

Place	Number	Name	Surname	Sex	Cat	Swim	T1	Lap 1	Lap 2	Lap 3	Lap 4	Run	Finish
1	725	Owen	Fletcher	MALE	Senior	24:22	1:03	4:19	4:35	4:36	4:36	18:07	0:43:32
2	688	Paul	Kelly	MALE	Over40	26:08	0:58	4:10	4:21	4:17	4:14	17:03	0:44:09
3	671	Vanessa	Fenton	FEMALE	Over40	25:30	1:09	4:51	5:05	5:07	5:13	20:17	0:46:57
4	702	Kevin	Morrissey	MALE	Senior	25:28	1:51	4:49	5:08	5:03	4:49	19:50	0:47:11
5	715	Philip	SHeridan	MALE	Senior	27:57	1:14	4:25	4:38	4:39	4:39	18:22	0:47:34
6	680	Darren	Kenna	MALE	Senior	27:58	1:31	4:46	4:51	4:52	4:44	19:15	0:48:45
7	693	Michael	McGloin	MALE	Over40	29:13	0:58	4:28	4:48	4:51	4:45	18:55	0:49:08
8	694	Cathal	McMahon	MALE	Senior	29:35	1:15	4:33	4:53	4:50	4:39	18:58	0:49:49
9	683	Ellen	Hynes	FEMALE	Senior	24:44	1:27	5:59	6:14	5:52	5:37	23:42	0:49:55
10	720	Cormac	O'Connor	MALE	Over40	26:25	1:37	5:06	5:33	5:38	5:37	21:56	0:49:59
11	651	Doruk	Balkan	MALE	Senior	29:12	1:22	4:57	5:06	5:04	4:46	19:55	0:50:30
12	724	Chrissy	Harford	FEMALE	Senior	29:34	1:31	4:34	4:58	5:01	5:00	19:35	0:50:41
13	719	karl	Walsh	MALE	Over40	29:11	2:49	4:28	5:02	4:40	4:59	19:10	0:51:11
14	759	Aine	Cornally	FEMALE	Over40	27:12	1:55	5:26	5:40	5:33	5:27	22:08	0:51:16
15	722	Liam	O'Gradaigh	MALE	Over40	26:34	2:24	5:28	5:46	5:41	5:31	22:27	0:51:25
16	716	Stephen	Short	MALE	Over40	30:05	2:09	4:42	4:59	4:49	4:41	19:13	0:51:28
17	684	John	Kearney	MALE	Over40	30:34	1:29	4:40	5:03	5:03	5:11	19:58	0:52:01
18	714	Iain	Sayer	MALE	Over40	30:34	1:31	4:48	5:07	5:03	4:59	19:59	0:52:06
19	723	Dervilla	Bailey	FEMALE	Senior	25:46	1:58	5:51	6:12	6:08	6:15	24:27	0:52:11
20	699	Sean	Moore	MALE	Senior	28:29	2:22	4:58	5:31	5:37	5:34	21:41	0:52:33
21	682	Peter	Howley	MALE	Over40	30:51	1:30	4:59	5:27	5:28	5:25	21:21	0:53:42
22	663	Rachel	Creane	FEMALE	Over40	27:05	2:38	5:53	6:25	6:11	5:56	24:26	0:54:11
23	721	John	Brady	MALE	Senior	35:01	1:16	4:29	4:46	4:45	4:39	18:41	0:54:59
24	661	Will	Carwood	MALE	Over40	33:40	1:51	4:41	4:55	4:59	4:56	19:31	0:55:03
25	696	Niamh	Mcswiggan	FEMALE	Over40	30:08	1:34	5:39	6:01	6:03	6:01	23:46	0:55:28
26	698	Alan	Moghal	MALE	Over40	31:09	1:40	5:36	5:48	5:49	5:33	22:47	0:55:37
27	695	Gillian	McMahon	FEMALE	Over40	30:05	1:23	5:38	6:10	6:11	6:11	24:11	0:55:40
28	705	Patrick	Needham	MALE	Over40	32:04	1:50	5:25	5:51	5:45	5:37	22:38	0:56:33
