

Place	Number	Surname	Name	Cat	Sex	Swim	T1	Lap 1	Lap 2	Lap 3	Lap 4	Run	Finish
1	279	Maher	Alan	Senior	MALE	0:15:28	0:01:00	0:04:12	0:04:27	0:04:24	0:04:24	0:17:26	0:33:54
2	305	Nolan	Barry	Senior	MALE	0:15:36	0:01:06	0:04:17	0:04:32	0:04:29	0:04:23	0:17:41	0:34:22
3	267	Kelly	Noel	Over50	MALE	0:18:19	0:01:43	0:04:02	0:04:24	0:04:26	0:04:23	0:17:14	0:37:16
4	326	Quinn	Conor	Over40	MALE	0:17:39	0:01:24	0:04:22	0:04:40	0:04:48	0:04:39	0:18:29	0:37:32
5	249	Grehan	Andy	Senior	MALE	0:16:28	0:00:56	0:04:52	0:05:09	0:05:09	0:05:00	0:20:10	0:37:34
6	300	Murphy	Niamh	Senior	FEMALE	0:17:08	0:01:32	0:04:55	0:05:12	0:05:13	0:05:05	0:20:24	0:39:05
7	202	Ahern	Conor	Senior	MALE	0:21:14	0:01:25	0:04:06	0:04:28	0:04:31	0:04:23	0:17:28	0:40:06
8	344	Walsh	karl	Over40	MALE	0:19:52	0:02:16	0:04:26	0:04:40	0:04:45	0:04:39	0:18:31	0:40:39
9	245	Gibson	David	Over40	MALE	0:20:05	0:00:59	0:04:45	0:05:09	0:05:06	0:05:02	0:20:01	0:41:05
10	422	Duffy	Marie	Senior	FEMALE	0:17:03	0:01:19	0:05:35	0:06:00	0:05:51	0:05:34	0:23:01	0:41:23
11	336	SHERIDAN	Philip	Senior	MALE	0:19:43	0:01:06	0:05:00	0:05:19	0:05:13	0:05:14	0:20:46	0:41:35
12	281	McArdle	Niall	Senior	MALE	0:19:55	0:01:29	0:04:54	0:05:12	0:05:08	0:05:03	0:20:17	0:41:40
13	337	Short	Stephen	Over40	MALE	0:21:39	0:02:08	0:04:37	0:04:48	0:04:48	0:04:38	0:18:50	0:42:37
14	311	O'Farrell	Derry	Over50	MALE	0:19:47	0:01:33	0:05:15	0:05:31	0:05:22	0:05:12	0:21:18	0:42:39
15	219	Carbery	Julie	Over40	FEMALE	0:19:57	0:01:33	0:05:06	0:05:28	0:05:29	0:05:19	0:21:23	0:42:52
16	313	O'Hagan	Alex	Senior	MALE	0:20:12	0:01:10	0:05:13	0:05:30	0:05:40	0:05:10	0:21:33	0:42:55
17	319	O'Hagan	Justin	Senior	MALE	0:20:47	0:01:23	0:05:11	0:05:23	0:05:15	0:05:00	0:20:48	0:42:58
18	220	Carney	David	Senior	MALE	0:22:11	0:01:23	0:04:36	0:04:55	0:04:56	0:04:58	0:19:25	0:42:59
19	228	Creane	Rachel	Over40	FEMALE	0:18:16	0:01:55	0:05:31	0:05:46	0:05:55	0:05:36	0:22:49	0:43:00
20	250	Grennan	Simon	Senior	MALE	0:18:01	0:02:23	0:05:28	0:05:56	0:05:44	0:05:33	0:22:41	0:43:06
21	292	Mooney	Chris	Over40	MALE	0:19:53	0:01:23	0:05:18	0:05:42	0:05:33	0:05:19	0:21:52	0:43:08
22	275	Ludden	Alan	Over40	MALE	0:21:00	0:01:16	0:05:16	0:05:32	0:05:27	0:05:14	0:21:29	0:43:45
23	277	Macbradaigh	Colm	Senior	MALE	0:20:42	0:01:55	0:04:49	0:05:26	0:05:31	0:05:30	0:21:15	0:43:53
24	218	Campbell	Karen	Senior	FEMALE	0:18:59	0:01:27	0:05:36	0:05:56	0:06:00	0:05:57	0:23:28	0:43:54
25	324	Prokupek	Jindrich	Senior	MALE	0:21:42	0:03:12	0:04:41	0:04:55	0:04:51	0:04:48	0:19:16	0:44:09
26	208	Bennett	Sean	Senior	MALE	0:20:54	0:01:21	0:05:17	0:05:43	0:05:34	0:05:23	0:21:57	0:44:12
