21 50 180 Fernanda Nunez MALE Senior 0:45:22 51 169 Jenny Mulry FEMALE Over40 0:45:35 52 256 Noel Kelly MALE Over40 0:45:35 53 111 Lean Janse van Rensburg MALE Senior 0:45:41 54 189 Michael O'Hara MALE Senior 0:46:08	40	159	Niamh	Mcswiggan	FEMALE	Over40	0:42:36
43 112 Quentin Jansen MALE Over40 0:43:18 44 186 Tom O'Brien MALE Over40 0:43:30 45 61 Graham Dillon MALE Senior 0:43:56 46 85 Yoan Gandin MALE Senior 0:44:58 47 73 Deirdre Fallon FEMALE Over40 0:45:12 48 208 Coonan Richard MALE Over40 0:45:12 49 109 Stephen Hyland MALE Senior 0:45:21 50 180 Fernanda Nunez MALE Senior 0:45:22 51 169 Jenny Mulry FEMALE Over40 0:45:32 52 256 Noel Kelly MALE Over40 0:45:35 53 111 Lean Janse van Rensburg MALE Senior 0:45:41 54 189 Michael O'Hara MALE Senior 0:46:08	41	102	Paul		MALE	Over40	0:42:48
44 186 Tom O'Brien MALE Over40 0:43:30 45 61 Graham Dillon MALE Senior 0:43:56 46 85 Yoan Gandin MALE Senior 0:44:58 47 73 Deirdre Fallon FEMALE Over40 0:45:12 48 208 Coonan Richard MALE Over40 0:45:12 49 109 Stephen Hyland MALE Senior 0:45:21 50 180 Fernanda Nunez MALE Senior 0:45:22 51 169 Jenny Mulry FEMALE Over40 0:45:32 52 256 Noel Kelly MALE Over40 0:45:35 53 111 Lean Janse van Rensburg MALE Senior 0:45:41 54 189 Michael O'Hara MALE Senior 0:46:08	42	179	James	Nugent	Male	Over40	0:43:05
44 186 Tom O'Brien MALE Over40 0:43:30 45 61 Graham Dillon MALE Senior 0:43:56 46 85 Yoan Gandin MALE Senior 0:44:58 47 73 Deirdre Fallon FEMALE Over40 0:45:12 48 208 Coonan Richard MALE Over40 0:45:12 49 109 Stephen Hyland MALE Senior 0:45:21 50 180 Fernanda Nunez MALE Senior 0:45:22 51 169 Jenny Mulry FEMALE Over40 0:45:32 52 256 Noel Kelly MALE Over40 0:45:35 53 111 Lean Janse van Rensburg MALE Senior 0:45:41 54 189 Michael O'Hara MALE Senior 0:46:08	43	112	Quentin	Jansen	MALE	Over40	0:43:18
46 85 Yoan Gandin MALE Senior 0:44:58 47 73 Deirdre Fallon FEMALE Over40 0:45:12 48 208 Coonan Richard MALE Over40 0:45:12 49 109 Stephen Hyland MALE Senior 0:45:21 50 180 Fernanda Nunez MALE Senior 0:45:22 51 169 Jenny Mulry FEMALE Over40 0:45:32 52 256 Noel Kelly MALE Over40 0:45:35 53 111 Lean Janse van Rensburg MALE Senior 0:45:41 54 189 Michael O'Hara MALE Senior 0:46:08	44			O'Brien	MALE	Over40	0:43:30
47 73 Deirdre Fallon FEMALE Over40 0:45:12 48 208 Coonan Richard MALE Over40 0:45:12 49 109 Stephen Hyland MALE Senior 0:45:21 50 180 Fernanda Nunez MALE Senior 0:45:22 51 169 Jenny Mulry FEMALE Over40 0:45:32 52 256 Noel Kelly MALE Over40 0:45:35 53 111 Lean Janse van Rensburg MALE Senior 0:45:41 54 189 Michael O'Hara MALE Senior 0:46:08	45	61	Graham	Dillon	MALE	Senior	0:43:56