29	713	Jordi	Sala	MALE	Over40	33:12	2:50	5:07	5:15	5:07	5:06	20:37	0:56:41
30	678	Matthew	Hardenberg	MALE	Senior	32:22	2:02	5:30	5:44	5:44	5:30	22:30	0:56:54
31	670	Lucy	Feighery	FEMALE	Senior	30:06	1:40	6:05	6:34	6:36	6:30	25:46	0:57:33
32	676	Martin	Gorman	MALE	Senior	33:51	2:19	5:30	5:47	5:45	5:25	22:28	0:58:39
33	692	Colman	Lynch	MALE	Over40	32:15	2:24	5:56	6:15	6:06	5:53	24:11	0:58:52
34	685	Liz	Keating	FEMALE	Senior	34:10	2:08	5:28	5:58	6:03	5:55	23:25	0:59:43
35	710	karen	oshea	FEMALE	Over40	33:02	2:56	5:47	6:05	6:08	6:02	24:04	1:00:03
36	704	Declan	Murray	MALE	Over40	35:37	1:50	5:28	5:48	5:53	5:46	22:57	1:00:25
37	655	Paul	Bolger	MALE	Over40	32:10	2:25	5:54	6:49	6:56	6:47	26:28	1:01:03
38	660	Noreen	Carwood	FEMALE	Over40	34:28	2:20	5:52	6:17	6:14	6:03	24:27	1:01:16
39	686	Kevin	Kehily	MALE	Over40								1:01:25
40	657	Leon	Callaghan	MALE	Senior	37:06	3:36	5:00	5:15	5:22	5:38	21:16	1:01:58
41	653	James	Barry	MALE	Over40	38:43	1:37	5:07	5:31	5:41	5:34	21:54	1:02:16
42	689	Ben	Hickey	MALE	Senior	33:22	2:40	6:07	6:45	6:46	6:40	26:20	1:02:22
43	665	Tomasz	Czajka	MALE	Over40	37:01	3:15	5:28	5:44	5:41	5:13	22:08	1:02:25
44	667	Sally	Downing	FEMALE	Over40	32:06	2:02	6:33	7:14	7:19	7:09	28:16	1:02:25
45	681	Pauline	Hilliard	FEMALE	Over40	36:24	3:38	5:42	5:56	6:01	5:55	23:35	1:03:38
46	662	Cora	Coppinger	FEMALE	Senior	31:22	2:29	7:03	7:47	7:40	7:31	30:03	1:03:56
47	672	Evelyn	Fitzpatrick	FEMALE	Over40	34:11	2:26	6:44	7:15	7:27	7:17	28:45	1:05:23
48	717	Eimear	Stafford	FEMALE	Over40	38:01	2:37	6:10	6:36	6:27	6:07	25:21	1:06:00
49	650	Karen	Ahern	FEMALE	Over40	39:36	2:28	5:52	6:20	6:30	6:20	25:02	1:07:06
50	711	Shay	Phelan	MALE	Over40	39:09	2:59	7:03	7:04	6:54	6:45	27:48	1:09:58
51	652	Eric	Baneham	MALE	Over40	38:32	6:16	6:29	6:55	7:01	7:00	27:26	1:12:16
52	658	Caitriona	Campbell	FEMALE	Over40	42:39	2:10	7:17	8:02	8:07	8:07	31:34	1:16:24
53	697	Mercia	Mitchell	FEMALE	Senior	41:17	3:28	7:35	8:31	8:40	8:38	33:26	1:18:11
	687	Noel	Kelly	MALE	Over40	27:34							DNF
Place	Number	Name	Surname	Sex	Cat	Swim	T1	Lap 1	Lap 2	Run	Finish		
1	790	Karl	Swan	MALE	Over40	12:32	1:20	4:25	4:39	9:04	22:57		
2	770	Alan	Hardy	MALE	Over40	12:36	1:29	4:39	4:56	9:36	23:43		
3	794	Niamh	Murphy	FEMALE	Senior	12:31	1:46	4:57	5:05	10:03	24:21		
