

Place	Number	Name	Surname	Sex	Cat	Race Time
1	66	Fayolle	Pierre	MALE	Over40	0:28:21
2	155	Morris	Tony	Male	Over40	0:29:53
3	231	Ward	Nathan	MALE	Senior	0:30:33
4	52	Doran	Gavin	MALE	Senior	0:30:54
5	84	Hardy	Alan	Male	Over40	0:31:13
6	203	Roche	Fergus	MALE	Over40	0:31:28
7	137	McDonnell	Selena	FEMALE	Over40	0:32:10
8	236	Wiedmer	Sabrina	FEMALE	Senior	0:32:14
9	197	Quinn	Eamonn	MALE	Over40	0:32:15
10	23	Caulfield	Joe	MALE	Over40	0:32:23
11	81	Grimes	Emily	FEMALE	Over40	0:32:23
12	132	Mc Fetridge	Simon	MALE	Over40	0:32:24
13	3	Bailey	Dervilla	FEMALE	Senior	0:32:34
14	53	Downes	Catherine	FEMALE	Over40	0:32:49
15	224	Swan	Karl	MALE	Over40	0:32:57
16	131	Malone	Paul	Male	Over40	0:33:23
17	157	Morrissey	Kevin	Male	Senior	0:33:27
18	158	Mullen	Stuart	MALE	Senior	0:33:58
19	105	Steed	Patrick	MALE	Senior	0:34:16
20	160	Mulrooney	Eoin	MALE	Senior	0:34:26
21	24	chambers	alan	MALE	Senior	0:34:34
22	94	Hughes	Sarah	FEMALE	Over40	0:34:51
23	173	O Neill	Eamon	MALE	Senior	0:34:59
24	86	Harmon	Debbie	FEMALE	Over40	0:35:10
25	121	Lorigan	Eoin	MALE	Over40	0:35:25
26	48	Davis	Dean	MALE	Senior	0:35:26
27	180	O'Brien	Tom	MALE	Over40	0:36:03
28	13	Branagan	Shane	MALE	Senior	0:36:56
29	237	Williams	Paul	Male	Senior	0:37:05
30	95	Hurst	Grant	MALE	Senior	0:37:19
31	67	Ferguson	William	Male	Over40	0:37:50
32	129	Magowan	Peter	MALE	Senior	0:37:57
33	80	Griffin	Cian	MALE	Senior	0:38:13
34	41	Crowe	Aoife	FEMALE	Over40	0:38:51
35	122	Ludden	ALan	MALE	Over40	0:38:53
36	220	Sparling	Jean	FEMALE	Over40	0:39:28
37	21	Casey	Ivan	MALE	Over40	0:39:46
38	162	Murphy	Eoin	MALE	Senior	0:39:54
39	127	Macbradaigh	Colm	MALE	Senior	0:40:01
40	120	Long	Sarah	FEMALE	Senior	0:40:22
41	5	Bamford	Tony	MALE	Over40	0:40:32
42	89	Heron	Oran	MALE	Over40	0:40:37
43	87	Hawkshaw	Sarah	FEMALE	Senior	0:40:37
44	35	Coonan	Charles	Male	Senior	0:40:50
45	43	Cull	Rachel	FEMALE	Senior	0:40:52
46	163	Murphy	Fra	MALE	Over40	0:40:56

47	73	Flavin	John	MALE	Over40	0:41:11
48	177	O' Connor	Helen	Female	Senior	0:41:21
49	2	Aherne	Philip	MALE	Over40	0:41:33
50	90	Hession	Paul	MALE	Over40	0:41:40
51	100	Jullo	David	MALE	Over40	0:41:45
52	242	Jenkinson	Hilary	FEMALE	Over40	0:41:54
53	217	Smyth	Nessa	FEMALE	Over40	0:41:54
54	176	O' Brien	Sophie	FEMALE	Senior	0:41:56
55	195	Quigley	Sarah	FEMALE	Over40	0:42:13
56	64	Farrelly	David	MALE	Senior	0:42:18
57	59	Edgar	Dwayne	MALE	Senior	0:42:22
58	62	Fallon	Deirdre	FEMALE	Over40	0:42:37
59	109	Kidd	Megan	FEMALE	Senior	0:42:39
60	6	Bechet	Sibylle	FEMALE	Senior	0:42:59
61	76	Gallagher	Nika	FEMALE	Over40	0:43:08
62	55	Doyle	Gemma	FEMALE	Over40	0:43:54
63	96	Jackson	Brianna	FEMALE	Senior	0:44:10
64	1	Admirand	Kelly	FEMALE	Over40	0:44:12
65	138	McEvelly	Ian	MALE	Over40	0:44:21
66	143	McNamara	Robert	MALE	Senior	0:44:39
67	98	Judge	Alan	MALE	Over40	0:44:48
68	212	Sheahan	Simon	MALE	Over40	0:45:21
69	154	Morris	Colm	MALE	Senior	0:45:32
70	204	Rooney	Emer	FEMALE	Over40	0:45:36
71	15	Brett	Denise	FEMALE	Over40	0:45:55
72	241	Wilson	Keith	MALE	Over40	0:45:57
73	82	Guinness	Brian Mc	MALE	Senior	0:46:06
74	200	Ramsay	Alan	MALE	Senior	0:46:08
75	151	Moore	Shane	MALE	Senior	0:46:14
76	72	Fitzsimons	Ryan	MALE	Senior	0:46:24
77	8	Bennett	Sean	MALE	Senior	0:46:33
78	123	Ludden	Clare-Anne	FEMALE	Over40	0:46:42
79	149	Milne	David	MALE	Over40	0:47:40
80	243	Brady	Lisa	FEMALE	Senior	0:47:58
81	194	Prokupek	Jindrich	MALE	Senior	0:48:23
82	164	Murphy	Tony	MALE	Over40	0:48:50
83	104	Kelky	Dermot	MALE	Over40	0:48:54
84	49	Donnelly	Loclainn	MALE	Over40	0:48:56
85	47	Daly	Gavin	MALE	Senior	0:49:03
86	34	Coonan	Andrew	MALE	Over40	0:49:20
87	208	Ryan	Edel	FEMALE	Over40	0:49:21
88	168	NI DHUIBHINN	CAOIMHE	FEMALE	Over40	0:49:24
89	135	McCaul	Niamh	FEMALE	Senior	0:49:28
90	31	Collins	Gary	MALE	Over40	0:49:29
91	119	Lloyd	Emma	FEMALE	Senior	0:49:39
92	179	O' Raw	Deirdre	FEMALE	Over40	0:49:40
93	219	Sourke	Elaine	Female	Over40	0:49:40