48 208 Coonan Richard MALE Over40 0:45:12 49 109 Stephen Hyland MALE Senior 0:45:21 50 180 Fernanda Nunez MALE Senior 0:45:22 51 169 Jenny Mulry FEMALE Over40 0:45:32 52 256 Noel Kelly MALE Over40 0:45:35 53 111 Lean Janse van Rensburg MALE Senior 0:45:41 54 189 Michael O'Hara MALE Senior 0:46:08	46	85	Yoan	Gandin	MALE	Senior	0:44:58
49 109 Stephen Hyland MALE Senior 0:45:21 50 180 Fernanda Nunez MALE Senior 0:45:22 51 169 Jenny Mulry FEMALE Over40 0:45:32 52 256 Noel Kelly MALE Over40 0:45:35 53 111 Lean Janse van Rensburg MALE Senior 0:45:41 54 189 Michael O'Hara MALE Senior 0:46:08	47	73	Deirdre	Fallon	FEMALE	Over40	0:45:12
50 180 Fernanda Nunez MALE Senior 0:45:22 51 169 Jenny Mulry FEMALE Over40 0:45:32 52 256 Noel Kelly MALE Over40 0:45:35 53 111 Lean Janse van Rensburg MALE Senior 0:45:41 54 189 Michael O'Hara MALE Senior 0:46:08	48	208	Coonan	Richard	MALE	Over40	0:45:12
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52 256 Noel Kelly MALE Over40 0:45:35 53 111 Lean Janse van Rensburg MALE Senior 0:45:41 54 189 Michael O'Hara MALE Senior 0:46:08	51	169	Jenny	Mulry	FEMALE	Over40	0:45:32
53 111 Lean Janse van Rensburg MALE Senior 0:45:41 54 189 Michael O'Hara MALE Senior 0:46:08	52			-	MALE		0:45:35
54 189 Michael O'Hara MALE Senior 0:46:08							0:45:41
							0:46:08
	55			Barry	MALE	Senior	0:46:13

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56		Cian	Griffin	MALE	Senior	0:46:23
57		Colm	Macbradaigh	MALE	Senior	0:46:36
58		Glenn	King	MALE	Over40	0:46:46
59		Graham	Ward	MALE	Over40	0:46:50
60		Michael	Mcgloin	MALE	Over40	0:46:53
61	20	Shane	Branagan	MALE	Senior	0:46:57
62	128	Dara	Lawlor	MALE	Over40	0:47:05
63	5	Tony	Bamford	MALE	Over40	0:47:09
64	96	John	Halpenny	MALE	Over40	0:47:11
65	10	Yusuf	Bhujwalla	MALE	Senior	0:47:17
66	132	Clare-Anne	Ludden	FEMALE	Over40	0:47:18
67	18	Derek	Brady	MALE	Over40	0:47:19
68	151	Colin	McGovern	MALE	Over40	0:47:21
69	204	Sarah	Quigley	FEMALE	Over40	0:47:25
70	21	David	Bray	MALE	Over40	0:47:26
71	54	Paul	Curran	MALE	Senior	0:47:36
72	74	david	Farrelly	MALE	Senior	0:47:37
73	231	Suzanne	Thornhill	FEMALE	Over40	0:47:38
74	213	Gaia	Scalabrino	FEMALE	Over40	0:47:38
75	182	Ryan	O Driscoll	MALE	Senior	0:47:44
76	195	Helen	O'Connor	FEMALE	Over40	0:48:01
77	158	Robert	McNamara	MALE	Senior	0:48:31
78	157	Gillian	McMahon	FEMALE	Over40	0:48:41
79	77	Lisa	Fitzharris	FEMALE	Senior	0:48:43
80		Nicola	Phillips	Female	Senior	0:48:47
81	148		McEvilly	MALE	Over40	0:48:51
82		Robert	Miller	MALE	Over40	0:48:53
83		Dean	Whelan	MALE	Senior	0:48:55