27	204	Bailey	Dervilla	Senior	FEMALE	0:17:42	0:01:43	0:05:59	0:06:24	0:06:21	0:06:11	0:24:54	0:44:19
28	254	Henry	David	Over40	MALE	0:23:08	0:01:05	0:04:56	0:05:16	0:05:06	0:05:00	0:20:19	0:44:32
29	328	Redmond	Ger	Over40	MALE	0:20:56	0:01:56	0:05:08	0:05:39	0:05:37	0:05:26	0:21:51	0:44:43
30	241	Freeman	Jonathan	Senior	MALE	0:19:38	0:02:21	0:05:27	0:05:50	0:05:54	0:05:39	0:22:50	0:44:48
31	335	Sheehy	Brian	Over40	MALE	0:19:49	0:02:10	0:05:22	0:05:56	0:05:52	0:05:39	0:22:50	0:44:50
32	333	Sayer	Iain	Over40	MALE	0:22:13	0:01:35	0:05:03	0:05:29	0:05:30	0:05:24	0:21:25	0:45:13
33	213	Branagan	Oisín	Senior	MALE	0:21:28	0:01:33	0:05:29	0:05:44	0:05:39	0:05:24	0:22:17	0:45:18
34	253	Henderson	Mark	Over40	MALE	0:20:15	0:01:42	0:05:33	0:06:04	0:06:06	0:05:54	0:23:37	0:45:33
35	561			Senior	MALE	0:24:37	0:02:07	0:04:32	0:04:55	0:05:08	0:04:54	0:19:30	0:46:13
36	306	Nugent	Bronagh	Over40	FEMALE	0:21:39	0:01:45	0:05:25	0:05:56	0:05:51	0:05:41	0:22:52	0:46:16
37	342	Stankiewicz	Aleksander	Senior	MALE	0:22:15	0:02:38	0:05:07	0:05:33	0:05:25	0:05:21	0:21:25	0:46:18
38	318	Del Bello	Sinead	Senior	FEMALE	0:23:20	0:01:26	0:05:11	0:05:22	0:05:17	0:05:36	0:21:26	0:46:12
39	418	Meeran	Aisling	Over40	FEMALE	0:19:49	0:02:01	0:05:47	0:06:19	0:06:15	0:06:11	0:24:32	0:46:22
40	288	McMahon	Gillian	Over40	FEMALE	0:20:41	0:01:24	0:05:42	0:06:17	0:06:13	0:06:08	0:24:19	0:46:25
41	290	Moghal	Alan	Senior	MALE	0:23:11	0:01:44	0:05:07	0:05:40	0:05:43	0:05:37	0:22:07	0:47:01
42	338	Sidney	Dave	Senior	MALE	0:20:46	0:01:42	0:06:08	0:06:27	0:06:20	0:06:07	0:25:01	0:47:29
43	273	Lawson	David	Senior	MALE	0:21:10	0:01:58	0:06:04	0:06:28	0:06:10	0:05:47	0:24:29	0:47:37
44	211	Bowden	John	Senior	MALE	0:23:12	0:02:35	0:05:17	0:05:38	0:05:51	0:05:08	0:21:54	0:47:41
45	376	Hanrahan	Adrian	Senior	MALE	0:21:12	0:04:21	0:05:28	0:05:46	0:05:40	0:05:36	0:22:30	0:48:02
46	307	O gorman	Ian	Over50	MALE	0:25:02	0:02:02	0:04:59	0:05:24	0:05:24	0:05:21	0:21:08	0:48:11
47	331	Russell	Leah	Senior	FEMALE	0:22:08	0:01:36	0:05:57	0:06:20	0:06:18	0:05:53	0:24:28	0:48:12
48	225	Cornally	Aine	Over50	FEMALE	0:24:29	0:01:58	0:05:18	0:05:36	0:05:32	0:05:23	0:21:48	0:48:15
49	309	O'Brien	Tom	Over40	MALE	0:18:58	0:02:05	0:06:25	0:07:09	0:07:09	0:06:57	0:27:40	0:48:44
50	276	Mac Daibheid	Colm	Over40	MALE	0:23:36	0:01:38	0:05:37	0:06:02	0:06:07	0:05:51	0:23:38	0:48:51
51	303	Needham	Patrick	Over40	MALE	0:23:45	0:01:55	0:05:38	0:05:57	0:05:47	0:05:52	0:23:14	0:48:54
52	223	Collins	Bryan	Over40	MALE	0:24:28	0:03:05	0:05:13	0:05:26	0:05:31	0:05:23	0:21:33	0:49:06