94	71	Finucane	Paul	MALE	Over40	0:49:53
95	25	Church	John	MALE	Over40	0:49:57
96	240	Williams	Linda	FEMALE	Senior	0:49:57
97	139	McEvoy	Orla	FEMALE	Over40	0:50:01
98	113	Lambe	Elaine	FEMALE	Over40	0:50:01
99	205	Rouine	Liz	FEMALE	Over40	0:50:19
100	141	Mcmahon	Aisling	FEMALE	Over40	0:50:28
101	54	Doyle	Caitriona	FEMALE	Over40	0:50:42
102	45	Curran	Niamh	FEMALE	Senior	0:51:24
103	85	Harford	Chrissy	FEMALE	Senior	0:51:34
104	30	Collins	Fionnuala	FEMALE	Over40	0:51:37
105	215	Sheridan	Martina	FEMALE	Over40	0:51:49
106	16	Burnett	Amy	FEMALE	Senior	0:51:52
107	130	Malcolm	Judith	FEMALE	Over40	0:51:53
108	210	Scott	Aoife	FEMALE	Senior	0:52:02
109	38	Coughlan	Ann	FEMALE	Over40	0:52:05
110	169	Ni Reamoinn	Siobhan	FEMALE	Over40	0:52:08
111	125	Lynch	Glenn	MALE	Senior	0:52:19
112	165	Murray	Thomas	MALE	Over40	0:52:27
113	28	Colgan	Ben	MALE	Over40	0:54:08
114	207	Ryan	Colin	MALE	Over40	0:54:45
115	189	O'Malley	Deirdre	Female	Over40	0:54:52
116	32	Collis	Sally - Anne	female	Over40	0:54:56
117	22	Cassidy	Fearon	FEMALE	Senior	0:55:08
118	183	O'Connor	Clare	FEMALE	Over40	0:55:11
119	147	Michalet	Yves	male	Over40	0:55:27
120	174	O'Neill	Martin	MALE	Over40	0:56:13
121	196	Quill	Rob	MALE	Senior	0:56:13
122	175	O shea	Mick	MALE	Over40	0:56:22
123	216	Smyth Bridgid	Female	Over40		0:56:33
124	111	King	Glenn	MALE	Over40	0:56:37
125	112	King	Jeff	MALE	Over40	0:56:38
126	133	Mc Garry	Fiona	FEMALE	Over40	0:56:40
127	83	Hanley	Catherine	FEMALE	Over40	0:56:45
128	228	Turvey	Lisa	FEMALE	Over40	0:58:14
129	61	Evans	Paul	MALE	Over40	0:58:55
130	107	Kennedy	Jonathan	MALE	Over40	1:01:55
131	190	O'Neill	Feargal	MALE	Over40	1:03:04
132	150	Monaghan	Brian	MALE	Senior	1:03:30
133	223	Sulik	Monika	FEMALE	Over40	1:03:32
134	29	Colgan	Linda	FEMALE	Over40	1:04:39
135	110	kiernan	karl	MALE	Over40	1:07:39
136	37	Costelloe	Colm	MALE	Over40	1:08:19
137	184	O'Connor	Conor	MALE	Over40	1:09:01
138	227	Tucker	Leigh	FEMALE	Over40	1:09:28
139	93	Horgan	Gweneth	FEMALE	Over40	1:10:00
140	206	Ryan	Claire	FEMALE	Over40	1:12:41

141	211	Seymour	Etain	FEMALE	Over40	1:12:41
142	124	Luebbert	Britta	FEMALE	Over40	1:13:06
143	79	Grennan	Hugh	MALE	Over40	1:13:28
144	99	Judge	Sean	Male	Over40	1:26:10
145	74	Fogarty	Jean	FEMALE	Over40	1:28:26
	172	O Neill	Brian	MALE	Over40	56:42 DSQ
	221	Stokes	Ruth	FEMALE	Over40	58:43 DSQ