84		Brian Mc	Guinness	MALE	Senior	0:49:13
85		Ronan	O'Byrne	MALE	Over40	0:49:14
86		jayne	dummer	FEMALE	Over40	0:49:53
87		Martin	Bans	MALE	Senior	0:49:55
88		Keith	Wilson	MALE	Over40	0:50:04
89		Niall	Boyle	MALE	Over40	0:50:18
90	122		20).0	MALE	Senior	0:50:19
91		Mick	Slein	MALE	Senior	0:50:24
92		Michelle	Kidd Harper	FEMALE	Over40	0:50:24
93		Amy	Burnett	FEMALE	Senior	0:50:24
94		Brian	Forrester	MALE	Over40	0:50:34
95		Carl	Birney	MALE	Over40	0:50:47
96		Harry	Mathews	MALE	Over40	0:50:49
97		Peter	Magowan	MALE	Senior	0:50:58
98		Andrew	Lavery	MALE	Senior	0:50:58
99		Mary	Courtney	Female	senior	0:51:01
100		Erica	Carthy	FEMALE	Senior	0:51:05
101		James	O'Neill	MALE	Over40	0:51:03
102		Stuart	Mullen	MALE	Senior	0:51:35
103		Michael	McDonnell	MALE	Over40	0:51:41
103		Kelly	Admirand	FEMALE	Over40	0:51:57
105		Raymond	Boyne	MALE	Over40	0:51:58
106		Mark	Pringle	MALE	Over40	0:52:00
107		David	Walsh	MALE	Over40	0:52:00
107		Adeli	Janse Van Rensburg	FEMALE	Senior	0:52:01
109		Conor	Broderick	MALE	Over40	0:52:30
110		Niamh	McCaul	FEMALE	Over40	0.52.30
111		Emer		FEMALE	Over40	0:52:37
111	211	LINEI	Rooney	FLIVIALE	UVE140	0.52.57

112	81	Laura	Francis	FEMALE	Senior	0:52:45
113	57	Lagia	T TOUTOIS	FEMALE	Senior	0:52:46
114		Susan	Parsons	FEMALE	Senior	0:52:47
115		Oisin	Cawley	MALE	Over40	0:52:47
116		Fintan	Phelan	MALE	Over40	0:53:36
117		Paul	Dromgoole	MALE	Over40	0:53:51
118		Brian	Connaughton	MALE	Over40	0:53:55
119		Gráinne	Gormley	FEMALE	Over40	0:54:37
120		Deirdre	Deegan	FEMALE	Over40	0:54:46
121		Mick	Kelly	MALE	Over40	0:54:47
122		Henry	Dummer	MALE	Over40	0:54:47
123		Alan	Dilleen	MALE	Over40	0:54:49
123		CAOIMHE	NI DHUIBHINN	FEMALE	Over40	0:54:49
125				MALE		
125		John Niall	Doyle		Over40	0:54:53
			McDonagh	MALE	Over40	0:55:14
127		Estelle	McLaughlin	FEMALE	Over40	0:55:16
128		Ling	Tsai	FEMALE	Senior	0:55:17
129		Susan	Widdowsen	MALE	Over40	0:55:21
130		Niall	Tansey	MALE	Senior	0:55:23
131		Alan	Judge	MALE	Over40	0:55:24
132		Richard	McKeon	MALE	Over40	0:55:25
133		Aoife	Scott	FEMALE	Senior	0:55:52
134		Keith	Clarges	MALE	Senior	0:55:56
135		Glen	Maher	MALE	Senior	0:56:07
136		Vanessa	Carberry	FEMALE	Over40	0:56:13
137		Leonard	Rock	MALE	Over40	0:56:57
138		Martin	O Neill	MALE	Over40	0:57:10
139		Siobhan	Burke	FEMALE	Over40	0:57:15
140		Thomas	Murray	MALE	Over40	0:57:23
141		Suzanne	thornhill	FEMALE	Over40	0:57:24
142		Dawn	Teelan	FEMALE	Senior	0:57:32
143		Monica	Devine	FEMALE	Over40	0:57:34
144		Maedhbh	Ní Chléirigh	FEMALE	Over40	0:57:42
145		Cathal	Murnane	MALE	Senior	0:58:06