53	262	Keating	Liz	Senior	FEMALE	0:23:18	0:01:34	0:05:52	0:06:17	0:06:10	0:06:03	0:24:22	0:49:14
54	269	Kennedy	Keith	Over40	MALE	0:23:51	0:02:09	0:05:38	0:06:06	0:06:05	0:05:59	0:23:48	0:49:48
55	420	Geraghty	Niamh	Senior	FEMALE	0:23:50	0:02:10	0:05:39	0:06:06	0:06:05	0:06:00	0:23:49	0:49:49
56	325	Quill	Rob	Senior	MALE	0:24:42	0:01:55	0:05:22	0:05:57	0:05:55	0:06:25	0:23:38	0:50:15
57	327	Quinn	Donal	Over50	MALE	0:23:44	0:02:24	0:06:23	0:06:39	0:06:28	0:06:01	0:25:31	0:51:39
58	340	Smyth	Brighid	Over50	FEMALE	0:25:10	0:02:26	0:06:03	0:06:36	0:06:23	0:06:21	0:25:23	0:53:00
59	252	hassell	nick	Over50	MALE	0:23:41	0:03:02	0:06:18	0:06:48	0:06:57	0:07:00	0:27:03	0:53:46
60	236	Fahey	Derek	Senior	MALE	0:28:27	0:01:43	0:06:08	0:06:42	0:06:34	0:06:09	0:25:33	0:55:44
61	312	O'Gorman	Colm	Senior	MALE	0:28:29	0:05:02	0:06:20	0:06:42	0:07:10	0:07:03	0:27:15	1:00:46
62	271	Kerrigan	Kevin	Over40	MALE	0:32:24	0:02:48	0:06:39	0:06:55	0:06:32	0:05:59	0:26:06	1:01:17
	421	O'Reilly	Joe	Senior	MALE	0:20:26	0:02:34	0:05:27	0:05:50	0:05:42			DNF
	317	O'Sullivan	Jennifer	Senior	FEMALE	0:18:08	0:01:01	0:06:32					DNF
	323	Phelan	Shay	Over50	MALE	0:24:34	0:07:22						DNF
	251	Hanley	Catherine	Over50	FEMALE	0:24:58	0:01:07						DNF
	301	Murtagh	Mabel	Over50	FEMALE	0:31:17							DNF
	210	Bolton	Craig	Over40	MALE								DNF

Place	Number	Surname	Name	Cat	Sex	Swim	T1	Lap 1	Lap 2	Run	Finish
1	365	Fisher	Brendan	Senior	MALE	0:08:54	0:01:07	0:04:33	0:04:44	0:09:17	0:19:18
2	366	Fletcher	Owen	Senior	MALE	0:10:16	0:00:52	0:04:10	0:04:26	0:08:36	0:19:43
3	357	corcoran	barry	Over40	MALE	0:11:11	0:01:03	0:04:31	0:04:38	0:09:09	0:21:23
4	377	Hawkshaw	Sarah	Senior	FEMALE	0:11:27	0:00:53	0:04:49	0:04:52	0:09:41	0:22:00
5	415	Daly	Bryan	Senior	MALE	0:12:23	0:01:38	0:04:15	0:04:32	0:08:47	0:22:49
6	419	Byrne	Paul	Over40	MALE	0:10:50	0:01:03	0:05:40	0:05:41	0:11:21	0:23:14

7	397 Oâ€™Reilly	Paul	Senior	MALE	0:13:43	0:01:26	0:03:55	0:04:12	0:08:07	0:23:15
8	356 Colreavy	Orla	Over40	FEMALE	0:11:01	0:01:22	0:05:21	0:05:36	0:10:57	0:23:21
9	355 Carwood	Sandra	Senior	FEMALE	0:11:14	0:01:23	0:05:15	0:05:35	0:10:50	0:23:27
10	265 Kehily	Kevin	Over40	MALE	0:11:44	0:01:03	0:05:19	0:05:35	0:10:54	0:23:41
11	387 Mc Cormack	Brendan	Over40	MALE	0:12:53	0:01:22	0:04:40	0:04:50	0:09:30	0:23:46
12	362 Doyle	Gemma	Over40	FEMALE	0:11:55	0:01:22	0:06:03	0:06:23	0:12:26	0:25:44
13	259 Jones	Johnny	Senior	MALE	0:13:48	0:01:19	0:05:17	0:05:25	0:10:42	0:25:50
14	382 Lawless	Shane	Senior	MALE	0:13:58	0:01:19	0:05:09	0:05:30	0:10:39	0:25:56