4	787	Steve	Reeves	MALE	Over40	12:58	1:52	4:49	5:01	9:51	24:41		
5	752	Paul	Byrne	Male	Over40	13:13	1:28	5:14	5:13	10:27	25:09		
6	779	Brendan	Mc Cormack	MALE	Over40	14:55	1:29	4:29	4:40	9:10	25:35		
7	795	Gustavo	Longo	MALE	Senior	13:25	2:15	5:00	5:06	10:06	25:47		
8	755	Sandra	Carwood	FEMALE	Over40	13:53	1:32	5:19	5:31	10:51	26:17		
9	673	Owen	Fletcher	MALE	Over40	15:04	2:28	5:04	5:15	10:20	27:53		
10	768	John	Halpenny	Male	Over40	14:27	2:02	5:39	5:46	11:25	27:56		
11	791	Michelle	walsh	FEMALE	Over40	15:52	1:34	5:15	5:33	10:49	28:16		
12	708	Ronan	O'Byrne	MALE	Over40	15:35	2:34	5:11	5:31	10:42	28:52		
13	751	Ian	Bourke	MALE	Over40	17:02	1:37	5:25	5:44	11:10	29:50		
14	765	David	Gargan	MALE	Over40	18:16	1:44	5:02	5:20	10:22	30:23		
15	777	Mark	Keogh	MALE	Over40	16:46	2:55	5:50	5:41	11:31	31:13		
16	758	Camilla	Conta	FEMALE	Senior	16:35	3:02	5:50	5:56	11:47	31:25		
17	753	Alma	Capt	FEMALE	Over40	18:17	1:30	5:54	5:57	11:51	31:40		
18	764	Lucy	Gammell	FEMALE	Senior	17:43	1:49	6:06	6:07	12:13	31:46		
19	784	William	O'Donnell	MALE	Over40	16:55	2:06	6:19	6:41	13:01	32:02		
20	793	Sandra	Reynolds	FEMALE	Over40	18:24	2:30	5:36	5:39	11:15	32:10		
21	778	Diana	Kissane	FEMALE	Senior	18:45	1:35	5:54	6:01	11:56	32:16		
22	782	Vera	O'Brien	FEMALE	Over40	19:02	1:58	5:35	5:44	11:19	32:20		
23	796	Aine	Cornally	FEMALE	Over40	19:12	2:13	5:24	5:43	11:08	32:35		
24	785	John	O'Shea	MALE	Senior	16:38	2:34	6:37	7:06	13:44	32:57		
25	776	Sarah	Kennedy	FEMALE	Senior	17:24	1:55	7:08	7:23	14:32	33:51		
26	792	Laura	Woods	FEMALE	Senior	19:50				14:12	34:02		
27	718	Ruth	Stokes	FEMALE	Over40	18:23	2:06	6:45	7:02	13:48	34:18		
28	761	Julie	Dowd	FEMALE	Over40	18:33	3:04	6:39	6:35	13:14	34:52		
29	780	Fiona	McEvoy	FEMALE	Senior	20:58	2:24	6:16	6:41	12:57	36:20		
30	783	Suzy	O'Byrne	FEMALE	Over40	19:33	2:58	6:30	7:34	14:04	36:37		
31	789	Katarzyna	Smith	FEMALE	Over40	19:20	2:16	7:41	7:32	15:13	36:50		
32	763	Bernie	Faherty	FEMALE	Senior	23:51	2:38	5:11	5:35	10:46	37:16		
33	786	Audrey	Power	FEMALE	Over40	20:48		10:23	6:11	16:34	37:23		
34	775	Jacqueline	Kelly	FEMALE	Over40	18:28	2:28	8:36	8:56	17:32	38:29		
	781	Faye	Morrissey	FEMALE	Senior	12:30	1:15	5:53			No time		
	762	Keith	Doyle	MALE	Senior	21:25	10:31	6:39			No time		
	771	Johanna	Harpur	FEMALE	Over40	26:17	2:49	7:37			No time		