146	118	Gavin	Keating	MALE	Over40	0:58:06
147	223	FIONA	STAFFORD	FEMALE	Over40	0:58:18
148	19	Rosemary	Bradley	Female	Senior	0:58:19
149	84	Conor	Galvin	MALE	Over40	0:58:27
150	62	Loclainn	Donnelly	MALE	Over40	0:58:35
151	174	Patrick	Needham	MALE	Over40	0:58:42
152	64	Caitriona	Doyle	FEMALE	Over40	0:58:45
153	234	Leigh	Tucker	FEMALE	Over40	0:58:46
154	248	Linda	Williams	FEMALE	Senior	0:59:13
155	49	Edward	Cosgrove	MALE	Over40	0:59:15
156	135	Andrew	Magee	MALE	Over40	0:59:29
157	215	Rachel	Sharples	FEMALE	Senior	0:59:46
158	50	Colm	Costelloe	MALE	Over40	0:59:46
159	171	Stephen	Murphy	MALE	Over40	0:59:46
160	191	Margueritte	O'Malley	FEMALE	Over40	0:59:48
161		Siobhan	Ni Reamoinn	FEMALE	Over40	0:59:49
162		Ken	Browne	MALE	Over40	1:00:00
163		Moira	Sweeney	FEMALE	Over40	1:00:02
164		Paul	Evans	MALE	Over40	1:00:07
165		Michelle	Rowley	FEMALE	Over40	1:00:52
166		Garrett	Ahern	MALE	Over40	1:01:04
167		Yvonne	Caulfield	FEMALE	Over40	1:01:25
101			Caamola	L V / \LL	J V C I T C	1.01.20

168	42	Fionnuala	Collins	FEMALE	Over40	1:01:36
169	104	Jamie	Hill	MALE	Senior	1:01:56
170	181	Sally	O' Connor	FEMALE	Over40	1:02:00
171	232	Sarah	Toomey	Female	Over40	1:02:01
172	48	Kevin	Conroy	MALE	Senior	1:02:02
173	255	Judith	Malcolm	FEMALE	Over40	1:02:29
174	107	Stephen	Howard	MALE	Over40	1:02:48
175	13	Ray	Bonar	MALE	Over40	1:03:00
176	222	Claire	Stafford	FEMALE	Over40	1:03:01
177	203	Ana	Quigley	FEMALE	Over40	1:03:16
178	124	Karl	Kiernan	MALE	Over40	1:03:37
179	95	Andy	Gummer	MALE	Senior	1:03:38
180	67	Angie	Dromgoole	FEMALE	Over40	1:04:06
181	200	Shay	Phelan	MALE	Over40	1:04:21
182	12	Joanne	Bobbett	FEMALE	Over40	1:04:30
183	224	Monika	Sulik	FEMALE	Over40	1:05:21
184	196	Carol Ann	Oragano	FEMALE	Over40	1:05:35
185	119	Aideen	Kelly	FEMALE	Over40	1:06:27
186	115	Carol	Keane	FEMALE	Over40	1:06:30
187		Elaine	Barnes	FEMALE	Over40	1:06:46
188		Laura	Allen	FEMALE	Senior	1:07:05
189		alan	geoghegan	MALE	Over40	1:07:34
190		Emer	Harte	FEMALE	Over40	1:07:36
191	163	Brian	Monaghan	MALE	Senior	1:07:57
192	142	Fiona	Mc Garry	FEMALE	Over40	1:08:56
193		Linda	Colgan	Female	Over40	1:09:10
194	219	Pamela	Sinnott	FEMALE	Over40	1:11:08
195	257	Gillian	Monaghan	FEMALE	Over40	1:11:20
196	106	Gweneth	Horgan	FEMALE	Over40	1:12:29
197	8	James	Barry	MALE	Senior	1:12:36
198		mary	shirley	FEMALE	Over40	1:13:09
199	30	Caitríona	Campbell	FEMALE	Over40	1:13:51
200	126	Heather	Lamont	FEMALE	Over40	1:14:12
201	27	Grainne	Byrne	Female	Over40	1:20:38
202		Debbie	Green	FEMALE	Over40	1:22:12
203	243			MALE	Senior	1:24:20
204	207	Sandra	Reynolds	FEMALE	Over40	1:25:53