15	350 Breslin	David	Senior	MALE	0:13:58	0:01:57	0:05:02	0:05:10	0:10:12	0:26:07
16	367 Foley	Kevin	Senior	MALE	0:13:32	0:02:33	0:04:53	0:05:14	0:10:07	0:26:12
17	358 Cosgrave	Caitriona	Over40	FEMALE	0:14:06	0:01:54	0:04:59	0:05:14	0:10:13	0:26:14
18	359 Curran	Melissa	Over40	FEMALE	0:13:20	0:02:04	0:05:33	0:05:45	0:11:18	0:26:42
19	380 Keogh	Mark	Senior	MALE	0:13:09	0:02:32	0:05:27	0:05:37	0:11:03	0:26:44
20	364 Fennell	Michael	Over50	MALE	0:14:06	0:02:20	0:05:11	0:05:17	0:10:28	0:26:54
21	407 Tippens	Justin	Senior	MALE	0:11:50	0:02:34	0:06:12	0:06:32	0:12:44	0:27:09
22	394 O' Grady	Tony	Over50	MALE	0:14:02	0:01:36	0:05:39	0:05:53	0:11:32	0:27:11
23	274 London	Magdalena	Over40	FEMALE	0:14:32	0:01:58	0:05:08	0:05:41	0:10:49	0:27:19
24	386 Lunev	Artiom	Senior	MALE	0:13:15	0:01:36	0:06:10	0:06:25	0:12:35	0:27:25
25	266 Kelly	Paul	Over40	MALE	0:10:21	0:02:30	0:07:11	0:07:27	0:14:38	0:27:28
26	349 Bonnabel	Jean Francois	Over40	MALE	0:10:54	0:03:37	0:06:23	0:06:36	0:12:59	0:27:29
27	404 Stafford	Eimear	Senior	MALE	0:14:15	0:01:35	0:05:44	0:05:59	0:11:43	0:27:32
28	347 Ahern	Karen	Over40	FEMALE	0:14:34	0:01:36	0:05:33	0:05:51	0:11:23	0:27:33
29	405 Swinburn	Ellie	Senior	FEMALE	0:13:02	0:02:40	0:05:45	0:06:10	0:11:55	0:27:37
30	414 Gallagher	Wini	Over40	FEMALE	0:14:46	0:02:17	0:05:23	0:05:36	0:10:59	0:28:02
31	417 O'Neill	Caoimhe	Over40	FEMALE	0:14:20	0:00:51	0:06:13	0:06:41	0:12:54	0:28:05
32	315 O'Reilly	Alma	Senior	FEMALE	0:14:37	0:02:20	0:05:40	0:05:49	0:11:28	0:28:26
33	410 Ward	Patrick	Over40	MALE	0:14:29	0:01:34	0:06:14	0:06:40	0:12:54	0:28:58
34	381 Kissane	Diana	Senior	FEMALE	0:15:50	0:01:10	0:05:52	0:06:09	0:12:01	0:29:01
35	383 Leoni	Lisa	Senior	FEMALE	0:13:07	0:01:47	0:06:50	0:07:22	0:14:11	0:29:06
36	395 O' Grady	Deirdre	Over50	FEMALE	0:13:58	0:01:42	0:06:47	0:06:55	0:13:42	0:29:22
37	384 Lloyd	Ciaran	Senior	MALE	0:14:40	0:02:18	0:06:10	0:06:29	0:12:39	0:29:38
38	403 Smith	Tara	Over40	FEMALE	0:13:43	0:02:16	0:07:03	0:07:18	0:14:21	0:30:19
39	402 Ryan	Una	Senior	FEMALE	0:13:22	0:02:10	0:07:11	0:07:37	0:14:48	0:30:20
40	398 Phelan	Thomas	Senior	MALE	0:13:00	0:01:22	0:08:04	0:07:58	0:16:02	0:30:24
41	368 Gibson	Niamh	Over40	FEMALE	0:17:13	0:01:49	0:05:48	0:06:02	0:11:51	0:30:53
42	378 Kehily	Caitriona	Senior	FEMALE	0:13:27	0:02:19	0:07:26	0:07:46	0:15:11	0:30:57
43	416 Wylie	Susan	Over40	FEMALE	0:14:56	0:02:06	0:06:58	0:07:26	0:14:25	0:31:27
44	391 McMahon	Lorraine	Senior	FEMALE	0:15:17	0:03:36	0:07:19	0:08:05	0:15:24	0:34:18
45	399 Riordan	Stephanie	Senior	FEMALE	0:13:58					DNF
	409 Walsh	Luke	Senior	MALE		0:51:32				DNF